

Phil Norrey Chief Executive



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To:

The Chair and Members of the Health and Adult Care Scrutiny Committee County Hall Topsham Road Exeter Devon EX2 4QD

(See below)

Your ref : Our ref : Date : 15 January 2020 Please ask for : Gerry Rufolo 01392 382299 Email: gerry.rufolo@devon.gov.uk

HEALTH AND ADULT CARE SCRUTINY COMMITTEE

Thursday, 23rd January, 2020

A meeting of the Health and Adult Care Scrutiny Committee is to be held on the above date at 2.15 pm at Committee Suite - County Hall to consider the following matters.

P NORREY Chief Executive

<u>A G E N D A</u>

PART 1 - OPEN COMMITTEE

- 1 <u>Apologies</u>
- 2 <u>Minutes</u>

Minutes of the meeting held on 28 November 2019 (previously circulated).

3 <u>Items Requiring Urgent Attention</u>

Items which in the opinion of the Chairman should be considered at the meeting as matters of urgency.

4 <u>Public Participation</u>

Members of the public may make representations/presentations on any substantive matter listed in the published agenda, as set out hereunder, relating to a specific matter or an examination of services or facilities provided or to be provided.

MATTERS FOR CONSIDERATION OR REVIEW

- 5 Health and Care General Update (Pages 1 8)
- 2.20 pm

Joint Report of the Associate Director of Commissioning (Care and Health) (Devon County Council and NHS Devon CCG) and the (Interim) Director of Commissioning (NHS Devon CCG) (ACH/20/119), attached.

6 Draft Housing and Accommodation Strategy (Pages 9 - 40)

2.50 pm

Report of the Associate Director of Commissioning (Care and Health) Devon County Council (ASC/20/120), attached

7 Promoting Independence in Devon - Annual Report (Pages 41 - 216)

3.20 pm

Report of the Associate Director of Commissioning (Care and Health) (ACH/20/121), attached.

8 Planned Care Performance: 52 Week Wait Performance – Devon STP

3.50 pm

Report of the Associate Director of Commissioning (NHS Devon CCG) (Report **to Follow**).

9 Accident and Emergency Waiting Times

4.20 pm

(In accordance with Standing Order 23(2) Councillor Wright has requested that the Committee consider this matter)

10 <u>Work Programme</u>

In accordance with previous practice, Scrutiny Committees are requested to review the forthcoming business (previously circulated) and determine which items are to be included in the Work Programme. The Work Programme is also available on the Council's website at

<u>http://democracy.devon.gov.uk/mgPlansHome.aspx?bcr=1</u> to see if there are any specific items therein it might wish to explore further.

MATTERS FOR INFORMATION

11 Information Previously Circulated

Below is a list of information previously circulated for Members, since the last meeting, relating to topical developments which have been or are currently being considered by this Scrutiny Committee.

(a) Boards of Northern Devon Healthcare NHS Trust and the Royal Devon and Exeter NHS Foundation Trust: Media Briefing covering exploration talks about joining together on a more formal basis. Both Boards have agreed that this process must be based on the premise that any new arrangement is beneficial to people in all the communities served by both Trusts.

(b) Urgent and Emergency Care Survey 2018 - Care Quality Commission (CQC) publication on the <u>Urgent and Emergency Care Survey 2018</u> on responses from patients who attended either a major consultant-led A&E department (Type 1) or an

urgent care centre or minor injury unit (Type 3) run directly by an acute hospital trust during September 2018.

(c) CQC <u>published a report</u> of its recent Devon Partnership NHS Trust inspection which was rated as Good following an inspection in June and July 2019.

(d) Torbay and South Devon NHS Foundation Trust's (TSDFT) communication to inform that well-rehearsed contingency plans had been implemented on 23 September 2019 in response to an IT failure at Torbay Hospital and all systems had returned to normal. IT and communication systems, e.g. phones, email, clinical systems at Torbay Hospital, community sites, including Newton Abbot Hospital, Totnes Hospital, Brixham Hospital and Dawlish Hospital and GP practices in the South Devon and Torbay area has been affected.

(e) NHS Information on GP Services in Devon reminding people that there were new and innovative ways to access GP services this winter:

- Many practices in Devon are now offering online consultations
- All patients can now access evening, weekend and bank holiday GP appointments
- The new NHS App is providing a secure and simple way for patients to contact their practice, book appointments and order repeat prescriptions

The short <u>film is available to view</u> and an accompanying press release and digital assets were attached.

(f) Care Quality Commission inspection of University Hospitals Plymouth NHS Trust

Overall the Trust remained rated as Requires Improvement for the quality of its services. The Trust's rating for caring remained as Outstanding. The Trust is also rated as Requires Improvement for whether its services were safe, effective, responsive and wellled.

CQC has also published the Trust's Use of Resources report, which was based on an assessment undertaken by NHS Improvement. The Trust had been rated as Requires Improvement for using its resources productively.

You can read the <u>reports</u> which were published on CQC's website at: <u>https://www.cqc.org.uk/provider/RK9</u>.

PART II - ITEMS WHICH MAY BE TAKEN IN THE ABSENCE OF PRESS AND PUBLIC ON THE GROUNDS THAT EXEMPT INFORMATION MAY BE DISCLOSED Nil

Members are reminded that Part II Reports contain confidential information and should therefore be treated accordingly. They should not be disclosed or passed on to any other person(s). Members are also reminded of the need to dispose of such reports carefully and are therefore invited to return them to the Democratic Services Officer at the conclusion of the meeting for disposal.

Membership

Councillors S Randall-Johnson (Chair), H Ackland (Vice-Chair), M Asvachin, J Berry, P Crabb, A Connett, R Peart, S Russell, P Sanders, A Saywell, R Scott, J Trail, P Twiss, N Way, C Wright and J Yabsley

Devon Councils Vacancy

Declaration of Interests

Members are reminded that they must declare any interest they may have in any item to be considered at this meeting, prior to any discussion taking place on that item.

Access to Information

Any person wishing to inspect any minutes, reports or lists of background papers relating to any item on this agenda should contact Gerry Rufolo 01392 382299.

Agenda and minutes of the Committee are published on the Council's Website and can also be accessed via the Modern.Gov app, available from the usual stores.

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In addition, anyone wishing to film part or all of the proceedings may do so unless the press and public are excluded for that part of the meeting or there is good reason not to do so, as directed by the Chair. Any filming must be done as unobtrusively as possible from a single fixed position without the use of any additional lighting; focusing only on those actively participating in the meeting and having regard also to the wishes of any member of the public present who may not wish to be filmed. As a matter of courtesy, anyone wishing to film proceedings is asked to advise the Chair or the Democratic Services Officer in attendance so that all those present may be made aware that is happening.

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Public Participation

Devon's residents may attend and speak at any meeting of a County Council Scrutiny Committee when it is reviewing any specific matter or examining the provision of services or facilities as listed on the agenda for that meeting.

Scrutiny Committees set aside 15 minutes at the beginning of each meeting to allow anyone who has registered to speak on any such item. Speakers are normally allowed 3 minutes each.

Anyone wishing to speak is requested to register in writing to the Clerk of the Committee (details above) by the deadline, outlined in the Council's <u>Public Participation Scheme</u>, indicating which item they wish to speak on and giving a brief outline of the issues/ points they wish to make. The representation and the name of the person making the representation will be recorded in the minutes.

Alternatively, any Member of the public may at any time submit their views on any matter to be considered by a Scrutiny Committee at a meeting or included in its work Programme direct to the Chair or Members of that Committee or via the Democratic Services & Scrutiny Secretariat (committee@devon.gov.uk). Members of the public may also suggest topics (see: https://new.devon.gov.uk/democracy/committee/@devon.gov.uk). Members of the public may also suggest topics (see: https://new.devon.gov.uk/democracy/committee//

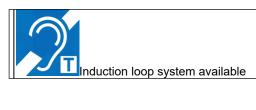
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Terms of Reference

(1) To review the implementation of existing policies and to consider the scope for new policies for all aspects of the discharge of the Council's functions concerning the provision of personal services for adults including social care, safeguarding and special needs services and relating to the health and wellbeing of the people of Devon, including the activities of the Health & Wellbeing Board, and the development of commissioning strategies, strategic needs assessments and, generally, to discharge its functions in the scrutiny of any matter relating to the planning, provision and operation of the health service in Devon;

(2) To assess the effectiveness of decisions of the Cabinet in these areas of the Council's statutory activity;

(3) To relate scrutiny to the achievement of the Council's strategic priorities and to its objectives of promoting sustainable development and of delivering best value in all its activities;

(4) To make reports and recommendations as appropriate arising from this scrutiny to the County Council and to the Secretary of State for Health, in accordance with the Local Authority (Public Health, Health and Wellbeing Boards and Health Scrutiny) Regulations 2013.

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Denotes bus stops

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Contact Main Reception (extension 2504) for a trained first aider.

ACH/20/119 Health and Adult Care Scrutiny 23 January 2020

HEALTH AND CARE GENERAL UPDATE PAPER

Joint Report from the Associate Director (Care and Health) Devon County Council and NHS Devon CCG and the (Interim) Director of Commissioning, NHS Devon CCG.

1. Recommendation

1.1 That the Health and Adult Care Scrutiny Committee receives this report that contains updates and general information responding to specific actions, requests or discussions during the previous Health and Adult Care Scrutiny Committee meeting.

2. Purpose

2.1 To respond to specific questions or comments from previous meeting (sections 3) and provide updates on the latest news from the Devon Health and Care system (section 4).

3. Mental health prevalence in universities and the potential causes

- 3.1 At the Health and Adult Care Scrutiny Committee meeting on the 28 November 2019, <u>the committee requested information</u> on the root causes of mental health challenges facing university students, this is response to an item on the Exeter University Mental Health Integrated Student Mental Health Service within the <u>Health and Care General Update Paper</u>
- 3.2 The geneses of mental health issues are complex and wide ranging, this response provides information on some of the possible reasons for mental health challenges amongst the university population.
- 3.3 Three children in every secondary school classroom are now thought to have a diagnosable mental health condition, with mental ill-health affecting roughly one in ten children and young people (Layard 2011). As the proportion of young people attending University has increased dramatically over recent years the number of students presenting with mental distress increases too. 75% of people with mental health issues have their first episode before turning 25 years old.
- 3.4 Young people with pre-existing complex mental health conditions are more likely to attend university than a few years ago as under the equality act Universities cannot refuse entry on grounds of health conditions and must to make reasonable adjustments to support study.
- 3.5 Therefore, a cohort of students with significant mental health conditions are attending university and requiring a higher level of support who maybe would not have attended university historically.
- 3.6 There has been a 5-fold increase in the number of students disclosing mental health issues to universities over the past 10 years. It may be that with

decreased stigma young people are more comfortable to access the services they are entitled to.

- 3.7 There is wide acknowledgement that the pressures of higher education make students more vulnerable to heightened stress and sometimes acute distress.
- 3.8 Exeter University is part of the Russell Group of universities and as such has the pick of the high achieving 6th form students. The students as a result of this high achieving academic background often come from a home and school environment where there is lots of support and lots of positive reinforcement for this high achievement. Once at Exeter University there is no longer the same level of support and they move from being one of the best and brightest to being potentially just part of a crowd. There is also the factor of academic expectations placed upon them by their family, either real or imagined by the student.
- 3.9 International student numbers are increasing, and it is acknowledged that these students are a particularly vulnerable group who overcome cultural adaptation and possible language difficulties and can be distanced from family support. Many international students do not go home during breaks between semesters, increasing the potential to become isolated in university accommodation.
- 3.10 For most students, university is a young person's first taste of living away from home which in itself can be stressful. Alongside this, some students may find it hard to make new friends in a new and unfamiliar place.
- 3.11 Research undertaken by Insight Network, found that it isn't the initial transition from school to university that seems to be most associated with psychological difficulties. Research has shown that students who are navigating the transition into their second and third year report the highest rates of anxiety, loneliness, substance misuse, and thoughts of self-harm.
- 3.12 Evidence also suggests that the increase in tuition fees in 2012 has contributed to the increase in mental ill health in university students, there are striking statistics from a number of universities that appear to support the claim. Between the 2011-12 and 2014-15 academic years there was a significant increase in students accessing counselling services - the University of Edinburgh 75% increase, Cardiff 72% increase, Leeds a 57% increase and Oxford a 43% increase
- 3.13 Many students are also working alongside their academic courses to support themselves financially, worried by accruing debt as well as feeling the pressure to attain a good grade. Students today do not benefit from subsidised Higher Education that many previous generations have benefitted from, often leaving university with significant debts.

4. Devon Health and Care system communications update

4.1 National recognition

4.1.1 Devon County council had continued success at the annual <u>Social Worker of</u> <u>the Year Awards</u> at the end of last year, winning two silver medal awards for the West Devon Community Health and Social Care Team, and the Adult Social Care Prisons Team. Both teams have been working amazingly hard for many years and making a difference to the communities that they serve.

- 4.1.2 Scrutiny members will be familiar with the impact that the West Devon Community Health and Social Care team continues to have, including significantly reducing hospital length of stays, from the visit to Tavistock last summer.
- 4.1.3 The Devon Prison's Adult Social Care team also took the silver award for the Creative and Innovative Social Work Practice category.
- 4.1.4 This brings Devon County Council adult social care awards tally at the Social Worker of the Year Awards to two gold awards and four silver awards in six years, an amazing achievement showcasing social work practice in Devon.
- 4.1.5 A Devon and Cornwall collaboration with Lilly UK in developing the Diabetes Pro-Active Register Management (PARM) tool has been shortlisted for a national Health Service Journal Partnership Award.
- 4.1.6 The PARM Tool uses practice data to identify the type 2 diabetes population and organises it to prioritise patient review and intervention. It has transformed diabetes care using newly available community based specialist support and is used across Devon and Cornwall.

4.2 Jointly prepared Market Position Statement

- 4.2.1 <u>The Market Position Statement 2019: "Vibrant Markets for Happy and</u> <u>Healthy Lives"</u> is jointly prepared by Devon County Council, the Devon Clinical Commissioning Group and the Devon Partnership NHS Trust.
- 4.2.2 It is a key enabler of the Promoting Independence Strategy and the emerging Devon 10 Year Plan for Health and Social Care, which derives from the <u>NHS</u> <u>Long Term Plan</u>. It engages providers as part of whole system redesign and will support action by the emerging Primary Care Networks and other place-based systems.
- 4.2.3 Major priorities set out in the MPS are:
 - Addressing a shortfall of approximately 40 places in the supply of care home placements for people with complex needs and behaviours that challenge.
 - Addressing a shortfall of circa 2,500 hours per week (6% of total commissioned hours) in the regulated personal care market, circa 50% of which is in Exeter and South Devon.
 - Delivering alternative "care with accommodation" solutions, especially in relation to Extra Care Housing and Supported Living and improving access to replacement (respite) care.
 - Addressing shortfalls in the unregulated market to better support people with disabilities, mental health needs and autism.

- 4.2.4 The Market Position Statement is on the agenda at <u>Cabinet this month</u> for agreement.
 4.3 Improved Care and Health Worker Parking Permit scheme launched
- 4.3.1 A new Care and Health Worker Parking Permit has been launched, and it allows professionals visiting people at home to park on single and double yellow lines in certain circumstances.
- 4.3.2 Currently care and health workers who hold the existing permit can park in on-street, limited waiting and residents' parking bays for no charge when delivering essential services to residents in their homes.
- 4.3.3 Holders of the improved permit will additionally be allowed to park on yellow lines for up to an hour but only if there is no other parking available, if they are making a home visit, the permit is clearly displayed and the vehicle is not causing an obstruction.
- 4.3.4 The parked vehicle must not block access or pose a danger to road users by, for instance, parking on a corner.
- 4.3.5 The improved scheme is being launched initially as a year-long pilot and the changes are in recognition that in some communities parking can be difficult to find and can add to the stress of an already demanding job.
- 4.3.6 The scheme follows a consultation in which 89 per cent of respondents agreed that including yellow lines in the scheme would make their jobs easier and 80 per cent said it would help them care for their clients. Almost 65 per cent said it would help them manage stress and most said that parking near their clients' homes would help them feel safer if they were working alone.

4.4 Tavistock MIU to re-open later this month

4.4.1 The Minor Injuries Unit at Tavistock Hospital is set to re-open on 27 January 2020. The unit will initially be open from 8am-6pm, Monday to Friday, while the new team continues to grow and re-establish the service, with an intention to return to a seven-day service later in the year. The unit was closed temporarily in August due to a staffing shortage.

4.5 Primary Care update

- 4.5.1 <u>A new film</u> was launched by Devon CCG over Christmas to promote the key messages to support both patients and GPs this winter:
 - Evening and weekend GP appointments available in Devon
 - Many practices now offer online consultations
 - Check symptoms and book appointments on the NHS App
- 4.5.2 People lead busy lives and need to access services at times that are convenient for them. It is hoped that the film will help to promote innovative new ways that patients can contact their GP practice this winter.
- 4.5.3 The CCG has agreed with Access Health Care that they will continue to provide the Mayflower GP service in Plymouth until 31 March 2022.
- 4.5.4 The Mayflower Medical Group covers 42,000 patients across the following practices:

- Stirling Road Surgery
- o Collings Park Medical Centre
- Ernesettle Medical Centre
- o Mount Gould Primary Care Centre
- o Trelawny Surgery
- Mannamead Surgery
- 4.5.5 The CCG is working closely with Access to ensure the long-term sustainability of the Mayflower GP service after 2022. This will include introducing more convenient, innovative ways of working, including the introduction of online consultations.
- 4.5.6 Staff working for the Mayflower Group have been informed. There is no need for patients to take any action and should continue to access services and appointments as normal.
- 4.5.7 The CQC unannounced inspection report for Barton Surgery in Plymstock was published by the CQC on 9 January 2019 on their website. The practice closed on 31 December 2019.
- 4.5.8 All patients who were previously registered with Barton Surgery have now been allocated to a new practice local to them, which already covered the area in which they live. This means no one from Barton is left without a GP.
- 4.5.9 Having worked closely with the two practices in the most immediate vicinity of Barton Surgery, we were unable to allocate the majority of patients to them as the practices are limited in their size and capacity to take on new patients.
- 4.5.10 The CCG is exploring options with the two practices in Plymstock for building a new site, which would be larger and more modern, with capacity to register more patients from the Plymstock and surrounding area.

4.6 Update on the Devon strategy for general practice

- 4.6.1 A first draft of the Primary Care Strategy was approved by the <u>CCG's</u> <u>Governing Body in December 2019</u>. The strategy sets out the CCG's ambition and vision for general practice over the next five years. It also forms the core workplan for the CCG's Primary Care Committee, and progress will be monitored through this group. The strategy is now being finalised ahead of intended publication in February 2020.
- 4.6.2 The pharmacy strategy for Devon is currently being developed in line with this document.

4.7 Devon's Long Term Plan update

4.7.1 Plans for the publication of the Devon Long Term Plan were submitted to NHS England on 17 January 2020. The final document, along with a summary version, is due to be published in February 2020.

4.8 Winter campaign update

4.8.1 Operational and communications teams from across the Devon Sustainability and Transformation Partnership have been working closely together over the

Christmas and New Year periods to deal with high levels of demand across the system.

- 4.8.2 NHS partners have been supporting each other to manage the high demand, which continues.
- 4.8.3 High profile press, web, social media and broadcast coverage of key Help Us Help You messages, including promotion of NHS 111, primary care, flu prevention and pharmacy services has raised public awareness of the importance of choosing the right service for their needs.
- 4.8.4 Localised information on how to choose the right services is also being sent by mail drop to more than 100,000 homes in Devon this month.

Tim Golby

Associate Director (Care and Health) Devon County Council and NHS Devon CCG

Sonja Manton

(Interim) Director of Commissioning, NHS Devon CCG.

Electoral Divisions: All

Cabinet Member for Adult Social Care and Health Services: Councillor Andrew Leadbetter

Chief Officer for Adult Care and Health: Jennie Stephens

LOCAL GOVERNMENT ACT 1972: LIST OF BACKGROUND PAPERS

Contact for Enquiries: James Martin Tel No: 01392 382300 Room: G42

BACKGROUND PAPER DATE FILE REFERENCE

Nil

ACH/20/120 Health and Adult Care Scrutiny 23 January 2020

DRAFT HOUSING AND ACCOMMODATION STRATEGY

Report of the Associate Director of Commissioning (Care and Health)

1. <u>Recommendation</u>

- 1.1 To comment on the draft housing and accommodation strategy for adults, before Cabinet is asked to formally adopt the strategy, and note the next steps.
- 1.2 The draft strategy is enclosed at Appendix A, with an Easy Read version of both this report and the strategy at Appendix B.

2. <u>Background</u>

- 2.1 We are committed to promoting the independence of all adults across Devon. A key part of delivering this work is increasing the range of housing and accommodation for people who receive or may receive health and care support over the course of their lives to sustain and/or maximise their capacity for independent living.
- 2.2 A draft joint strategy has been jointly developed by Devon County Council and Devon's Clinical Commissioning Group, in consultation with a range of partners, including the District Councils, people and their families/carers.
- 2.3 It sets out how we will work in partnership to increase the range of housing and accommodation so that more people can live in their own homes and make informed and planned choices about where they live throughout their lives.
- 2.4 The strategy is for all adults, including adults of working age with mental health needs and/or disabilities, young people with health and care needs who are approaching adulthood, and older people with increasing frailties. It is for the Devon County Council footprint only and does not cover the wider STP (specifically Torbay and Plymouth) given the differing housing responsibilities in these areas.
- 2.5 The strategy includes all the types of homes that people might live in, temporarily or permanently during their lives; with mainstream housing at one end of a spectrum of intensity of support, housing with some levels of care and support in the middle and residential/nursing care at the highest end. It will be supported by detailed action plans setting out the work at locality level to achieve our strategic intent.

3. <u>Overview of the strategy</u>

- 3.1 A home is a critical foundation in all our lives, physically and psychologically, and is our primary location of care and support. Good quality housing and accommodation in the right place contributes to health and wellbeing and cohesive communities. It opens up opportunities for people to live the independent life that is right for them.
- 3.2 Across Devon, accessible housing and accommodation options that support people with a range of needs to live in the community are limited. People tell us that they want more options to be available in communities to help them to live with and/or be supported by their family and friends in their own homes. They want information to help them and their families/carers to plan for the future.
- 3.3 This strategy sets out our vision for giving people a true choice in where they live; so that more people live in their own homes and make informed and planned choices about where they live throughout their proceeding ple's views have informed the

strategy and we will continue to listen to residents and actively involve them in planning, shaping and reviewing support.

- 3.4 People's care and support needs change over time and so might the housing and accommodation that they choose to support them to live as independently as possible. We will increase the range of good quality homes across Devon and make it easier for people to move between different housing options to develop their independence. We will shift away from traditional residential care models.
- 3.5 Our housing pathway will inform local plans, offer real choice for people and ensure that moves are planned and appropriate. No person will move straight from their home on a long-term basis at a point of crisis or when discharged from hospital. We will promote the use of Technology Enabled Care and Support (TECS) and encourage appropriate infrastructure to promote self-care.
- 3.6 To achieve the ambitions within the strategy we will need to develop effective partnerships with District Councils, the wider health and care system, voluntary, community and independent sector, housing and care providers and people in local communities. The strategy aligns with national and local approaches within the Devon health and care system and will inform planning in District Councils.
- 3.7 The strategy sets out priority areas of focus to increase the range of housing and accommodation within the community. The priority areas are set out in the table below and described in more detail within the strategy, supported by an action plan.

1	Build joint understanding of market towns and localities to inform development and increase opportunities for independent living.
2	Increase the supply of accessible homes through new developments or adaptations to existing homes.
3	Develop the housing market so that housing with care settings are more flexible, support a wider range of needs and a fair price of care.
4	Develop care/nursing homes for people with only the most complex health and care needs and frailties.
5	Support recruitment and retention of workforce through access to housing.

3.8 The strategy also sets out how we will measure the impact of our approach. It will be regularly reviewed and informed by future developments.

4. <u>Next steps</u>

- 4.1 To continue discussions with health partners, District Councils, Public Health, children's services and people and their families/carers to inform development and delivery of the strategy. The final strategy will be shared with DCC Cabinet in March and the Health and Wellbeing Board (to coincide with an update from the Chair of the Learning Disability Partnership Board) in April 2020.
- 4.2 A detailed joint action plan is being developed to sit underneath this strategy, taking into account existing and new activity. This will be informed by further conversations with District Councils in January/February.
- 4.3 Governance arrangements are also being refreshed to ensure that there is sufficient oversight of delivery of the housing and accommodation pathway and pipeline. It is important that the work taking place in each sector is supporting delivery of the wider strategic aims of this strategy.

5. <u>Consultations/Representations/Technical Data</u>

People's views have informed this strategy and we will continue to listen to residents and actively involve them in planning, shaping and reviewing support. The strategic approach has been informed by and shared with a range of partners, including the District Councils, health partners, people and their families/carers.

6. <u>Financial Considerations</u>

The proposals within this strategy will support delivery of the adult care and health budget in 2020/21 and beyond.

7. <u>Sustainability Considerations</u>

We want people to lead meaningful lives within their communities. There are clear social and economic benefits in supporting all adults to live as independently as possible.

8. <u>Carbon Impact Considerations</u>

The impact on carbon emissions will be neutral.

9. Equality Considerations

It is intended that this approach will promote the equality of opportunity for people in Devon. We want people with health and care needs to have the same opportunities as everyone else and to lead meaningful lives in their communities. An equalities impact assessment of the joint strategy is being drafted.

10. Legal Considerations

There are no specific legal considerations in our approach.

11. <u>Risk Management Considerations</u>

No risks have been identified.

12. Public Health Impact

Public Health are taking forward actions developed across the wider Council to support people to live as independently as possible within their communities and to reduce health inequalities. This strategy aligns with *Healthy and Happy Communities*, Devon's Joint Health and Wellbeing Strategy 2020 to 2025.

Tim Golby Associate Director of Commissioning (Care and Health)

Electoral Divisions: All

Cabinet Member for Adult Social Care and Health Services: Councillor Andrew Leadbetter Chief Officer for Adult Care and Health: Jennie Stephens

LOCAL GOVERNMENT ACT 1972: LIST OF BACKGROUND PAPERS

Contact for Enquiries: Rebecca Hudson, senior commissioning manager for adults					
Tel No: 01392 383000	Room: 2 nd floor,	The Annexe, County Hall			
Background Paper	Date	File Reference			
Nil					

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Agenda Item 6 <u>APPENDIX A</u> HEALTHY LIVES, VIBRANT COMMUNITIES, HOUSING CHOICES

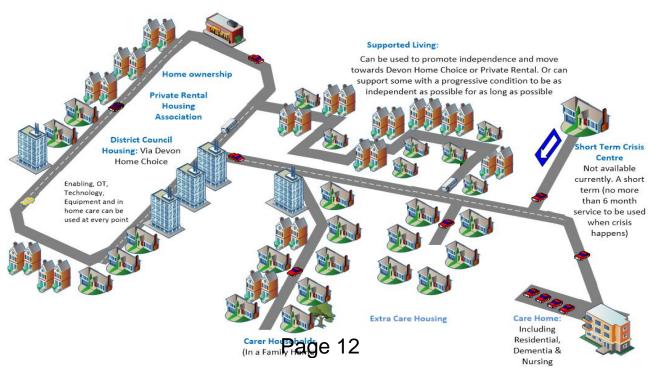
A JOINT STRATEGIC APPROACH TO SUPPORTING PEOPLE TO LIVE INDEPENDENTLY IN DEVON, 2020 to 2025

This strategy describes our vision for giving people a true choice in where they live.

It sets out how we will work in partnership to increase the range of housing and accommodation <u>for</u> <u>adults, older people and young people approaching adulthood who receive or may receive health and</u> <u>care support during their lives</u> to sustain and/or maximise their capacity for independent living.

It has been developed by Devon County Council and Devon's Clinical Commissioning Group, in consultation with a range of partners. It is for the Devon County Council area.

The strategy includes all the types of homes that people might live in, temporarily or permanently during their lives; mainstream housing at one end of a spectrum of intensity of support, housing with some levels of care and support in the middle and residential/nursing care at the highest end.



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1. <u>Introduction</u>

- 1.1 A home is a critical foundation in all our lives, physically and psychologically, and is our primary location of care and support. Good quality housing and accommodation in the right place contributes to health and wellbeing and cohesive communities. It opens up opportunities for people to live the independent life that is right for them.
- 1.2 Across Devon, accessible housing and accommodation options that support people with a range of needs to live in the community are limited. This includes adults of working age with mental health needs and/or disabilitiesⁱ, young people with health and care needs who are approaching adulthood, and older people with increasing frailties.
- 1.3 People tell us that they want more options to be available in communities to help them to live with and/or be supported by their family and friends in their own homes. They want information to help them and their families/carers to plan for the future. People's views have informed this strategyⁱⁱ and we will continue to listen to residents and actively involve them in planning, shaping and reviewing support.
- 1.4 This strategy sets out our vision for giving people a true choice in where they live. It sets out how we will work in partnership to increase the range of housing and accommodation for people who receive or may receive adult health and care support over the course of their lives to sustain and/or maximise their capacity for independent living.
- 1.5 To achieve the ambitions with this strategy, we will develop effective partnerships with District Councils, the wider health and care system, voluntary, community and independent sector, housing and care providers and people in local communities. The strategy aligns with national and local approaches within the Devon health and care system and will fulfil the priorities in our Transforming Care Partnership Housing Plan.^{III} This strategy will inform planning in District Councils. It will be regularly reviewed and informed by future developments, including national housing benefit reforms.
- 1.6 In this strategy, housing and accommodation means all the types of homes that people who receive or may receive adult health and care support during their lives might live in, temporarily or permanently. It includes mainstream housing at one end of a spectrum of intensity of support, housing with variable levels of care and support in the middle and residential/nursing care at the highest end^{iv}.

2. <u>Our vision</u>

2.1 We want local people to drive the delivery of care, health and wellbeing in communities across Devon so that people feel safe, healthy, connected and able to help themselves and each other.

2.2 Our vision is for more people to live in their own homes and make informed and planned choices about where they live throughout their lives.

- 2.3 People's care and support needs change over time and so might the housing and accommodation that they choose to support them to live as independently as possible. We will increase the range of good quality homes across Devon and make it easier for people to move between different housing options to develop their independence. We will shift away from traditional residential care models.
- 2.4 Our housing pathway will inform local plans, offer real choice for people and ensure that moves are planned and appropriate. No person will move straight from their home on a long-term basis at a point of crisis or when discharged from hospital. We will promote the **Page 14**

use of Technology Enabled Care and Support (TECS) and encourage appropriate infrastructure to promote self-care.

3. Wider health, care and housing context

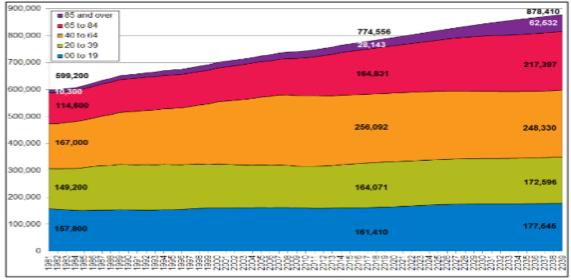
- 3.1 This strategy sits within the overarching context of the Sustainability and Transformation Partnership (STP) for Devon. This includes the Care Act 2014, Devon County Council's Promoting Independence Policy^v, Devon's Sustainability and Transformation Partnership^{vi}, Transforming Care Partnership^{vii}, Joint Commissioning strategies, Market Position Statements, and *Better for You, Better for Devon* long term plan (currently in development).
- 3.2 The strategy aligns with District Council housing strategies and plans. It supports *Healthy and Happy Communities,* Devon's Joint Health and Wellbeing Strategy 2020-2025, and the 'healthy, safe, strong and sustainable communities' priority on creating conditions for good health and wellbeing where we live, work and learn. The outcomes in this priority are to improve housing conditions, reduce homelessness and increase supply of appropriate housing; and create conditions for good health, physical activity and social interaction.
- 3.3 The Devon STP is working towards an Integrated Care System; to achieve equal chances for people living in Devon, Plymouth and Torbay to lead long healthy lives and to harness the value of partners tackling problems together. It will focus on creating the right social, economic, commercial and environmental conditions for health; access to homes that are safe, warm and stable, quality work and workplaces and reduce social isolation by establishing thriving communities for all.
- 3.4 This housing and accommodation strategy supports wider work to address health inequalities of people in Devon and sets out a more proactive approach to local partnership working to develop sustainable services for the future. There is much work already being delivered through local partnerships and real value in health, care and housing organisations working closely together locally.

4. <u>Where we are now</u>

4.1 Housing is complex and there is no single organisation in control of housing or planning across Devon. Devon is a two tier authority, with District Councils having responsibility for housing. Whilst housing policy is determined by central and local government, the majority of housing and accommodation is delivered by the private sector operating in a market that is sensitive to macro-economic forces and changes in resources. This strategy needs to be sensitive to the fact that there is a market in provision and support people to make informed choices at the right time for them.

A rapidly expanding population and complexity of need

4.2 People are living longer in Devon with more complex needs^{viii}. This includes young people moving into adulthood, people with disabilities living longer than their parents/carers and people over the age of 90 with increasing frailties. The table below shows the projected population in Devon to 2039 for all age groups.

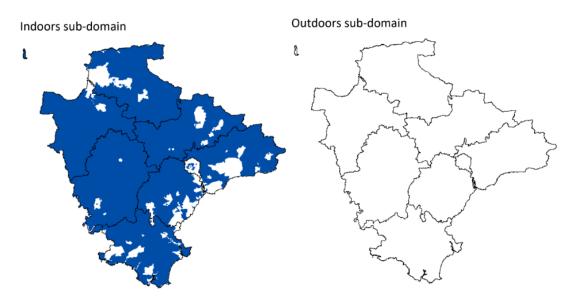


Source: ONS Mid-Year Population Estimates, 1981 to 2015, ONS Sub-National Population Projections, 2016 to 2039

- 4.3 In Devon, we have a rapidly expanding older population and a range of housing and accommodation that is at or near capacity. There are currently 200,271 people in the county who are over age 65. 3.4% of these live in care homes, increasing to 15.2% for over 85s.
- 4.4 According to the latest Census (2011), 38,626 people living in the county aged 18 to 64 have a disability. 75.5% of people with a disability live at home in Devon (compared to 77.2% England average) and 12.6% live in care homes (compared to 14.0% in England).
- 4.5 There are approximately 84,292 people aged 18-64 living in Devon who have a common mental disorder^{ix}. 61% of people who are in contact with mental health services on a Care Programme Approach live at home in Devon, compared to 58% England average^x. 11.7% of people receiving adult social care services live in care homes.
- 4.6 There are also increasing numbers of young people with disabilities and mental health needs who need to be supported as adults to live as independently as possible throughout their lives. Young people and their families/carers regularly tell us that their experience of transition from children to adult services could be improved.

Shortage of a range of housing and accommodation in the community

- 4.7 Across Devon, accessible housing and accommodation options that support people to live in the community are limited. Unsuitable and poor-quality housing can lead to an increase in people's needs and reliance on statutory services^{xi}. Without better housing in the communities in which people belong, the choice can lie between getting by in an unsuitable home or uprooting to an institutional home, often removed from familiar surroundings.
- 4.8 Barriers to housing and the indoor environment are a challenge for certain parts of Devon^{xii}. The maps below show that 0.2% of the Devon population live in an area in the most deprived 20% nationally for the outdoors environment (air quality and road traffic accidents) sub-domain, compared with 46.6% for the indoors environment (housing quality and central heating) sub-domain.



- 4.9 1 in 8 Devon households are considered to experience fuel poverty^{xiii} and there are a number of small rural communities across Devon. More homes need to be built or adapted with the specific needs of people with disabilities, complex needs, people who engage in substance misuse, or older people with increasing frailty in mind^{xiv}.
- 4.10 There is limited flexibility within the Supported Living, Extra Care Housing and Carer Household sector to meet people's changing needs as they progress towards independence or as their independence reduces. The majority of Supported Living settings in Devon are multi-occupancy buildings with 24 hour care. Their location often reduces choice for people to remain close to their families and/or local connections, and if people do not want to share accommodation, there are limited community-based options.
- 4.11 Moves to residential and/or nursing care are usually triggered by crisis and even if they are planned, they are constrained by location, availability and tenure. People may be accommodated in care homes when they have the potential to live in less dependent settings. There are also not enough nursing homes to support older people with dementia.

Limited leverage in the market to develop supply and ensure fair price of care

4.12 Current provision is comprised of a mix of spot purchase and block contract arrangements with inconsistencies in contract terms and service provision being offered. There are limited ways to contract with new providers to the market and historic arrangements with no common monitoring or performance oversight. It is difficult to track spend and forecast need and there is limited leverage in the housing market to ensure a fair price of care.

Housing and accommodation pathway not understood or used

4.13 Operational teams and housing providers tell us that the housing and accommodation pathway is not clear and is therefore not used. Alongside this, the housing and accommodation offer in Devon is often focused on age rather than need, which limits choice. Extra care housing is almost exclusively used for older people, with supported living and carer households aimed at working age adults.

People do not plan for independent living

4.14 Many people, including people with disabilities or long-term ill-health and their family/carers, make no plans for their future housing and accommodation needs^{xv}. This can mean that people are admitted into care homes at a point of crisis when an earlier opportunity for more independent living might have been possible^{xvi}.

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Lack of collaboration at a local level to inform new developments

4.15 New homes and adaptations to existing homes offer opportunities to encourage healthier lifestyles, greater independence and access to community facilities. However, collaborative action is limited by gaps in understanding across health, care and housing organisations, and opportunities are missed. Local planners and providers tell us that they want to understand the types of housing and accommodation required to inform provision. We need to improve local collaboration, including through the Market Position Statement.

Working together to address homelessness

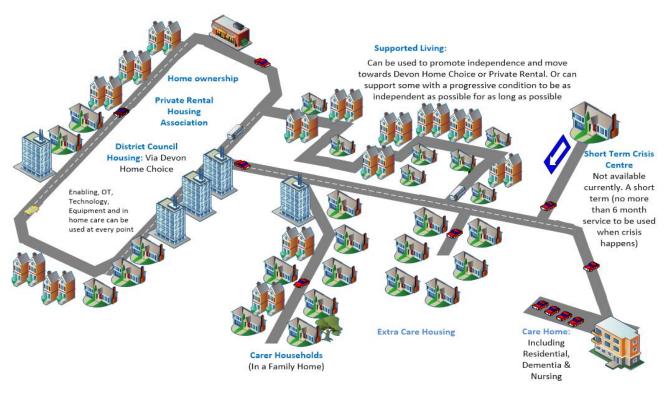
4.16 Homelessness is a significant issue in Devon, with average earnings below the national average and house prices over the national average. Nationally, Exeter has the 9th highest^{xvii} volume of rough sleepers and North Devon is in the top 50 areas with the highest rough sleeping. Bringing together local resources has supported homeless people to recover their independence. We need to build on this and ensure that commissioning arrangements are informed by a local understanding of why people are homeless.

Difficult to recruit health and care workers

4.17 Across Devon, it is difficult to recruit health and care workers to support people in housing and accommodation settings. The adult social care workforce is growing and has increased by 6% in the South West region since 2012. If the workforce grows proportionally to the projected number of people aged 65 and over, by 2035, in Devon it is estimated that approximately 30,000 care workers will be needed, this is more than double the current number of care workers in Devon which is approximately 13,500.

5. What we will do to achieve our vision

- 5.1 We will develop a clear housing pathway for people, communities, housing planners, providers and the wider health and care system. It will inform local plans, offer real choice and ensure that moves are planned, appropriate and support people to live as independently as possible.
- 5.2 Our approach will be multi-faceted and flexible as people's needs and contexts change over the course of their lives. It will be based on how needs and goals can best be supported, rather than by age. It will also adhere to the principles of *Building the right support* for people with a learning disability, autism and/or mental health needs who display behaviours that challenge.
- 5.3 Working in partnership, we will work to ensure that people have timely access to information about their housing and accommodation needs. This includes current housing advice and support and reviews of a person's care or support needs, including young people transitioning to adulthood.
- 5.4 The housing and accommodation pathway, set out below, is the range of housing options for people. It is described in more detail throughout this strategy.



5.5 To achieve our strategic intent and develop the housing and accommodation pathway, priority areas of focus are set out in the table below and described in more detail within this section of the strategy. They are supported by a detailed action plan.

1	Build joint understanding of market towns and localities to inform development and increase opportunities for independent living.
2	Increase the supply of accessible homes through new developments or adaptations to existing homes.
3	Develop the housing market so that housing with care settings are more flexible, support a wider range of needs and a fair price of care.
4	Develop care/nursing homes for people with only the most complex health and care needs and frailties.
5	Support recruitment and retention of workforce through access to housing.

PRIORITY ONE: Build joint understanding of market towns and localities to inform development and increase opportunities for independent living.

5.6 We will support communities and providers to have a shared knowledge of local housing and accommodation supply and demand, alongside other opportunities to support people to live independently. We will work together at a local level towards shared goals to develop the range of independent living and improve outcomes for people, such as social isolation and confidence to self-manage health needs.

Actions Improve local information and data sharing across health, care and housing to understand how people are currently living in localities and the types of homes they want to live in, to shape future provision to help people achieve what matters to them. This includes supporting District Councils as they refresh their housing strategies.

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Be clear with housing planners and providers about the types of homes we need and where, including through the Market Position Statement.

Improve information for people and their families/carers about how (with or without social care support) they can access housing and accommodation, information on understanding tenancies and negotiating splits of utility bills, etc.

Create three designated housing leads whose role is to coordinate and share knowledge on housing, health and care across Devon.

PRIORITY TWO: Increase the supply of accessible homes through new developments or adaptations to existing homes.

5.7 We will increase the supply of general housing (new and existing stock) through improved health, care and housing collaboration at a local level, with District Councils, to share information, develop plans and deliver actions. New housing and community developments are ideal opportunities to create inclusive neighbourhoods that are accessible for all people.

Actions

Through active involvement in the preparation of local housing plans we will:

- ensure that local assessments of housing need include the needs of people who require health and care support;
- shape planning requirements for new developments and housing policies to provide more homes that meet accessibility standards;
- support Local Planning Authorities to ensure that the built environment meets health and care needs and facilitates access to a wide range of community facilities;
- encourage all new builds to be fitted with appropriate infrastructure to enable TECS to be easily incorporated within the home;
- describe our requirements as part of negotiated agreements (section 106 agreements) between planners/developers to stimulate development of housing; and
- ensure planning applications for new developments are consistent with our strategic intentions and understood levels of need.

Align work in communities with Primary Care Networks so people have access to a far broader range of alternatives to statutory interventions where appropriate.

Promote the use of adaptations and technology enabled care and support (TECS) and home improvements.

Make existing homes more adaptable, including through the Disabled Facilities Grant, sheltered, private, and rented accommodation, floating support arrangements and keyring schemes.

Identify people whose health and or independence is at risk due to poor housing to target multiagency support, including where appropriate, supporting a move to a more suitable house.

Support multi-agency arrangements that address homelessness prevention and offer support with the additional challenges faced.

Stimulate the development of extra care housing in identified areas in collaboration with partners and commission Supported Living in areas where people want to live.

PRIORITY THREE: Develop the housing market so that housing with health and care settings are more flexible, support a wider range of needs and a fair price of care. Page 20

5.8 Develop Supported Living, Extra Care Housing and Carer Households, as part of the housing pathway, to be more flexible in the range of needs that they can support, support achievement of outcomes and be part of the community. Our approach will be informed by learning from supporting people in the Transforming Care Partnership cohort from hospital settings to greater independence within local communities.

Actions

Develop and implement a new 'housing with health and care' contracting framework to support people with a range of needs, achieve personalised outcomes (including use of TECS), ensure quality and be located in the right place.

Create leverage in the market to ensure a fair price of care through a fairer pricing policy. Where we are unable to resolve pricing discussions, we will develop options to change the provider and consider direct care provision in this sector for people with complex needs.

Develop options for where people want to share support that are not based within a house/building. For example, hub and spoke and 'on call' support.

Progress a more flexible Carer Household offer to support people with high levels of needs as short-term respite and alternative to residential care, or to develop independent living skills.

Work earlier with young people to understand needs and jointly commission housing that is part of the community to support their progression and prevent transition to residential care.

Develop enhanced provider engagement and contract management infrastructure in localities to support strategic approach.

Develop short-term provision for people to avoid residential care placements at a time of crisis.

Work across the STP to develop good quality housing and accommodation to support people with complex needs in communities (including through the Transforming Care Partnership and in accordance with NICE guidelines).

PRIORITY FOUR: Develop care/nursing homes for people with only the most complex health and care needs and frailties.

5.9 Whilst our aim is for people to live in their own homes, there will always be a need for some residential and nursing care for people with complex and/or intensive health and care needs ^{xviii}. We will encourage the development of care and nursing homes in Devon that deliver high quality care for these people.

Actions
Ensure nursing homes meet the needs of people with behaviours that challenge, advanced dementia and end of life.
Work more closely with acute hospitals to prevent admission to residential care for people with mental health needs.
Increase cost transparency and improve quality of care homes through development of a Devon fee model and regional contract for people with the most complex health and care needs.
Ensure quality through robust contract management.
Support care homes, where appropriate, to develop a more community-based offer. Page 21

Work with people currently living in care homes who have the potential to live more independently, to consider alternative housing and accommodation that is based in the community and will better support them to achieve their goals.

PRIORITY FIVE: Support recruitment and retention of workforce through access to housing.

5.10 We will continue work with housing planners and providers to support potential health and care workers to be able to live and work in Devon, to improve recruitment and retention of this valuable workforce.

Actions
Develop plans for affordable housing for workers in localities, including Right to Buy and Shared
Ownership schemes.

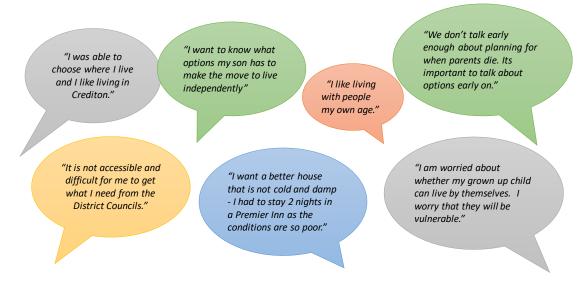
6. <u>How know if been successful</u>

- 6.1 This strategy will be reviewed every year to understand the impact of our approach and to reframe plans accordingly. Our approach will evolve over time and we will continue to listen to the views of people and their families/carers as we progress to inform our work.
- 6.2 The impact measures, through which we will understand our impact, include:
 - % of people who are in residential and/or nursing care
 - % of people living independently (either in housing with care or mainstream housing)
 - Proportion of people who say that they feel safe and connected in their communities
 - % of people who report good social contact
 - Satisfaction of people and their families/carers
 - Number of people who use adaptions/TECS to enable them to remain in their own home
 - Number of affordable home ownership properties purchased by essential local workers
 - % new build properties constructed to M4(2) and M4(3b) standards
 - Number of people waiting for extra care housing

APPENDIX A Learnings from people and their families/carers

We regularly listen to people with disabilities (learning disabilities, physical disabilities, sensory needs and/or autism) and their feedback is summarised below and informed this strategy. We will continue to listen to people and understand the impact of our approach.





- I often do not have the same freedom, choice, dignity and control as other people at home.
- I do not feel that they have been given a choice about where they could live.
- I want to live with other people and to know these people well. For example, friends or a partner. I would like to live in a house, in a quiet area and with a garden. I would like the choice to have pets.
- I want to be accepted as who I am within my local community. I want people and
 organisations in my community to have opportunities to raise their awareness and
 acceptance of autism.
- I want my views and aspirations to be taken into account when decisions are made in my local area. I want to know whether my local area is doing as well as others.
- I want to know how to connect with other people. I want to be able to find local autism peer groups, family groups and low level support.
- I want the everyday services that I come into contact with to know how to make reasonable adjustments to include me and accept me as I am. I want the staff teams who work in them to be aware and accepting of autism.
- I want to be safe in my community and free from the risk of discrimination, hate crime and abuse.
- I want autism to be included in local strategic needs assessments so that person centred local health, care and support services, based on good information about local needs, is available for people with autism.
- I want to know that my family can get help and support when they need it.

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- I want services and commissioners to understand how my autism affects me differently through my life. I want to be supported through big life changes such as transition from school, getting older or when a person close to me dies.
- I want the same opportunities as everyone else to enhance my skills, to be empowered by services and to be as independent as possible.
- **People would like to get paid work**, doing things like working in a cinema or café. Or, doing courses to learn maths or IT. And learning to use an iPad. And see more people/friends in the evenings. And going to discos/socialising with friends in one's own home. People have also told us that they don't like doing nothing or staying in all day.
- The Supported Living model is greatly valued by people who live in this setting, and by their families/carers. There is wide agreement about the advantages offered in terms of building support networks of friends, and skills for independence.
- **Greater transparency over money helps people** to get involved in the different options they have about where they live, and how their support is delivered. Clarifying the separation between shared and individual hours and quantifying these different elements of a person's budget is an important step towards promoting independence.
- People don't always want to share the same living space with others. There need to be more options to share support, without necessarily having to share accommodation. E.g. Supported Living as 'dispersed networks', rather than a shared building. Good information about assistive technology is needed.
- The location of Supported Living houses is an important factor that affects people's access to transport, support networks and work. Better information about the implications of living in different geographical locations would help people make choices.
- People need information about how housing changes at different stages of their lifetime. This would help people to plan for the different options of where to live, and how any support needed would be delivered.

Definitions of Housing and Accommodation

Туре	Definition
Mainstream housing (or general needs housing)	Includes (privately owned or rented) general housing with no specialised features. Housing can be adapted homes to meet the needs of residents or designed to meet access and adaptability standards for people.
Age exclusive housing	Schemes or developments that cater exclusively for older people and may have communal facilities but do not provide any regular on-site support to residents.
Sheltered housing (specialist housing)	Developments of self-contained homes, with support available via a full or part time manager whose job includes providing support and advice to residents. This enables residents to continue to live independently. Properties may be purchased or rented.
Extra care Housing (specialist housing)	Developments that comprise self-contained homes with on-site care and support who can provide personal care and support to meet resident's needs. Residents may be owners, part owners or tenants. The homes have been designed with features and services available to enable self-care and independent living. Can be called housing with care.
Supported Living (or housing with care)	 Arrangement whereby someone who has support from a "Care and Support" provider who already has or wants their own tenancy, is helped to live as independently and safely as possible. People who live in supported living arrangements can live in different settings: With other people with similar needs but have their own tenancy agreement and bedroom. This provides both independence and companionships. In their own in flat / house or bungalow, with their own tenancy but in close proximity to other people with similar needs. "Care and Support" providers visit to help residents live as independently and safely as possible.
Shared Lives (or carer household or adult placement)	The schemes (from age 16) match someone who needs care with an approved carer. The carer shares their family and community life and gives care and support to the person with care needs. Some people move in with their shared lives carer, while others are regular daytime visitors. Some combine daytime and overnight visits. This offer supports people to be introduced to higher levels of independence, whilst remaining in a safe and protective family environment.
Residential care homes	Provides living accommodation and personal care for people who may not be able to live independently but aren't yet in need of nursing care. Staff are available 24 hours a day, 7 days a week.
Nursing care homes	A nursing home, as distinct from a residential care home, provides medical care from a qualified nurse who is on site 24 hours a day 5 days a week.

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APPENDIX C

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 x^{iv} Source: Department for Communities and Local Government. (2014). As cited in Government Office for
 Science (2014) Future of an ageing population: evidence review. Available at:

https://www.housinglin.org.uk/_assets/Resources/Housing/OtherOrganisation/gs-15-11-future-ageinghomes-neighbourhoods-er21.pdf; Equality and Human Rights Commissions (2018). Housing and disabled people: Britain's hidden Crisis. Available at: https://www.equalityhumanrights.com/en/publicationdownload/housing-and-disabled-people-britains-hidden-crisis

^{xv} Strutt and Parker (2017). Housing Futures: Platinum Generation. Available at:

<u>https://www.struttandparker.com/publications/platinum-generation-2017;</u> Sense. (2018) When I'm Gone. Securing long-term care and support for disabled adults. Available at: <u>https://www.sense.org.uk/support-us/campaigns/when-im-gone/</u>

^{xvi} Alzheimer's Society 2009 -YouGov Poll for Alzheimer's Society March 2013; Holland, C et al., (2015)
 Collaborative Research between Aston Research Centre for Healthy Ageing (ARCHA) and the ExtraCare
 Charitable Trust. Aston University Available at: <u>https://www2.aston.ac.uk/migrated-</u>

<u>assets/applicationpdf/lhs/245545-final%20report1.pdf</u>; Bolton, J and Provenzano, P. (2017) Six Steps to Managing Demand in Adult Social Care : A Performance Management Approach. *Institute of Public Care*. Oxford Brookes University, Oxford.

^{xvii} <u>https://www.gov.uk/government/statistics/rough-sleeping-in-england-autumn-</u>

2016https://www.gov.uk/government/statistics/rough-sleeping-in-england-autumn-2016

^{xviii} NHSE 2016 - Enhanced Health Care Framework, accessed via <u>https://www.england.nhs.uk/ourwork/new-</u> care-models/vanguards/care-models/care-homes-sites/

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ⁱ People with a learning disability, physical disability, autism and/or sensory needs.

[&]quot; Detailed feedback is set out in Appendix A.

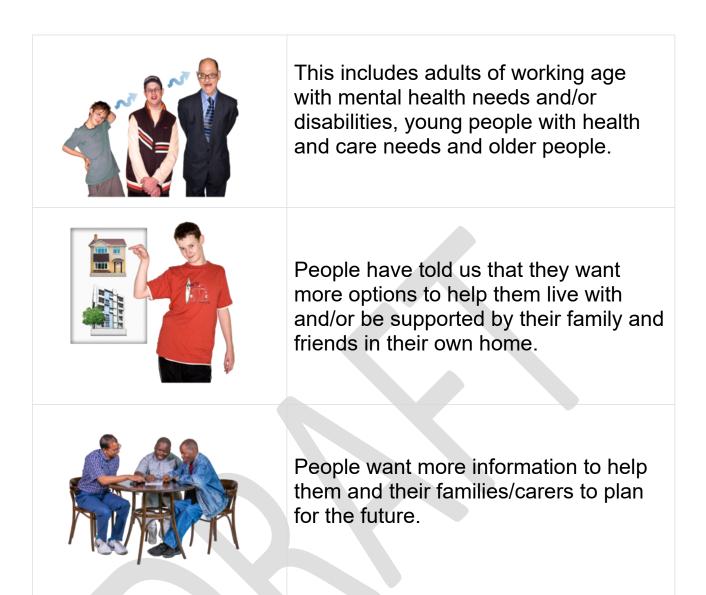
iii Devon Transforming Care Partnership Housing Plan for people with complex needs.

^{iv} Detailed definitions are set out in Appendix B.

^v Promoting Independence Policy available at-

Plan	Draft joint housing and accommodation strategy (plan) for all adults with health and care needs in Devon.
Report	A report to Devon County Council Scrutiny Committee.
Meeting	The Committee is a made up of elected County Councillors. The Committee considers all big decisions about Adult care and health services.
	The report will be talked about at the Devon County Council Scrutiny Committee meeting on 23 rd January 2020.
	The report is from Tim Golby, Associate Director of Commissioning (Care and Health) at the Council.







This strategy (plan) sets our vision (what we want to happen) for giving people real choice in where they live.



The strategy (plan) explains how we will work with others so that there are more housing options for people who receive adult health and care support during their lives.



Plans

People's views have informed this strategy and we will continue to listen to people and involve them in planning, shaping and reviewing support.

This strategy (plan) is part of the bigger plan for the whole of Devon for everyone to lead long, happy and healthy lives.

STP A Sustainability and Transformation Partnership for Devon

It links to the work of the Sustainability and Transformation Partnership (STP) for Devon.



Our Vision (what we want to happen)



Working in partnership, our vision (what we want to happen) is for more people to live in their own homes.



For people to be able to make planned choices about where they live during their lives.



People's care and support needs change over time. They may choose to change their housing and accommodation to support them to live as independently as possible.

There will be more good quality homes across Devon to make it easier for people to move between different housing options to improve their independence.



We will promote the use of technology enabled care and support (TECS) and support people to be as independent as they can be.



What we will be doing to achieve our vision



We will develop a clear housing pathway for people and communities, including housing planners, providers and the wider health and care system.





Priority areas we will work on



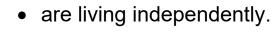
1. Build joint understanding of market towns and localities to inform development and increase opportunities for independent living.

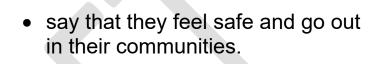


- 2. Increase the supply of accessible homes through building new homes or adapting existing homes.
- 3. Develop the housing market so that housing with care settings support a wider range of needs and a fair price for care.
- 4. Develop care/nursing homes for people with only the most complex health and care needs.





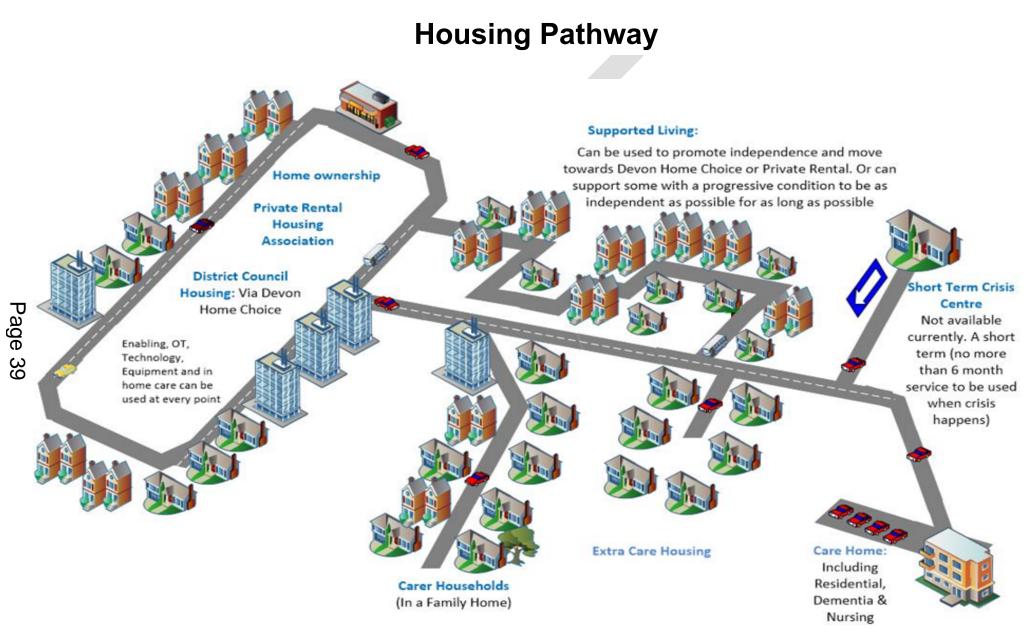






• say they have a good social life.

• are happy.



Agenda Item 7

ACH/20/121 Health and Adult Care Scrutiny 23 January 2020

Promoting Independence in Devon – Annual Report Report of the Associate Director of Commissioning (Care and Health)

1. Recommendation

1.1 Members of the Health and Adult Care Scrutiny are invited to comment on the annual report before its wider promotion.

2. Purpose

- 2.1 To present to Health and Adult Care Scrutiny a summary of the annual report (or 'local account') of the adult social care functions of Devon County Council which includes:
 - A self-assessment;
 - A range of evidence supporting the self-assessment;
 - Links to further sources of external information.
- 2.2 Members should note that the full version of the annual report is designed to be read standalone and online as it contains internal and external links and is over 100 pages long. It will be published alongside our vision and plan: <u>https://new.devon.gov.uk/care-and-health/adults/policies-and-procedures/adult-care-and-health-vision-planning-and-report/</u>

3. Background

- 3.1 The adult social care commissioning and care management functions of local authorities are not subject to routine inspection.
- 3.2 Instead, we participate in a national and regional approach to sector-led improvement which includes:
 - The publication of an annual report;
 - An annual self-assessment with mutual challenge and support from other local authorities, this year structured around strength-based practice;
 - The undertaking of mandatory returns covering a wide range of data and using insights gained from comparative analysis to inform improvement planning;
 - Periodic peer review, the next planned being of arrangements for the safeguarding of vulnerable adults now scheduled for March 2020.
- 3.3 This process is facilitated nationally and regionally by the Local Government Association working with the Association of Directors of Adult Social Services and is the context in which this annual report (or 'local account') is written.
- 3.4 The Department of Health and Social Care have trialled national dashboards and local area reviews to encourage the organisations across health and care systems to work more effectively together and future improvement activity is likely to have an increasingly whole system focus, as is our own performance reporting including Scrutiny reports.

Agenda Item 7

- 3.5 Councils make a range of statutory returns to allow comparisons to be made between local authority areas covering:
 - The views of service users and carers;
 - The outcomes they achieve;
 - Cost and spend;
 - Activity;
 - Safeguarding;
 - Workforce;
 - Service quality.
- 3.6 We signpost to the published data and tools at the end of the full version annual report which also includes more detailed charts and commentary. We highlight insights gained in the evidence section and use them in our self-assessment.

4. Annual Report Contents

- 4.1 Writing an annual report on adult social care in Devon gives us the opportunity to reflect on how well we are achieving our vision for helping adults in Devon find the support they need to stay healthy, happy and living safely at home, surrounded by their community and friends, where they can retain their independence for as long as possible.
- 4.2 The full version of this year's annual report includes:
 - An introduction and narrative;
 - Links to our strategies and plans;
 - Our vision for adult social care in Devon and priorities as a health and care system;
 - A summary of our achievements and challenges;
 - Examples of feedback from people who use our services and their carers;
 - A new section on the national scene using material prepared for and by the Association of Directors of Adult Social Services;
 - An extended 'key facts' section;
 - A performance summary with areas of strength, for improvement and priority actions;
 - Detailed charts and commentary on a range of performance indicators;
 - A summary of our change programme and progress made;
 - Links to internal and external reports, tools and other resources.
- 4.3 The summary version includes the key content and is appended below.

Tim Golby Associate Director of Commissioning (Care and Health)

Agenda Item 7

[Electoral Divisions: All]

Cabinet Member for Adult Care and Health Services: Councillor Andrew Leadbetter

Chief Officer for Adult Care and Health: Jennie Stephens

LOCAL GOVERNMENT ACT 1972: LIST OF BACKGROUND PAPERS

Contact for Enquiries:	Damian Furniss (Policy, Performance and Involvement)
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BACKGROUND PAPER DATE FILE REFERENCE

Nil





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Promoting Independence in Devon A summary of our Annual Report for Adult Social Care 2019



We aim to help adults in Devon find the support they need to stay healthy, happy and independent.

Given the choice most people want to stay living safely at home, surrounded by their family, community and friends, where they can retain their independence for as long as possible.

Writing an annual report on adult social care in Devon gives us the opportunity to reflect on how well we are achieving this aim, meeting the needs of our population by responding to the priorities expressed in our vision for adult social care which the people we serve, and the providers and staff who serve them, helped us to develop.

We do this in a context when the outcome of the recent General Election promises changes to how adult social care is funded and provided. With continuing uncertainty regarding Brexit we remain vigilant to minimise any disreption to our services. This year we have included some analysis of the national scene so that readers can see how the situation in Devon compares.

We are among the areas of the country that are in the process of integrating the commissioning and operation of our health and care services. We have worked closely with our health partners to determine and deliver our local response to the <u>NHS long-term plan</u> – <u>'Better for You, Better for Devon'</u> – due to be published soon. Our vibrant market of adult social care providers in the independent and voluntary sector whom we commission services from are key to achieving good outcomes for the people we serve.

We structure our annual report around the strategic priorities and outcomes agreed by organisations across the health and care system in wider Devon so that this report can be read alongside those published by our partners and in our 2020 report we will include an assessment of how well we are delivering against those priorities.

We draw upon a wide range of quantitative and qualitative information in assessing our current performance and put this summary into the public domain to inform democratic scrutiny, peer review and public participation in our planning for the future. As well as data about the needs of people, the services they receive, and the outcomes they achieve we also seek feedback from them in surveys and involvement groups and thank everyone who has given up their time in helping us to reflect and improve.

Introduction (2)



The process of writing our annual report helps us to reflect on our priorities for the coming year and how we intend to address them:

- We remain focussed on securing sufficient, high quality and affordable services especially in personal, residential and nursing care, and in working with health colleagues to minimise admissions to, length of stay in' and delays in discharge from hospital.
- The key to this is attracting and retaining sufficient workforce across the sector when the labour market in Devon is competitive; this means valuing all those who work in caring professions and doing what we can to improve their terms and conditions of employment.
- The high cost of housing is one of the challenges in attracting new workers into the area, and of suitably ecommodating those people who have social care needs; we are strengthening our partnerships with the gity and district councils in Devon to focus on this.
- Nationally, the debate on adult social care is focussed on older people and their care costs but we spend more of our budget on young people and working age adults with disabilities or mental health needs, and our change programme is oriented towards promoting their independence.
- With our population, their needs and expectations changing, we are working differently through a strengthsbased approach to care management practice and an integrated care model that brings together health and care services around the individual and their carers where they live in their community.



Jennie Stephens Chief Officer for Adult Care and Health



Councillor Andrew Leadbetter

Cabinet Member for Adult Care and Health



Monitoring the quality of services and pushing for improvements is an enduring theme for Scrutiny. Members have continued to monitor performance across the wider health and care system focussing on a range of measures covering acute and community hospital settings, primary care and social care.

Very much at the forefront of the Committee's work in 2019 has been the development of the <u>Devon Long</u> <u>TermPlan</u>. Local systems have been asked to set out the pepulation health challenges they will face over the next by years and the plans they will put in place and deliver to address the challenges moving towards an <u>Integrated Care System</u> in Devon. Amongst a host of issues in 2019, the Committee has also considered:

- The creation of a single NHS Devon CCG;
- Promoting independence for adults with disabilities;
- Improving access to General Practice;
- Winter pressures;
- Local suicide prevention planning approach;
- Ofsted and the Care Quality Commission inspection reports;
- Developing the integrated short term care offer;
- Workforce recruitment and retention;
- Finance and performance.

Outside of the work undertaken by members at the formal <u>Health and Adult Care Scrutiny Committee</u> meetings, councillors have been involved in a huge amount of activity to both aide their understanding of the health and adult care system and to monitor the way in which this system is operating.

Through the Health and Adult Care Standing Overview Group members have met at regular intervals with health providers to review their priorities in terms of improvement for 2019-20 and their subsequent progress at meeting their targets. Senior staff from the Royal Devon & Exeter NHS Foundation Trust, Devon Partnership Trust, Northern Devon Healthcare Trust, South Western Ambulance Service Foundation Trust and South Devon Foundation Trust attended meetings with members of the Committee. In addition to this role with providers, the Chair has continued to monitor closely the performance of Northern Devon Healthcare Trust following the January 2018 Requires Improvement CQC rating. The Standing Overview Group also looked at:

- The Mental Capacity Act and the Deprivation of Liberty Safeguards;
- Market Position Statement;
- Primary Care Networks;
- NHS Long Term Plan.

Health and Adult Care Scrutiny (2)



Members have undertaken a series of visits to health and care settings across the county to further develop their understanding of how the model of care in Devon is working operationally and the key issues affecting services from a frontline perspective. Members visited:

- <u>Community Health and Care Teams</u> in Seaton, Axminister and Sidmouth.
- South Western Ambulance Service Foundation
 <u>Trust HQ</u>
- <u>Tayistock Community Hospital;</u>
- Vest Devon Community Health and Care Team;
- <u>Taxistock Wellbeing Hub;</u>
- <u>The Ness Dementia Centre, Teignmouth;</u>
- Chiddenbrook Surgery, Crediton.
- The Psychiatric Intensive Care Unit and the Mother and Baby Unit at the Devon Partnership Trust.

The Committee has undertaken a spotlight review on Carers, with a final report due to be published shortly, meeting with over 100 carers to discuss their experience of being a carer in Devon and the support they have received. Health and Adult Care Scrutiny members have also undertaken a joint piece of work with the Children's Scrutiny Committee on the Local Area Special Educational Needs and Disabilities Inspection by Ofsted and the Care Quality Commission. Scrutiny Members have received regular development sessions in the form of masterclasses to further their understanding of key areas of the Council's business and relevant issues affecting Health and Adult Care. Topics this year have included:

- Developing a Long Term Plan for Devon;
- Adult Social Care Support for Prisoners;
- Using Technology and Digitally Connected Care;
- Future of Hospital Services;
- Devon's approach to Dementia;
- NHS England and NHS Improvement.

Councillor Sara Randall Johnson, Chair, Health and Adult Care Scrutiny Committee 'thanked officers from Adult Social Care and their Health colleagues for their tireless work, as well as their time, advice, open dialogue and support given to broaden and increase the member's knowledge base in what is a hugely complex area.'



Sara Randall-Johnson

Chair, Health and Adult Care Scrutiny Committee

Our story in Devon



15 years ago in Devon we spent a greater proportion of our budget on maintaining people in residential care than almost anywhere else in the country, despite most people preferring to be supported at home to live as independently as possible. Much of that care was provided by care homes we operated ourselves at increasingly unaffordable cost.

Community health and care services and staff were still organised separately but joint working, beginning with a share strategy, led to community based staff being colocated and co-managed. Through joint appointments and partnership working in commissioning we developed shared strategies for how health and care services would be better organised around the needs of individuals, communities, and our populations.

Following the financial crisis of 2008, our budgets came under increasing pressure. Our population is more aged and ageing faster than in most areas. In particular, people with physical and learning disabilities are living longer with increasingly complex needs, a success of the health and care system that is also a pressure on it.

In the early years of the austerity period we achieved savings by reducing management and other overheads, controlling costs, reorganising our care management arrangements to do more assessment, review and support planning by phone and focussing on our statutory responsibilities. We then reviewed the services we delivered ourselves, and where they were not giving best value looked at other options working with providers in the independent and voluntary sector.

Four years ago we made explicit our approach of promoting independence as our contribution to the council's strategy of supporting people to keep their lives in balance by focussing on what matters most to them and shaping the economic and social context in which they can thrive. We use strengths-based practice in our commissioning, assessment and support planning to identify the assets of people and their communities and find solutions to people's needs based on them.

We spend no more on older people now than we did a decade ago, with that population being generally healthier and often wealthier than before, and having different preferences for how they are best supported to live independently at home.

We are now working with adults with disabilities of working age, who we often support over a lifetime, in a similar way. Our commissioned services are highly rated by the <u>Care Quality Commission</u> but it is increasingly challenging to sustain their sufficiency, affordability and quality. The challenges we face can only be met by working together with communities and as a system.

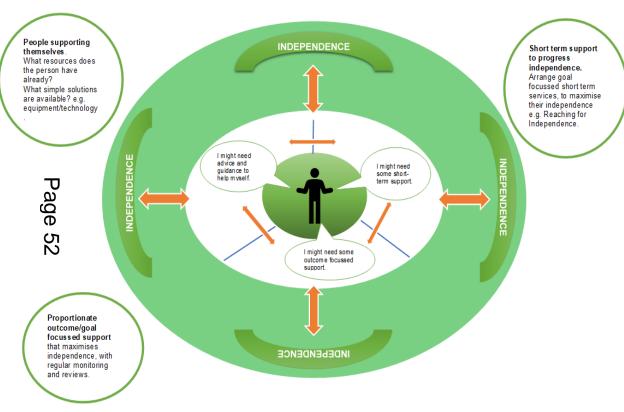


People sometimes tell us they want to engage with what we are trying to achieve, why and how but don't understand how our various strategies and plans fit together:

Document	Purpose
<u>Joint Strategic Needs</u> <u>Assessment</u>	This statutory document gathers together the main evidence that helps us understand the population of Devon and their needs. It is refreshed annually.
<u>Joint Health and</u> <u>Wellbeing Strategy</u> Pag	This statutory document considers that evidence and sets the priorities and goals we want to achieve for the people of Devon. It is agreed by the <u>Health and Wellbeing</u> <u>Board</u> on a three year cycle. All organisational and partnership strategies and plans should refer to it.
The Wider Devon Sustainability and Transformation Plan	This statutory document takes the health and wellbeing priorities for Devon, Plymouth and Torbay and determines how health and care services should be shaped to deliver those objectives. It informs the operating plans of each partner.
<u>Our plan</u>	'Promoting Independence in Devon' is the five year operating plan for adult social care in Devon and is refreshed annually.
Our vision	It incorporates a vision for the distinctive role social care has to play in the health and wellbeing system.
Our Annual Report	Our annual report assesses how well we are doing in delivering that plan and whether we are making a positive difference to people's lives.
Our Market Position Statement	This statutory document considers the demand for and supply of social care services and is aimed at the market of service providers we commission from.
Our service strategies and plans	We also publish strategies and plans, jointly where appropriate, regarding specific services and how we intend to meet the needs of particular groups.

Improving social care practice





The practice model will be built on the principles of our 'promoting independence' policy:

- Supporting people to support themselves;
- Focus on what matters to the person;
- Short term support to progress independence ;
- Proportionate outcome focused commissioned support.

Commissioners will work with providers of services to develop them in ways which share the same 'promoting independence' principles.

With the principles of our '**promoting independence**' approach well established, we are developing a new **Social Care Practice model** that is built around them and our supporting <u>vision</u>, <u>plan</u> and <u>policy</u>.

It is designed to provide a framework that guides practitioners in thinking in how they work with individuals and have the <u>different conversations</u> need for this approach to work.

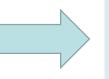
The practice model will describe how we work with people and their families and decision making by providing a framework for all contacts from first contact through to assessment, support planning and review.

Working together as a system



Our vision and plan for adult social care are aligned to realising the priorities and outcomes we have agreed working together as a health and care system across Devon:







Independence: more people living independently in resilient communities.

Prevention: more people choosing and enabled to live healthy lifestyles and fewer people becoming unwell.

Self-management: people have the knowledge, skills and confidence to better manage their condition.

Early intervention: the health and care system being ready and able to intervene early and avert deterioration and escalation of problems.

Care at home: more care is available in the community and in people's homes.

Choice and control: people having greater control over the services they use and being equal partners in decisions about their care.

Accessibility: people who need treatment or care receiving this promptly in the most appropriate care setting.

Specialist services: people going into hospital only when necessary and being discharged efficiently and safely with the right support.

Our achievements working together



250 student and qualified Nursing Associates working in Devon's health and social care services A decade of community health and care teams across Devon providing integrated care Agreeing a STP-wide strategy for adults with a learning disability to support independence

NHS and Social Care commissioners now colocated to improve collaboration

Page

Rolling out a HOPE Programme to promote the independence of people with Long-Term Conditions Now over 280 'Proud to Care' ambassadors Promoting careers in health and care

A joint approach to reducing the number and improving the quality of out of area placements

Jointly funded Mental Health Team established at Exeter University working with our student population An STP wide Carers' Charter encouraging all to consider carers in everything that they do

Our achievements in adult social care



The overall satisfaction of carers with social services has improved against the national trend Our overall service user satisfaction rating is now 11th out of 150 local authorities By promoting independence, numbers dependent on our support now close to comparators

or 'Proud to Care'
Scampaign is thriving,
having been taken up
regionally and nationally

D

450 disability confident employers & 184 people with Learning Disabilities in employment across Devon Expanded Preparing for Adulthood Team supporting young people through transition

High-quality care across Devon with comparatively more providers rated Good or Outstanding

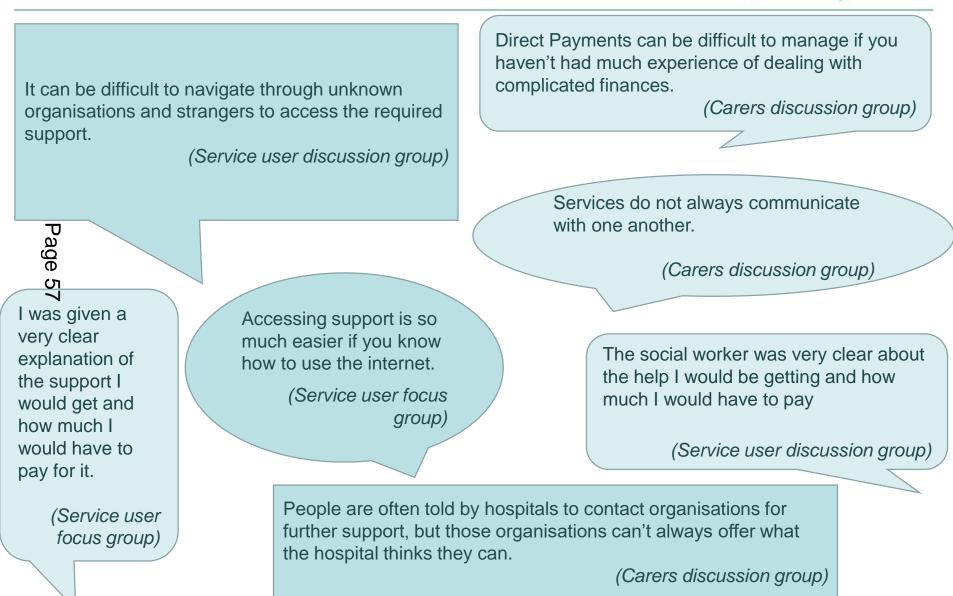
2 gold and 4 silver awards in the last 5 years at the Social Worker of the Year Awards Joint funded pilot programme of 20 Student Nursing Associates in nursing homes from 3/20



Continuing to develop our approach to promoting the independence of working age adults	Supporting people with dementia better in the community	Developing the personal care market to secure sufficiency and affordability
Reeting the needs of a population that is ageing and spending more years in ill health	Working with providers to improve workforce recruitment and retention	Ensuring a range of sufficient accommodation with care meeting changing needs as people age
Extending the reach and effectiveness of short- term services that promote independence	Improving safeguarding practice assured through a peer review in March 2020	Significant delays nationally in developing a longer term adult social care funding solution

What people are saying (1)





What people are saying (2)



It is important to have someone who can listen properly and discuss issues with you.

(Service user focus group)

Being put in touch with other people in the same situation was so helpful, there is no substitute for being able to discuss things with people who are facing similar challenges.

Page

(Carers discussion group)

It was so good to be put in touch with people in the same position as myself so we could help one another, sharing experiences with people in similar situations is invaluable.

Carers discussion group

For younger adults transitioning from child to adult services the support seems to diminish...it can feel like you are thrown on the scrap-heap.

(Parent-carer of disabled adult)

I like to go through my person-centred book.

(Learning disability discussion group)

We need to set the balance between independence and caring.

(Service user focus group)

We don't need support all the time, but when we need it we need it fast.

> (Service user discussion group)

Headline figures: number of clients

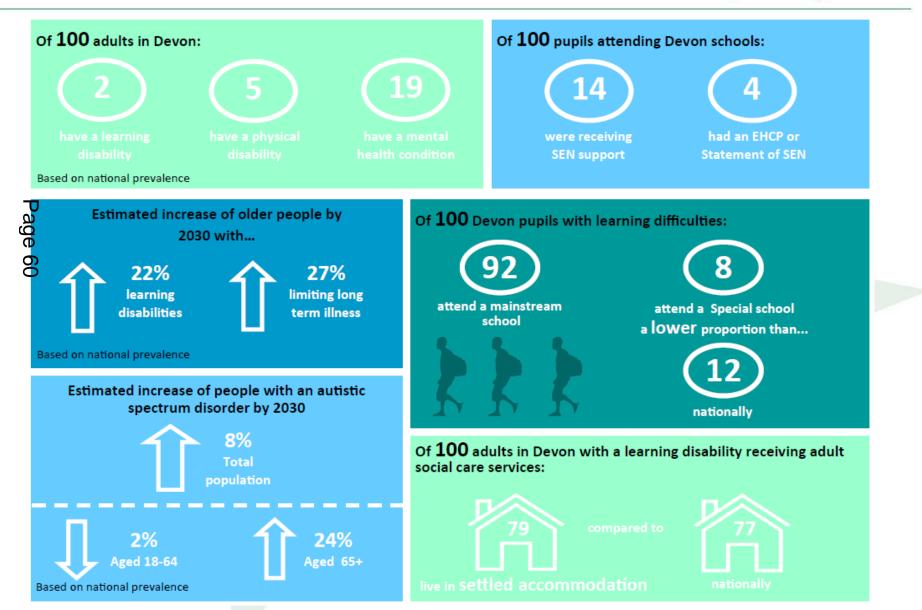


No. of Clients	No. of Female Clients	No. of Male Clients	Clients aged 18 to	o 64 Clients	aged 65 and over
11242	6510	4732	4606		6636
Clients by Service Type grouping Clients by Primary Support Reason grouping					
Direct Payments	Other Community Based Services 4112	Shared Lives/Supported Living 560	Physical Support	Sensory Support 195	Support with Memory & Cognition 976
Lon@erm Nursing Care	Personal Care 3348	Short Term Nursing/Residential Care 285	Learning Disability Support 2345	Mental Health Support 1405	Social Support
	Residential Care Respite	Services		Not Known 98	(December 2019 figures)

- Data is a snapshot of current recipients of local authority funded services.
- The 'Primary Support Reason' is a national categorisation of people's needs.
- People can be in receipt of more than one category of service.
- There are more male clients at age 18-24 and 25-64 indicating greater prevalence of disability in males.
- At 65+ females make-up almost two-thirds of those served indicating greater life expectancy.
- This is apparent in both the elderly frail and those supported due to their dementia.

Key facts: Disabilities (1)





Key facts: Disabilities (2)





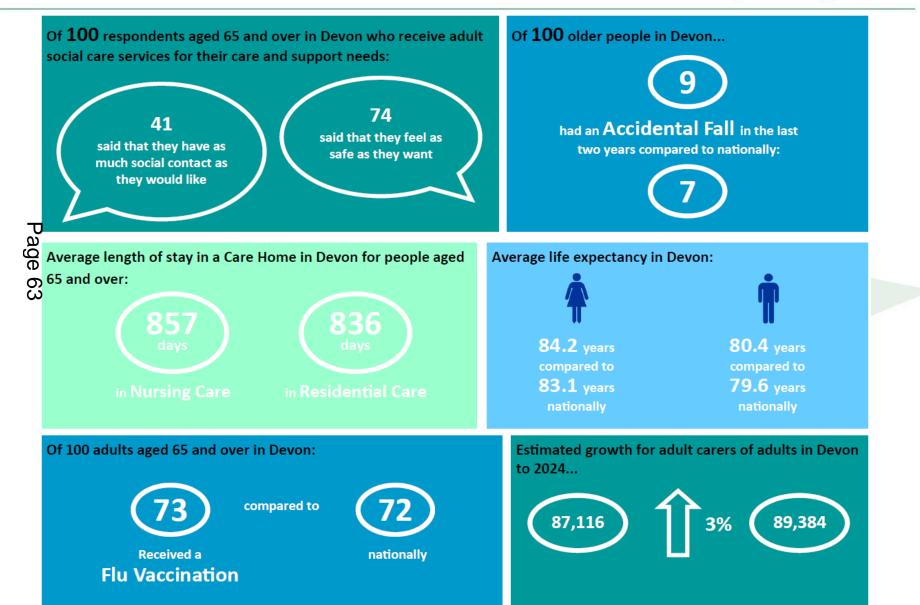
Key facts: Older People (1)





Key facts: Older People (2)





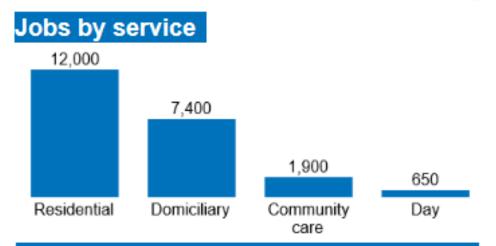
Key facts: Adult Social Care Workforce (1)







CQC regulated establishments in Devon operated by adult social care providers



In Devon there were...

900



16,000 Direct care jobs



Regulated professionals

2,300

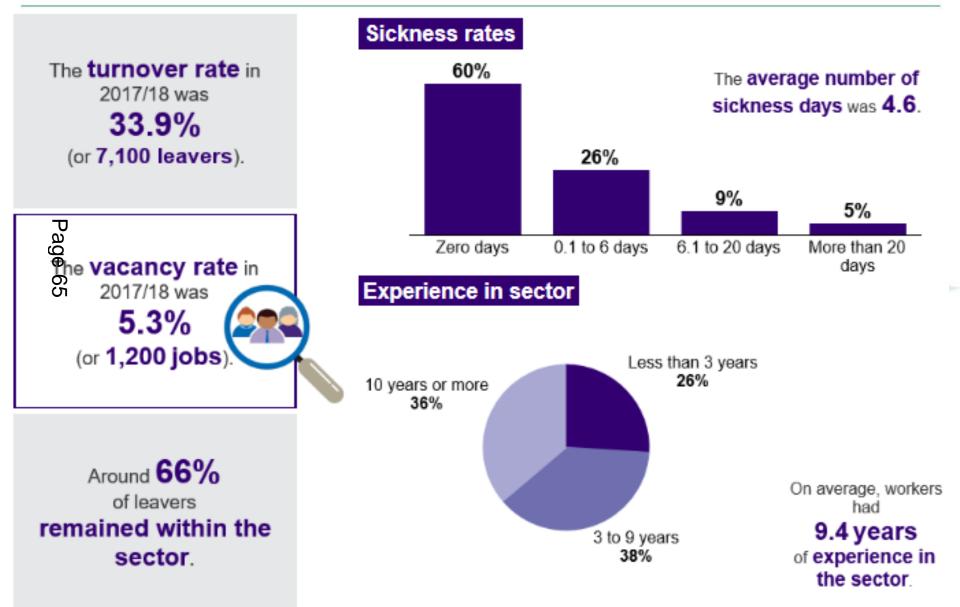
Managerial jobs



2,100 Jobs for direct payment recipients

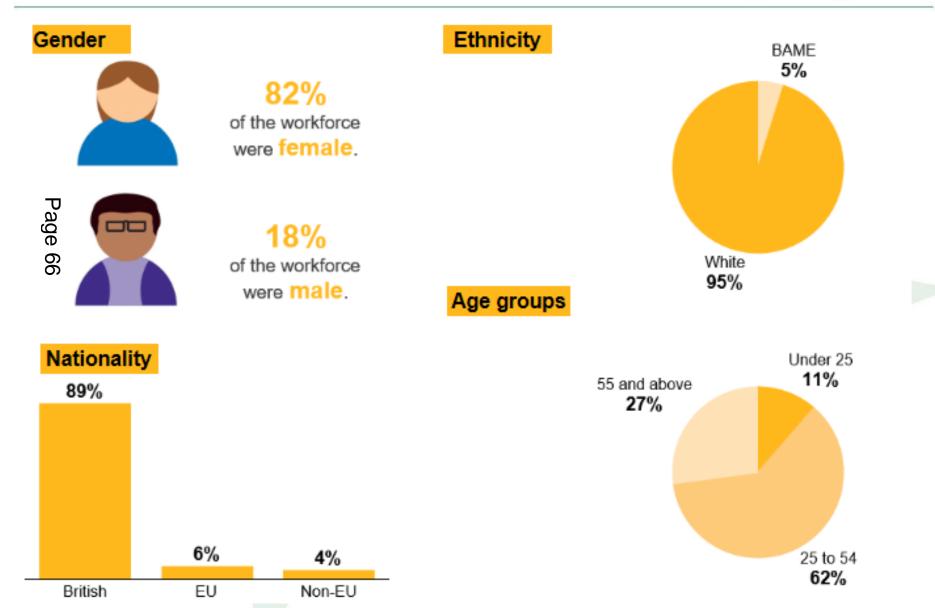
Key facts: Adult Social Care Workforce (2)





Key facts: Adult Social Care Workforce (3)

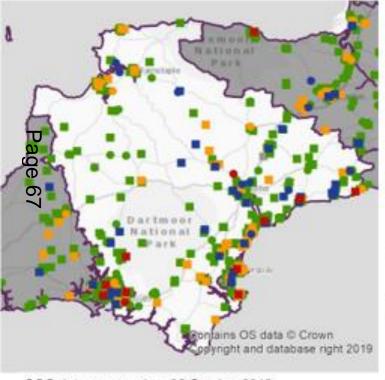




Key facts: providers



This map shows the overall ratings of active adult social care locations in Devon. There may be multiple locations in one position so not all locations may be visible



CQC data accessed on 22 October 2019

Area	Inadequate	R.I.	Good	Outstanding	Unrated
This LA	2% (1)	11% (7)	67% (44)	18% (12)	3% (2)
England	2%	20%	69%	4%	4%
Comparators	2%	20%	69%	6%	3%
Residen	tial homes - s	ee squares	on map		
Area	Inadequate	R.I.	Good	Outstanding	Unrated
This LA	1% (3)	13% (35)	76% (202)	8% (22)	2% (5)
England	1%	13%	79%	3%	3%
Comparators	1%	13%	80%	3%	3%
Domicili	ary care agen	cies - not s	hown on ma	P	
Area	Inadequate	R.I.	Good	Outstanding	Unrated
This LA	0% (0)	6% (8)	74% (99)	11% (15)	8% (11)
England	1%	11%	66%	4%	19%
Comparators	1%	10%	69%	5%	16%
Commu	nity care servi	ices - not si	hown on ma	p	
	Inadequate	R.I.	Good	Outstanding	Unrated
Area			75% (21)	7% (2)	7% (2)
Area This LA	0% (0)	11% (3)	1070 (21)	1 10 (-)	1.10 / 101
	0% (0) 0%	11% (3) 8%	72%	4%	16%

*R.I. = requires improvement

Proportion of adult social care services regulated by the <u>Care Quality Commission</u> rated Good or Outstanding. Devon, with its preponderance of small and medium sized providers, consistently performs better than the regional and national average. The <u>Care Quality Commission</u> have highlighted the strength and continuity of leadership in Devon providers as being an important factor in sustaining these ratings.

Key insights from performance (1)



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Prevention: are more people choosing and enabled to live healthy lifestyles and fewer people becoming unweb?	Our JSNA highlights a number of strengths including comparatively high rates of volunteering. People in Devon are less likely to be unemployed, smoke or use drugs and more likely to take regular exercise than is typical nationally and are less likely to be admitted into hospital because of alcohol.	We remain concerned that service users and especially carers in Devon are less likely than in similar areas to say they have enough social contact. There is a strong evidence base that people who are lonely have worse health and wellbeing and are in contact with health and care services more.	We have agreed a common approach to prevention across our health and care partnership. This is being delivered through our multi-agency prevention programme. It will include the use of a One Devon Data Set to target those who might benefit most from preventive interventions such as social prescribing.
Independence: are more people living independently in resilient communities?	People with Learning Disabilities in Devon are more likely to be employed and to live independently than is typical elsewhere. A greater proportion of people who use services and their carers access support through direct payments than the national average giving them more choice & control.	We need to continue to promote the employability of all people with disabilities but in particular people with mental health needs and people with autism. We still have more to do to ensure that people with complex mental health needs or learning disabilities live well in communities.	Our <u>'Ready When You Are'</u> campaign to promote the employment of people with disabilities and mental health needs is now well embedded and evidence shows employment is the best way of maximising independence. We will continue to transfer people from outside Devon into more local settings.

Key insights from performance (2)



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Self- management: are people being supported to have the knowledge, skills and confidence to better manage their health condiens?	The HOPE Programme (Help Overcoming Problems Effectively), based on a course developed by the University of Coventry to help people cope better with long- term medical conditions, has been embedded in the south of the county and is now being rolled out across Devon.	The most recent survey of service users again found they are less likely to say they find it easy to access information and advice than in recent years or when compared with elsewhere, although there has been some improvement reported by carers.	We will continue to work with our corporate communications team to improve our communications strategy recognising that people we serve say they like to access support face-to- face and over the phone, not just online, and they especially value what the voluntary sector and GP surgeries offer.
Integration: are people receiving joined-up care and support between services and organisations?	The Care Quality Commission rates us positively on several indicators used to assess the integration of health and care, in particular avoiding older people (including those resident in care homes) attending accident and emergency departments and undergoing emergency admissions. Our Integrated Care Model is building on these strengths.	We acknowledge we still do less well on getting people out of hospital promptly to receive the right support wherever possible in the community and know we must achieve further shifts in investment from bed-based to home-based care and to ensure sufficiency of services in the adult social care market to improve this.	Historically we have done well in minimising length of stay of older people admitted into hospital from care homes, but more recent trends mean we are now no better than average; we need to understand why and address the underlying causes including health support to care homes.

Key insights from performance (3)



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Early intervention: is the health and care system ready and able to intervene early and avert deter ration and escaletion of problens?	Our first points of contact across community health and care are increasingly joined up to ensure a more coherent response to people's needs. Our response services are setup to prioritise according to urgency and acuity of need and have information systems designed to assist in this.	We are still not meeting our ambitious targets to assess people promptly, review people frequently and get services delivered in a timely way. Historically we have been reactive rather than preventive in our approach, but are increasingly using intelligence to target services	Our 'promoting independence' approach only delivers improving outcomes for individuals through their regular contact with care managers, especially those working with younger adults, and we are working on creating this capacity, capability and culture in our new practice model.
Specialist services: are people going into hospital only when necessary and being discharged efficiently and safely with the right support?	When deployed, our short- term service offer is generally effective at keeping people from being readmitted to hospital and promoting their recovery to minimise dependence on long-term services. A far lower proportion of delayed transfers of care are attributable to social care than is typical nationally.	While we continue to make progress we still have more to do to facilitate prompt discharge from hospital including in ensuring the access to and sufficiency of personal care and residential/nursing care services. We still need to minimise occasions on which our short-term service capacity is used to backfill where we can't source care.	Our service sufficiency challenge is primarily one of workforce recruitment and retention in the independent and voluntary sector, exacerbated by high levels of employment in Devon, with the continuing risk that Brexit will worsen the situation. Approaches include 'Proud to Care', guaranteed hours contracts, and provider development.

Key insights from performance (4)



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Choice and control: are people having greater control over the services they use and being equal partners in decisions about their Pre?	The results of the national surveys of service users and carers in Devon are mixed but the choice and control and quality of life of service users are both improving.	Given our emphasis on 'promoting independence' we remain concerned at the declining trend in Devon of carers of people who use adult social care services who feel they have control in their everyday lives and in their quality of life.	We recognise that mechanisms intended to enhance choice and control such as direct payments don't always have that effect if not well targeted and supported and are reviewing our approach accordingly with a focus on working age adults with disabilities.
Accessibility: are people who need treatment or care receiving this promptly and effectively in the most appropriate setting?	We have consistently achieved better overall satisfaction ratings for our services than all the national, regional and comparator averages and are now 11 th of 150 local authorities in the country. Similarly, the <u>Care Quality</u> <u>Commission</u> rates regulated services in Devon more highly than all comparators.	We have good quality services but they are not always available to the right people in the right place at the right time. Our health and care system needs to continue to work together making the shifts in investment required by our Integrated Care Model to support a changing population at home wherever possible.	Ensuring people are supported to be independent in their own home when resources are limited is a challenge that can only be met by working together as a more integrated health and care system with political and public support. The <u>NHS Long-Term Plan</u> sets the policy context we must respond to. We await clarity on social care reform.

Key insights from performance (5)



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Outcome	Areas of Strength	Areas for Improvement	Priority Action
Care at home: is care and support available in the community and in people's homes? Page 72	For several years Devon has placed a lower proportion of its older people into care homes than comparators, supporting them at home in the community instead. It is this combination of lower residential numbers and lower than average costs that enables us to spend less than the regional average on adult social care.	We still meet the needs of too many working age adults through residential care when they would be better supported in the community. Comparative data also indicates we are supporting younger adults who would be living independently elsewhere and we are focussing on this population in the coming year.	Continuing this shift from care in hospitals and care homes to supporting people to live as independently as possible at home depends on making the investment in community based services in health as well as care and securing the provision and workforce that will sustain that shift including for people with dementia and mental health needs.
Safeguarding: are people being kept safe and treated with dignity and respect?	Deep dives and case audits into our safeguarding practice indicate that concerns about people are appropriately responded to and activity levels have risen and are now close to comparator rates. The <u>Care Quality Commission</u> rate our services better than is typical nationally, regionally and in comparator areas.	Too many people in Devon perceive that they are unsafe despite evidence indicating the contrary. This is especially so for those who feel they are socially isolated. Our waiting list for <u>Mental</u> <u>Capacity Act</u> DoLS assessments is still too long, although now reducing.	We have a safeguarding improvement programme informed by our intelligence that continues to impact on frontline practice and have agreed a Peer Review facilitated by the Local <u>Government Association</u> for March 2020. We are plan to invest in further additional capacity to

Key insights from performance (6)

older people.



Areas of Strength Areas for Improvement Priority Action Outcome Workforce: do we Our 'Proud to Care' campaign We need to extend our 'Proud We still struggle to recruit have a sufficient and retain sufficient staff, to Care' campaign and work has been adopted locally, and well trained regionally and nationally to especially in frontline care across the health and care workforce? promote health and care as a giving roles in the system to recruit and develop a workforce to meet changing independent sector. career. needs and services. The quality and commitment This is impacting on our of our workforce has been ability to deliver the right Ultimately, in the context of care to the right people at recognised over successive Brexit, we may have to pay Page the right time in the right years in the Social Worker of more to secure sufficient. place, especially personal the Year Awards. quality care, delivered by well trained and committed staff. 73 care. **Our Disabilities** Activity: how We now support no more The comparative number of people with physical and does the number older people than **Transformation Programme** learning disabilities we serve needs to impact on both the of people we comparators but still provide is higher than elsewhere. number of people we serve services to a significantly serve compare with elsewhere? greater than benchmark and the levels of support they Intelligence also indicates proportion of younger adults. receive by promoting their we should be supporting independence including more people with dementia Our 'Home First' policy has through employment. enabled us to progress from at home for longer rather being a comparatively high to than resorting to residential Our commissioners must a comparatively low user of work in partnership with the options too soon. residential services over the independent and voluntary sector to ensure sustainable last decade, especially for

and sufficient services.

Key insights from performance (7)



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Cost: how does the cost of services compare with	When compared with the south-west region, our unit costs are generally at or below the average.	Unit costs in Devon are now rising more rapidly than elsewhere in the region from a lower base.	We are about to embark on a regional framework for residential care to people with learning disabilities.
elsewhere? Page 74	Our new contractual framework paying a 'fair price for care' is requiring additional investment to sustain sufficiency and quality.	At current levels of funding we are balancing sufficiency, quality and affordability; funding increases are barely covering national living wage driven pressures on costs.	We are now reviewing our Living Well at Home framework for commissioning personal care regarding our use of primary providers and ready for a new tendering exercise.
Spend: how does what we spend compare with elsewhere?	Overall, we are an average spender on adult social care services nationally, and one of the lower spenders on long-term support in the south-west region.	We spend little more now on services to older people than we did ten years ago. All of the additional investment made by the council has gone into services to working	We are waiting on the outcome of the general election to see whether the reform of adult social care and its funding is on the agenda.
	Where overspends have emerged we have a track record of making tough choices to sustain services although 2019-20 is proving challenging following a tough budget settlement.	age adults on whom we now spend a greater proportion of our resources. This is a national trend but we spend more than is typical on people with learning disabilities.	The national debate has focussed on older people, and catastrophic care costs, while working age adults with disabilities are the priority in our change programme.

Change programme: Prevention



Theme	Initiative	Progress
Prevention: enabling more people to be and stay healthy.	Social Prescribing: developing a system-wide approach to linking people to voluntary sector support as a means improving health and wellbeing and changing patterns of health and social care service demand.	We have made progress in taking a whole system approach to the spread and adoption of social prescribing and community referral across Devon alongside Primary Care Network partners as part of the Prevention STP programme. We are exploring the use of social prescribing at all three levels of the care pyramid: Universal, Targeted and High Intensity
Page 75	Stimulating the voluntary sector: through targeted seed-funding and community development.	Our communities function is attracting external resources into Devon's voluntary sector e.g. through crowdfunding as we week to support the voluntary sector across the county
	Making every contact count: a training initiative for professionals across the health and care system.	The 'Healthy Conversation Skills: Making Every Contact Count' training opportunity is more widely available to health and care staff working to directly support people in making positive changes to their physical and mental health and wellbeing.
	Falls prevention: working across the health and care system to reduce the incidence of falls.	We are working on significant whole system investment in falls prevention and specialist fracture liaison services funded via the STP Prevention Programme.
	<u>Re-procurement of</u> Public Health- lifestyle services.	The 'One Small Step' service provides a tiered approach with the promotion of healthier choices, open access advisory services, the free availability of motivational tools, and specialist support available to those who would benefit from it most.

Change programme: Empowerment



Theme	Initiative	Progress
Empowerment: enhancing self- care and community resilience. Page 76	Personalisation: using direct payments and Individual Service Funds to give choice and control.	We continue to offer and encourage direct payments where they support people in promoting their own independence and give people real choice and control
	Employment: working with employers to support people into and in employment.	Our ' <u>Ready When You Are</u> ' campaign and virtual employer hub developed with the DWP and Learn Devon promotes the employment and employability of people with disabilities and mental health needs.
	Strength-based care management: improving our care management practice and process.	Our programme of continuing professional development for frontline staff focusses on developing strength-based practice; we will be working hard on equipping staff for our new practice model over the next 12–18 months.
	Technology Enabled Care Services (TECS): equipping homes with aids that maximise independence.	We have promoted our offer including through a TECS house and bus and innovation sessions to identify and promote best practice and encourage take-up in this fast developing area.
	Caring Well in Devon: implementing our contract with <u>Westbank</u> to support carers in their caring role.	Our new contract with <u>Westbank</u> has been implemented and we are working hard together to improve the way carers are supported in Devon.
	Preparing for Adulthood (PFA): ensuring young people experience a smooth transition to independence.	Our PFA Team is working with young people and families at an earlier age providing accessible information so families know what to expect when transition occurs.

Change programme: Support at home



Theme	Initiative	Progress
Support at home: integrating and improving community services and care in peoples home	Living Well at Home: developing our personal care framework to maintain capacity and improve outcomes.	Our Living Well at Home contractual framework is well embedded and we are now considering how best to meet our personal care market needs in the coming years as we continue to focus on securing sufficient care when and where it is needed with the market challenges that exist.
	Supporting Independence: individualised support to assist independent living.	Our supporting independence contractual framework has been implemented, including the greater use of assistive technology, and we continue to look for ways to improve our offer,
	Short-term services: developing an integrated reablement, rehabilitation and recovery offer.	Our reablement and rapid response services are better integrated but capacity is being diverted to fill gaps in the personal care market limiting their impact on promoting independence and this is something we continue to seek to address.
	Enabling: targeted short-term support to people with disabilities to develop their independent living skills.	We have now remodelled our Reaching for Independence service which focusses on enabling people to progress to become less dependent on support over time.
	Day opportunities: purposeful and interactive group-based activities.	Our approach to day opportunities for working age adults continues to focus on employment and meaningful, mainstream activities.
	Supported living: ensuring the right balance of group and individual support in supported living settings.	We encourage supported living over residential care and review people's needs to ensure the best balance of individual and group support to promote their independence.

Change programme: Specialist care



Theme	Initiative	Progress
Specialist care: delivering modern, safe, sustainable services. age 78	Housing and accommodation: improving the range of housing and accommodation options in Devon.	We are developing a strategy to give people a true choice in where they live. This includes mainstream housing, housing with care and support, and residential/nursing care and we will work with the whole system to make this a reality.
	In-house services review: ensuring our in-house residential and respite services are fit for purpose.	We keep our remaining in-house services under review to ensure value for money and to achieve best outcomes for the residents of Devon.
	Residential and nursing care framework: implementing a new contract for older people.	We have implemented a new contractual framework with care homes that is more responsive to the individual needs of the people we whole or part fund and are considering plans to extend from older people to all adults.
	Regional commissioning: taking a more regional approach to commissioning specialist bed-based care.	We are currently working with commissioning colleagues in the south-west <u>ADASS</u> region to explore the potential of regional approaches to improve commissioning and quality assurance particularly for those with learning disabilities and/or autism.
	Quality assurance: maintaining the comparatively high-quality care in Devon by investing in quality assurance and contract management.	We continue to improve our intelligence-led approach to identifying providers who can benefit from support and the proportion of regulated care provision rated Good or Outstanding in Devon continues to exceed all comparators.

Change programme: Supporting strategies



Theme	Initiative	Progress
Supporting strategies: developing our workforce, markets and information technology. 20 79	Internal workforce strategy: developing our care management capacity and capability.	We have a dedicated team of HR and Service Professionals, focussed on developing and delivering our Workforce Strategy and <u>'Working for Devon</u> ' campaign. This aligns to STP Workforce and 'Proud to Care' strategies regarding attraction, career pathways, grow your own, learning/development and health/wellbeing.
	External workforce: using our <u>Proud to Care</u> campaign to promote health and care careers.	We now have 280+ <u>Proud to Care Ambassadors</u> promoting health and care careers around the county and will continue to take on more. The brand has been adopted regionally and nationally and we will be piloting Student Nursing Associates from March 2020.
	Information Technology: working across our health and care partnership on integrated IT solutions.	Our <u>Microsoft partnership</u> has been recognised nationally and we share a <u>digital roadmap</u> with STP partners. We have successfully deployed Office 365 collaboration tools to DCC and CCG staff and this year will begin the process of reviewing and upgrading our core Care Management system and investing in our Market intelligence.
	Market Development: working with social care providers to improve quality and sufficiency.	Our market development work is recognised by <u>ADASS</u> as leading the south-west region, in particular our use of intelligence to manage sufficiency and improve quality.
	Safeguarding: working with our partners through the Safeguarding Adults Board to improve the safeguarding of vulnerable people.	We have undertaken deep dive and case audit work to inform an improvement programme and are planning a Peer Review facilitated by the Local Government Association in March 2020 to assess our progress.





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Promoting Independence in Devon Our Annual Report for Adult Social Care 2019

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Promoting Independence in Devon 2019





Introduction

Introduction

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We aim to help adults in Devon find the support they need to stay healthy, happy and independent.

Given the choice most people want to stay living safely at home, surrounded by their family, community and friends, where they can retain their independence for as long as possible.

Writing an annual report on adult social care in Devon gives us the opportunity to reflect on how well we are achieving this aim, meeting the needs of our population by responding to the priorities expressed in our vision for adult social care which the people we serve, and the providers and staff who serve them, helped us to develop.

We do this in a context when the outcome of the recent General Election promises changes to how adult social care is funded and provided. With continuing uncertainty regarding Brexit we remain vigilant to minimise any disreption to our services. This year we have included some analysis of the national scene so that readers can see dow the situation in Devon compares.

We are among the areas of the country that are in the process of integrating the commissioning and operation of our health and care services. We have worked closely with our health partners to determine and deliver our local response to the <u>NHS long-term plan</u> – <u>'Better for You, Better for Devon'</u> – due to be published soon. Our vibrant market of adult social care providers in the independent and voluntary sector whom we commission services from are key to achieving good outcomes for the people we serve.

We structure our annual report around the strategic priorities and outcomes agreed by organisations across the health and care system in wider Devon so that this report can be read alongside those published by our partners and in our 2020 report we will include an assessment of how well we are delivering against those priorities.

We draw upon a wide range of quantitative and qualitative information in assessing our current performance and put this summary into the public domain to inform democratic scrutiny, peer review and public participation in our planning for the future. As well as data about the needs of people, the services they receive, and the outcomes they achieve we also seek feedback from them in surveys and involvement groups and thank everyone who has given up their time in helping us to reflect and improve.

Introduction (2)



The process of writing our annual report helps us to reflect on our priorities for the coming year and how we intend to address them:

- We remain focussed on securing sufficient, high quality and affordable services especially in personal, residential and nursing care, and in working with health colleagues to minimise admissions to, length of stay in' and delays in discharge from hospital.
- The key to this is attracting and retaining sufficient workforce across the sector when the labour market in Devon is competitive; this means valuing all those who work in caring professions and doing what we can to improve their terms and conditions of employment.
- The high cost of housing is one of the challenges in attracting new workers into the area, and of suitably ecommodating those people who have social care needs; we are strengthening our partnerships with the ety and district councils in Devon to focus on this.
- Nationally, the debate on adult social care is focussed on older people and their care costs but we spend more of our budget on young people and working age adults with disabilities or mental health needs, and our change programme is oriented towards promoting their independence.
- With our population, their needs and expectations changing, we are working differently through a strengthsbased approach to care management practice and an integrated care model that brings together health and care services around the individual and their carers where they live in their community.



Jennie Stephens Chief Officer for Adult Care and Health



Councillor Andrew Leadbetter

Cabinet Member for Adult Care and Health



Monitoring the quality of services and pushing for improvements is an enduring theme for Scrutiny. Members have continued to monitor performance across the wider health and care system focussing on a range of measures covering acute and community hospital settings, primary care and social care.

Very much at the forefront of the Committee's work in 2019 has been the development of the <u>Devon Long</u> <u>Term Plan</u>. Local systems have been asked to set out the pepulation health challenges they will face over the next by years and the plans they will put in place and deliver to address the challenges moving towards an <u>Integrated Care System</u> in Devon. Amongst a host of issues in 2019, the Committee has also considered:

- The creation of a single NHS Devon CCG;
- Promoting independence for adults with disabilities;
- Improving access to General Practice;
- Winter pressures;
- Local suicide prevention planning approach;
- Ofsted and the Care Quality Commission inspection reports;
- Developing the integrated short term care offer;
- Workforce recruitment and retention;
- Finance and performance.

Outside of the work undertaken by members at the formal <u>Health and Adult Care Scrutiny Committee</u> meetings, councillors have been involved in a huge amount of activity to both aide their understanding of the health and adult care system and to monitor the way in which this system is operating.

Through the Health and Adult Care Standing Overview Group members have met at regular intervals with health providers to review their priorities in terms of improvement for 2019-20 and their subsequent progress at meeting their targets. Senior staff from the Royal Devon & Exeter NHS Foundation Trust, Devon Partnership Trust, Northern Devon Healthcare Trust, South Western Ambulance Service Foundation Trust and South Devon Foundation Trust attended meetings with members of the Committee. In addition to this role with providers, the Chair has continued to monitor closely the performance of Northern Devon Healthcare Trust following the January 2018 Requires Improvement CQC rating. The Standing Overview Group also looked at:

- The Mental Capacity Act and the Deprivation of Liberty Safeguards;
- Market Position Statement;
- Primary Care Networks;
- NHS Long Term Plan.

Health and Adult Care Scrutiny (2)



Members have undertaken a series of visits to health and care settings across the county to further develop their understanding of how the model of care in Devon is working operationally and the key issues affecting services from a frontline perspective. Members visited:

- <u>Community Health and Care Teams</u> in Seaton, Axminister and Sidmouth.
- South Western Ambulance Service Foundation
 <u>Trust HQ</u>
- <u>Tayistock Community Hospital;</u>
- Vest Devon Community Health and Care Team;
- <u>Tavistock Wellbeing Hub;</u>
- <u>The Ness Dementia Centre, Teignmouth;</u>
- Chiddenbrook Surgery, Crediton.
- The Psychiatric Intensive Care Unit and the Mother and Baby Unit at the Devon Partnership Trust.

The Committee has undertaken a spotlight review on Carers, with a final report due to be published shortly, meeting with over 100 carers to discuss their experience of being a carer in Devon and the support they have received. Health and Adult Care Scrutiny members have also undertaken a joint piece of work with the Children's Scrutiny Committee on the Local Area Special Educational Needs and Disabilities Inspection by Ofsted and the Care Quality Commission. Scrutiny Members have received regular development sessions in the form of masterclasses to further their understanding of key areas of the Council's business and relevant issues affecting Health and Adult Care. Topics this year have included:

- Developing a Long Term Plan for Devon;
- Adult Social Care Support for Prisoners;
- Using Technology and Digitally Connected Care;
- Future of Hospital Services;
- Devon's approach to Dementia;
- NHS England and NHS Improvement.

Councillor Sara Randall Johnson, Chair, Health and Adult Care Scrutiny Committee 'thanked officers from Adult Social Care and their Health colleagues for their tireless work, as well as their time, advice, open dialogue and support given to broaden and increase the member's knowledge base in what is a hugely complex area.'



Sara Randall-Johnson

Chair, Health and Adult Care Scrutiny Committee

Sector-led improvement



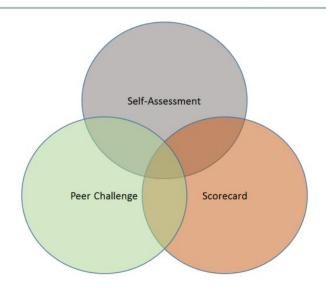
The adult social care functions of local authorities are not subject to routine inspection.

Instead, we participate in a national and regional approach to sector-led improvement which includes:

- The publication of an annual report;
- Regular self-assessment subject to external moderation and challenge;
- The undertaking of mandatory returns
 Evering a wide range of data and using
 Sights gained from comparative analysis to inform improvement planning;
- Periodic peer review.

This process is facilitated nationally and regionally by the Local Government Association working with the Association of Directors of Adult Social Services and is the context in which this annual report (or 'local account') is written.

<u>The Department of Health and Social Care</u> are now introducing dashboards and local area reviews to encourage the organisations across health and care systems to work more effectively together and future improvement activity is likely to have an increasingly whole system focus.



Councils make a range of statutory returns to allow comparisons to be made between local authority areas covering:

- The views of service users and carers;
- The outcomes they achieve;
- Cost and spend;
- Activity;
- Safeguarding;
- Workforce;
- Service quality.

We signpost to the published data and tools at the end of this report, highlight insights gained in the evidence we present, and use them in our self-assessment.

Safeguarding Adults Peer Challenge



A **team of independent experts** will be visiting Devon from 16th to 19th of March 2020 to review our multi-agency safeguarding adults system.

Preparation has included partners collaborating on a comprehensive **self-assessment** and a **multi-agency case audit.**

The **standard themes** used for all Safeguarding Adults Peer Challenges are:

- 1. Outcomes for, and the experiences of, people who use services
- 2. Leadership, Strategy and Working Together
- 3. Commissioning, Service Delivery and Effective Practice
- 4. Performance and Resource Management

An **additional priority theme for Devon** will be people with complex risks:

The systems effectiveness in safeguarding people with complex risks, particularly those who are hard to reach or who could fall through gaps between services and support. Reviewers will view our system through the lens of the following themes:

Integration.

- Making most of the opportunities of integration with Health to improve safeguarding training, practice, and outcomes.
- Managing the risks of competing priorities.

Public Awareness

- Raising awareness of all types of abuse, neglect, trauma and exploitation of adults with care and support needs, or other vulnerabilities.
- Helping people and communities to prevent all types of adult abuse, neglect and exploitation and feel safe.

Making Safeguarding Personal

- Listening and acting on the information and views we hear from people who are at risk.
- Co-production of safeguarding activity and processes on both an individual basis and with our wider communities and partners.
- Understanding the impact that safeguarding has on people's lives in Devon.

Our story in Devon



15 years ago in Devon we spent a greater proportion of our budget on maintaining people in residential care than almost anywhere else in the country, despite most people preferring to be supported at home to live as independently as possible. Much of that care was provided by care homes we operated ourselves at increasingly unaffordable cost.

Community health and care services and staff were still organised separately but joint working, beginning with a share strategy, led to community based staff being colocated and co-managed. Through joint appointments and partnership working in commissioning we developed shared strategies for how health and care services would be better organised around the needs of individuals, communities, and our populations.

Following the financial crisis of 2008, our budgets came under increasing pressure. Our population is more aged and ageing faster than in most areas. In particular, people with physical and learning disabilities are living longer with increasingly complex needs, a success of the health and care system that is also a pressure on it.

In the early years of the austerity period we achieved savings by reducing management and other overheads, controlling costs, reorganising our care management arrangements to do more assessment, review and support planning by phone and focussing on our statutory responsibilities. We then reviewed the services we delivered ourselves, and where they were not giving best value looked at other options working with providers in the independent and voluntary sector.

Four years ago we made explicit our approach of promoting independence as our contribution to the council's strategy of supporting people to keep their lives in balance by focussing on what matters most to them and shaping the economic and social context in which they can thrive. We use strengths-based practice in our commissioning, assessment and support planning to identify the assets of people and their communities and find solutions to people's needs based on them.

We spend no more on older people now than we did a decade ago, with that population being generally healthier and often wealthier than before, and having different preferences for how they are best supported to live independently at home.

We are now working with adults with disabilities of working age, who we often support over a lifetime, in a similar way. Our commissioned services are highly rated by the <u>Care Quality Commission</u> but it is increasingly challenging to sustain their sufficiency, affordability and quality. The challenges we face can only be met by working together with communities and as a system.

What 'Promoting Independence' means



The case for change:

- As the population of Devon changes, with people living longer, including those with long-term conditions and disabilities, **demand for adult social care is increasing**, making it more challenging to maintain sufficient, high-quality, affordable services.
- The biggest referrers to adult social care in Devon are the NHS and we can only change the culture and practice of our health and care system by working together to achieve the best outcomes.
- The health and care system is financially
 Challenged, and we need to transform the way we do things by supporting more people in their communities and own homes if the current system is to become clinically and financially sustainable.
- We need to change our models of delivery and commissioning approaches to those that are centred on the person and promote their independence, not encourage dependence on services when there are better solutions for them.
- In particular we need to make **more short term services** available to support people with fully integrated, community-based health and care services to maximise their independence in their own home wherever possible.

What promoting independence means:

- Through **prevention**: creating the conditions where people and communities help themselves.
- In **integration**: making independence the key outcome of all services and the core principle of shared culture, preparing people for recovery in all stages of health intervention.
- At **first contact**: effectively meeting people's needs through information, advice, signposting, diverting them from dependence on care services.
- In our **care management practice**: focussing on strengths of individuals, their families and social networks, and their communities to help people help themselves and each other.
- Through **short-term interventions**: developing the range of services we offer collaborating with NHS partners, extending their reach, improving their effectiveness, and ensuring appropriate access and triage.
- Through **long-term services**: making the default expectation the maximisation of independence, introducing outcomes-based commissioning to achieve this.



People sometimes tell us they want to engage with what we are trying to achieve, why and how but don't understand how our various strategies and plans fit together:

Document	Purpose
<u>Joint Strategic Needs</u> <u>Assessment</u>	This statutory document gathers together the main evidence that helps us understand the population of Devon and their needs. It is refreshed annually.
<u>Joint Health and</u> <u>Wellbeing Strategy</u> age	This statutory document considers that evidence and sets the priorities and goals we want to achieve for the people of Devon. It is agreed by the <u>Health and Wellbeing</u> <u>Board</u> on a three year cycle. All organisational and partnership strategies and plans should refer to it.
The Mder Devon Sustainability and Transformation Plan	This statutory document takes the health and wellbeing priorities for Devon, Plymouth and Torbay and determines how health and care services should be shaped to deliver those objectives. It informs the operating plans of each partner.
<u>Our plan</u>	'Promoting Independence in Devon' is the five year operating plan for adult social care in Devon and is refreshed annually.
Our vision	It incorporates a vision for the distinctive role social care has to play in the health and wellbeing system.
Our Annual Report	Our annual report assesses how well we are doing in delivering that plan and whether we are making a positive difference to people's lives.
Our Market Position Statement	This statutory document considers the demand for and supply of social care services and is aimed at the market of service providers we commission from.
Our service strategies and plans	We also publish strategies and plans, jointly where appropriate, regarding specific services and how we intend to meet the needs of particular groups.

Our vision and plan for adult social care



Our vision for adult social care in Devon is supported by a plan for its delivery

Our Vision

Informed

People who know how they can get the support they need, when they need it, to help with the things that matter most to them.

Secure

For ple who feel safe and confident, so that they can make the choices they want about how they live.

Connected

People who have rewarding relationships and involvement with others in their social networks and communities

Independent

People who can lead lives that are as independent and fulfilling as possible through being, **Informed**, **Secure** and **Connected**.

How we work

We will:

- Listen to people to understand what is important to them
- Learn what people's abilities and challenges are.
- Recognise and nurture people's potential
- Support people to achieve their aims and goals
- Inspire and empower people through our own behaviour
- Be ambitious and have high expectations for ourselves and others
- Listen, learn and adapt, particularly when things go wrong
- Be brave, agile and innovative
- Demonstrate collective responsibility, and confidence.
- Respect our differences in an open, honest and trusting way
- Celebrate success

We will promote these values and priorities to everyone we work with

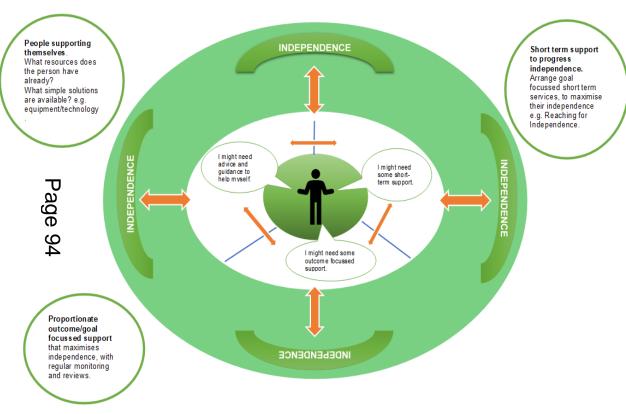
Priorities

- Promoting Independence through;*
 - o Identifying and making the most of people's strengths
 - o More use of effective short-term support
 - o Supporting and working in partnership with Carers
 - o Enabling and developing communities to support targeted prevention.
 - o Enabling people to gain employment wherever possible
 - o Creative use of technology
 - o Commissioning services that target prevention and promote independence
- Protecting Adults At Risk of abuse and neglect and helping them to feel safe*
- Reducing isolation and loneliness*
- Delivering timely, effective and efficient assessment, planning and support services for people with care and health needs*
- Continue to work with NHS and other partners to enable people to experience more joined-up support, care and health services
- Ensuring that the services that people need are available and of a high quality*
- Being able to arrange services that are closer to peoples home.
- Giving equal priority to people's mental and physical needs, and to mental and physical care and health services
- Improving our workforce and its ability to provide quality services*
- Financial sustainability*

*Progress to be monitored and reported on through the Adult Social Care Performance Framework, and Budget reporting

Improving social care practice





The practice model will be built on the principles of our 'promoting independence' policy:

- Supporting people to support themselves;
- Focus on what matters to the person;
- Short term support to progress independence;
- Proportionate outcome focused commissioned support.

Commissioners will work with providers of services to develop them in ways which share the same 'promoting independence' principles.

With the principles of our '**promoting independence**' approach well established, we are developing a new **Social Care Practice model** that is built around them and our supporting <u>vision</u>, <u>plan</u> and <u>policy</u>.

It is designed to provide a framework that guides practitioners in thinking in how they work with individuals and have the <u>different conversations</u> need for this approach to work.

The practice model will describe how we work with people and their families and decision making by providing a framework for all contacts from first contact through to assessment, support planning and review.

Our Market Position Statement



Demographic and needs analysis:

- There will be an extended surge in demand over the next thirty years, as the "Baby Boomer" generation reaches older age.
- 2. People with physical and learning disabilities, sensory needs and/or autism are living longer with more complex needs.
- 3. In line with national trends there is an increasing prevalence of need for people with autism.
- 4. The profile for people with mental health needs (not impluding dementia) is more evenly distributed across the life course.
- 5. The MPS sets out a number of wider impacts on demand including:
 - Population growth, rising by 33,000 people over the next five years;
 - An increase in the number of people who are living for longer in ill-health;
 - An increase in preventable illnesses, such as diabetes;
 - Funding pressures;
 - Rapid changes in the volume and nature of demand.

The Market Position Statement considers:

- 1. The viability and cost-effectiveness of provision.
- 2. Quality: which is generally higher than comparators
- 3. Workforce: recruitment, retention and remodelling
- 4. Sufficiency: which is challenging in some markets
- 5. Fast-changing profiles of need
- 6. Patterns of investment and suitability of buildings
- 7. The pattern of supply and its responsiveness
- 8. Potential for innovation
- 9. The needs and contribution of unpaid carers
- 10. The potential impact of Brexit

Our immediate priorities are:

- 1. Improving supply of care home placements for people with complex needs.
- 2. Addressing a shortfall of circa 2,500 hours per week in the regulated personal care market.
- 3. Delivering alternative "care with accommodation" solutions for adults of all ages.
- 4. Addressing shortfalls in the unregulated market to support people's independence.

Devon health and wellbeing strategy



The main current and future health and wellbeing challenges highlighted in our <u>Joint Strategic Needs</u> <u>Assessment</u>:

- 1. An ageing and growing population.
- 2. Access to services, including socio-economic and cultural barriers.
- 3. <u>Complex patterns of urban and rural deprivation</u>.
- 4. **Bo**using issues(quality and affordability).
- 5. Parlier onset of health problems in more deprived areas (typically 10-15 years earlier than the least deprived areas).
- 6. Poor mental health and wellbeing, social isolation and loneliness.
- 7. Poor health outcomes caused by modifiable healthrelated behaviours.
- 8. Pressures on services (especially unplanned care) caused by increasing long-term conditions, multi-morbidity and frailty.
- 9. Shifting to a prevention focus across the health and care system.
- 10. Unpaid care and associated health outcomes for carers.

Our principles are:

- 1. Prioritise prevention and early intervention across the health, care and wellbeing system.
- 2. Support the growing contribution of voluntary, community and social enterprise organisations.
- 3. Recognise the diversity that exists across Devon, and respond to avoidable health inequalities.
- 4. Seek to ensure that Devon's citizens have access to the information and support they need.
- 5. Adapt for the future by developing communities that support people with more complex needs.
- 6. Develop the wider health and wellbeing workforce and embrace digital solutions.

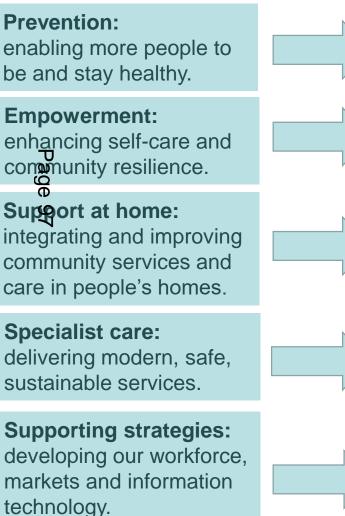
Our priorities are:

- 1. Create opportunities for all: inclusive economic growth, education and social mobility.
- 2. Healthy, safe, strong and sustainable communities: promoting wellbeing where we live, work and learn.
- 3. Focus on mental health: building good emotional health and wellbeing, happiness and resilience.
- 4. Maintain good health for all: supporting people to stay as healthy as possible for as long as possible.

Working together as a system



Our vision and plan for adult social care are aligned to realising the priorities and outcomes we have agreed working together as a health and care system across Devon:









Independence: more people living independently in resilient communities.

Prevention: more people choosing and enabled to live healthy lifestyles and fewer people becoming unwell.

Self-management: people have the knowledge, skills and confidence to better manage their condition.

Early intervention: the health and care system being ready and able to intervene early and avert deterioration and escalation of problems.

Care at home: more care is available in the community and in people's homes.

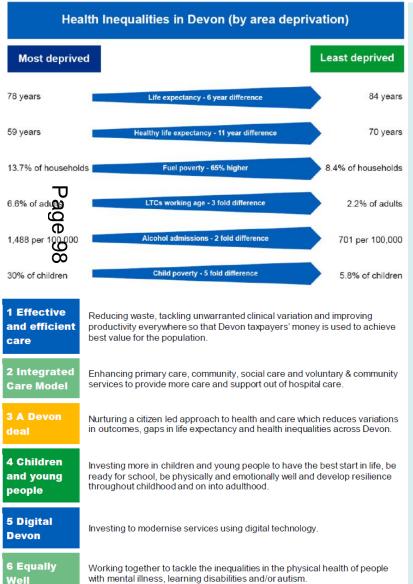
Choice and control: people having greater control over the services they use and being equal partners in decisions about their care.

Accessibility: people who need treatment or care receiving this promptly in the most appropriate care setting.

Specialist services: people going into hospital only when necessary and being discharged efficiently and safely with the right support.

Devon's long-term plan for health and care





The Case for Change describes why and how the health and care system in Devon needs to develop:

- Devon's population will grow by 33,000 over the next five years
- By 2030 there will be 36.5% more people over 75 years
- The amount of time people live in good health has been decreasing since 2012.
- The prevalence of dementia is growing by 1% annually
- On average a person will consume a third of lifetime healthcare costs in the last two years of life the number of deaths is rising.
- Inequalities of deprivation and outcome are not distributed evenly across our geography.

Better for You, Better for Devon shows how:

- More people will be supported in their home and community and unnecessary urgent admission to hospital avoided.
- Integrated services will support the increasing number of people with complex long term health conditions.
- Health inequalities in each locality will be addressed.
- The challenges of increasing demand on the utilisation of hospital beds especially in the Western system will be met.
- Planned changes to the system will improve performance and reduce unwarranted variation in service delivery.



The Devon Integrated Care Model Delivery Framework

System integration	One team Place-based care and support systems		
Common purpose Agree a common purpose and a shared vision for Integration. Set clear goals and outcomes	Operational framework Align service delivery to clear set of benefits for local people	Risk stratification Identify people who will benefit from proactive support	
Colleborative culture Foster a collaborative culture across health, social care and wider partners	Integrated commissioning Enable access to joined up health and social care resources	Access to information People have access to information about local services and make informed decisions	
Resource allocation Cross-sector agreement about resources available to deliver ICM inc. community assets	Shared records Address barriers to sharing digital care records	M DT Training Invest in development and joint training to transform culture and ways of working	
Accountability Provide system governance and assure system accountability	Community capacity Integrated health and social care and mental health services focusing on care closer to home	Personalised care plans Develop personalised care plans with people using services	
Workforce planning Lead system-wide workforce planning to support delivery of integrated care	Partnership with VCSE Develop community assets providing access to support	Urgent response Single point of access to integrated rapid response to urgent H&SC needs	

Putting the Long-Term Plan into Practice

Key to our plans for the future is the national and local vision for an **Integrated Care Model** which spans primary care, urgent care, mental health and prevention will, promote health through integration, empower communities to take active roles in their health and wellbeing, provide locality-based care model design and implementation, shift resources closer to home, or in people's own homes, and integrate health and social care.

This year the focus has been on supporting **Primary Care Networks** in the development of Link Worker services, building a network of good practice and an evidence-base, developing schemes for **Social Prescribing**; and enabling community development. Learning pilots are underway in the areas of: social isolation, veterans, high intensity users, learning disability, domiciliary care, Delayed Transfers of Care, mental health, long term conditions, frailty and prevention:

environmental, economic and social conditions to promote good health

behaviours so beople do not become ill and stay healthier for onger

Enable more Promote people to be wellbeing and connected to self-care and strong and manage early resilient illness and communities progression Address loss of independence in established illness

Our achievements working together



250 student and qualified Nursing Associates working in Devon's health and social care services A decade of community health and care teams across Devon providing integrated care Agreeing a STP-wide strategy for adults with a learning disability to support independence

Page 19 NHS and Social Care commissioners now colocated to improve collaboration

Rolling out a HOPE Programme to promote the independence of people with Long-Term Conditions Now over 280 'Proud to Care' ambassadors Promoting careers in health and care

A joint approach to reducing the number and improving the quality of out of area placements Jointly funded Mental Health Team established at Exeter University working with our student population An STP wide Carers' Charter encouraging all to consider carers in everything that they do

Our achievements in adult social care



The overall satisfaction of carers with social services has improved against the national trend Our overall service user satisfaction rating is now 11th out of 150 local authorities By promoting independence, numbers dependent on our support now close to comparators

Our 'Proud to Care'
Scampaign is thriving,
having been taken up
regionally and nationally

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450 disability confident employers & 184 people with Learning Disabilities in employment across Devon Expanded Preparing for Adulthood Team supporting young people through transition

High-quality care across Devon with comparatively more providers rated Good or Outstanding

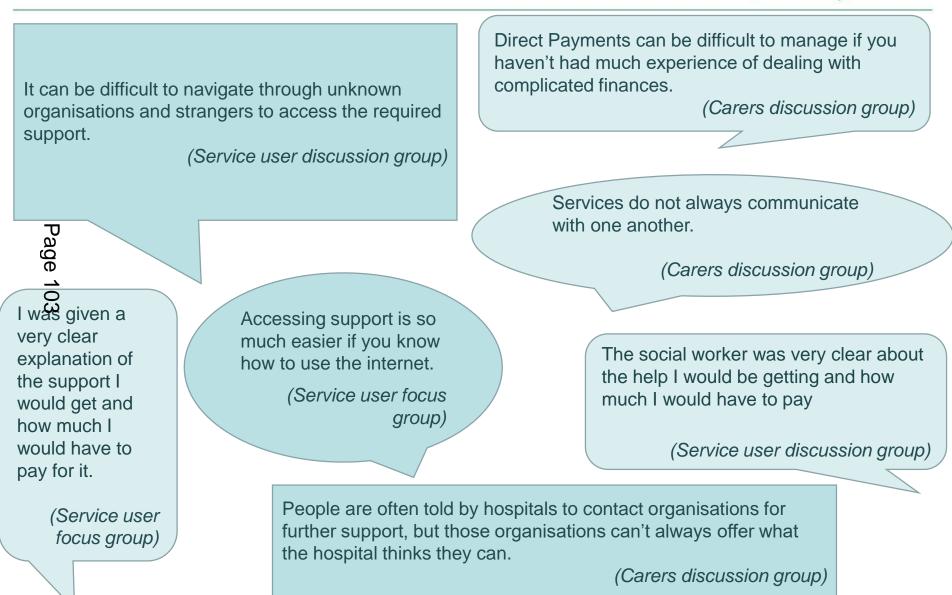
2 gold and 4 silver awards in the last 5 years at the Social Worker of the Year Awards Joint funded pilot programme of 20 Student Nursing Associates in nursing homes from 3/20



Continuing to develop our approach to promoting the independence of working age adults	Supporting people with dementia better in the community	Developing the personal care market to secure sufficiency and affordability
Page		
Pleeting the needs of a population that is ageing and spending more years in ill health	Working with providers to improve workforce recruitment and retention	Ensuring a range of sufficient accommodation with care meeting changing needs as people age
Extending the reach and effectiveness of short- term services that promote independence	Improving safeguarding practice assured through a peer review in March 2020	Significant delays nationally in developing a longer term adult social care funding solution

What people are saying (1)





What people are saying (2)



It is important to have someone who can listen properly and discuss issues with you.

(Service user focus group)

Being put in touch with other people in the same situation was so helpful, there is no substitute for being able to discuss things with people who are facing similar challenges.

Page

(Carers discussion group)

It was so good to be put in touch with people in the same position as myself so we could help one another, sharing experiences with people in similar situations is invaluable.

Carers discussion group

For younger adults transitioning from child to adult services the support seems to diminish...it can feel like you are thrown on the scrap-heap.

(Parent-carer of disabled adult)

I like to go through my person-centred book.

(Learning disability discussion group)

We need to set the balance between independence and caring.

(Service user focus group)

We don't need support all the time, but when we need it we need it fast.

> (Service user discussion group)

Customer feedback



Complaints received 2018-19

Department		Q2	Q 3	Q4	Total
Adult Care Operations & Health		53	37	54	182
Adult Commissioning & Health	1		1	2	4
Adult Provision		1	4	6	15
External Providers		2	3	4	10
Total	44	56	45	66	211

Compliments received

Department		Q2	Q 3	Q4	Total
Adult Care Operations & Health	47	24	26	29	126
Adult Oommissioning & Health		3	2	2	7
Adulterovision	61	69	63	56	249
Total	108	96	91	87	382

Reports are published annually and quarterly on feedback received and responded to. The complaints process is statutory and includes the right to escalate to an Ombudsman if the complainant is not satisfied with the response – 44 instances in 2018-19, an increasing trend, with 13 upheld.

Capturing compliments is good practice and enables good performance by staff to be celebrated and good practice to be identified and encouraged. We also respond to representations and enquiries by MPs and councillors.

MP Enquiries received

Department	Q1	Q2	Q3	Q4	Total
Adult Care Operations & Health	15	17	18	8	58
Adult Commissioning & Health		1	1		2
Adult Provision				1	1
Grand Total	15	18	19	9	61

Representations received

Department		Q2	Q 3	Q4	Total
Adult Care Operations & Health		8	12	60	38
Adult Commissioning & Health	1				1
Adult Provision		1	1	0	12
External Providers			2		2
Grand Total		9	15	12	53

7% of complaints were upheld and 36% partially upheld during 2018-19 with 65% responded to in time.

The top three issues complained about were the quality of service provided, poor communication and staff attitude and related mainly to our care management service. (Complaints about commissioned services are addressed by the service provider in the first instance.)

All complaints involve learning and many responses include agreed actions including staff training and guidance, formal apology and changes in provision.

Promoting Independence in Devon 2019





The National Scene

ADASS Budget Survey

What the National Data tells us







FOR ADULT SOCIAL CARE that plots out how social care links with other public services and supports

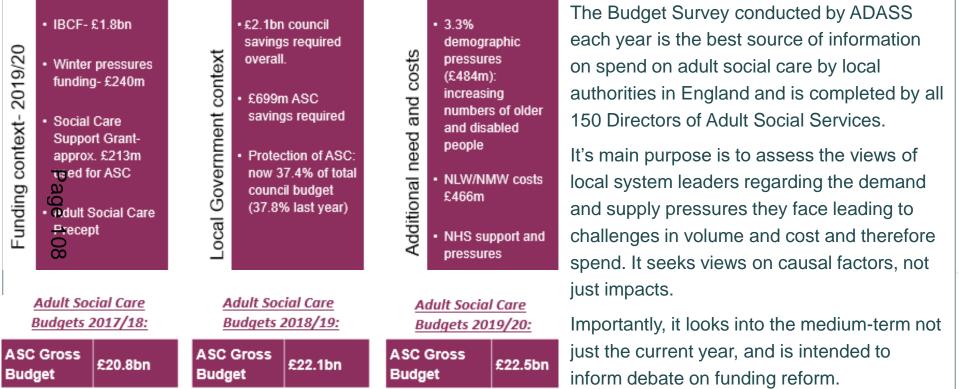
RESILIENT INDIVIDUALS, FAMILIES AND COMMUNITIES.

ADASS is calling on the leaders of the major political parties to make a common commitment to the future of adult social care by prioritising the needs, wishes and aspirations of those of us who are older, disabled or carers and rely on adult social care for support to live a decent life, safe from abuse, as independently as we are able to.

This means putting adult social care on a sustainable footing, something we have been waiting for from successive governments for a long time, despite the publication of successive reviews and promises of a green paper, a national debate to generate consensus, and legislation.

The funding of Adult Social Care





SC Gross udget	£20.8bn	ASC Gross Budget	£22.1bn
SC Net udget	£14.5bn	ASC Net Budget	£14.8bn
SC Net udget utturn	£14.5bn	ASC Net Budget Outturn	£14.6bn
ariance/ /erspend	£0	Variance/ overspend	- £83m

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Budgets 2019/20:				
ASC Gross Budget	£22.5bn			
ASC Net Budget	£14.9bn			
ASC Net Budget Outturn				
Variance/ overspend				

just the current year, and is intended to inform debate on funding reform.

It's secondary purpose is to gather quantitative information in a number of areas where there are gaps in the statutory returns including the quantification of the impacts of provider closures and funding reductions.

The ADASS budget survey: findings



Funding

- £7bn reduction in social care funding since 2010.
- Savings of £699m in 2019/20, the adult social care element of overall council savings.
- Councils are spending an increasing proportion of their total budgets on social care: rising from 34% in 2010/11 to 38% in 2019/20. (More for counties.)
- Elsewhere, 45% reduction in district nurses since 200 and 10% reduction in the Government grant for public health since 2015 impact on social care.

Pressures

- 87% of DASSs report pressures from increases in hospital attendances and admissions, leading to increased need for social care on discharge.
- 71% of directors report these pressures have been exacerbated by insufficient capacity in primary care, community health care or mental health services.
- 74% directors said they felt pessimistic about the financial state of the wider health and social care economy in their area over the next 12 months.

Demand

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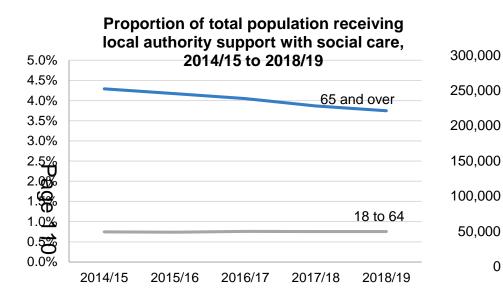
- Demographic changes are expected to cost an additional £484m (3.3% of budget) in 2019/20.
- In 2017-18 17% of directors were most concerned about working age adults, 19% older people and 64% equally; in 2019-20 39% were most concerned about those aged 18-64, 11% 65+ and 51% both.
- 79% of Directors felt that their local authority has been subject to additional costs as a result of the NHS reviewing their application of CHC

Capacity

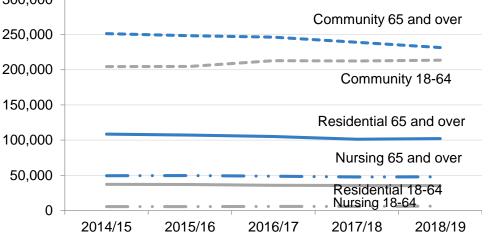
- 86% of directors believe the National Living Wage will be the biggest driver of increases in unit costs equivalent to £448m in 2019-20.
- 48% directors say they have seen home care providers ceasing to trade in the last six months and 25% directors had contracts handed back.
- 79% of directors are concerned about their ability to meet the statutory duty to ensure market sustainability within existing budgets.

People receiving ASC supported by LAs





Long term social care users supported by their local authority at year end, 2014/15 to 2018/19



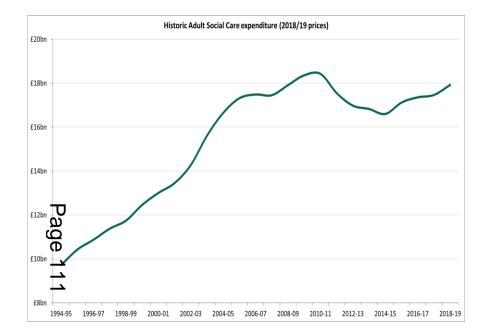
The proportion of older people receiving state funded adult social care has reduced from 4.3% to 3.7% in the last five years following a steeper reduction from 6% in the previous five years.

The data doesn't tell us if this is a consequence of prevention, early intervention, and strength-based practice promoting independence or equates to unmet need. The number of older people and working age adults receiving residential and nursing care has reduced.

The number of older people receiving community-based services has also reduced following more significant reductions in the previous five years, but the number of working age adults supported in the community is increasing.

Expenditure on ASC by LAs





In the decade before the financial crash of 2008-9 spend on social care increased well above the level of inflation.

From 2010-15 spend decreased but has returned to 2008-9 levels since due to additional funding including the precept, winter pressures and adult social care support grants and the Better Care Fund in its various forms.

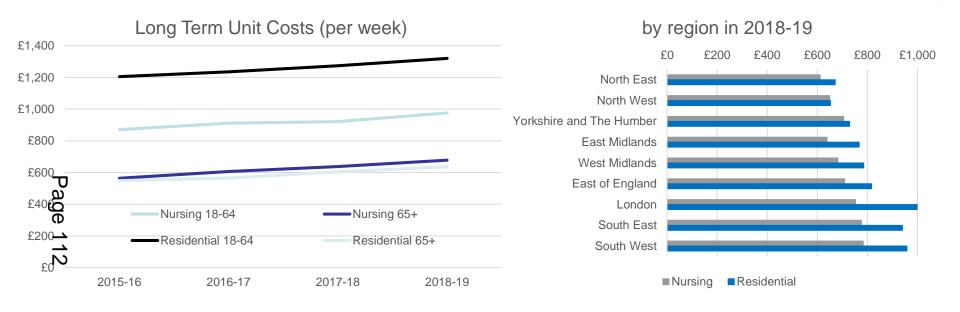
Net Current Expenditure by Age (£Billions, 18/19 Prices) 8.00 7.00 6.83 6.00 6.63 6.56 6.47 6.35 5.00 5.57 5.48 5.36 5.38 5.27 4.00 3.00 3.58 3.46 3.39 3.41 3.35 2.00 2.04 2.10 2.10 1.92 1.00 1.18 0.00 2014/15 2015/16 2016/17 2017/18 2018/19 Non-Age Attributed — NHS Transfer / BCF 65+ -18-64

Net expenditure is greater on working age adults than older people and the gap is widening nationally as well as locally despite the government, media and public narrative focussing mainly on our ageing society.

Market inflation has been rising faster than the headline rate and spend per head has risen significantly, indicating increasing complexity as well as costs rising faster than inflation.

Unit costs: residential and nursing care





Over the last four years unit costs of residential and nursing care have been rising faster than the headline rate of inflation, driven by wage pressures including the national living wage.

Nursing care unit fees are those levied to local authorities and do not include Funded Nursing Care.

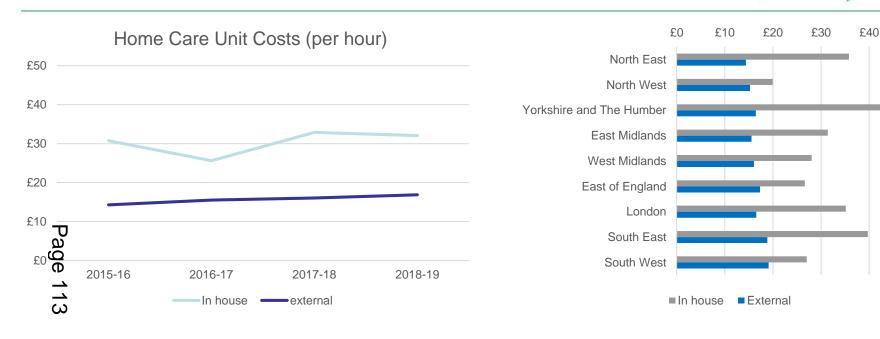
Nursing care fees are those paid for people with nursing care needs; some nursing care homes accept residential care placements. Typically, costs are lower in the north than the south of England (including the South-West) in some instances by as much as a third.

This is driven mainly by regional differences in property values and labour markets. Rising wages have been at least matched by competing sectors. In Devon, this is exacerbated because we have high employment but mainly at lower wage levels.

Unit costs: personal care

Devon County Council

£50



Again, unit costs of personal care have been rising faster than the headline rate of inflation, driven mainly by wage pressures including the national living wage.

Variations in the cost of in-house personal care are peripheral in their impact as the significant majority of provision is from the independent sector.

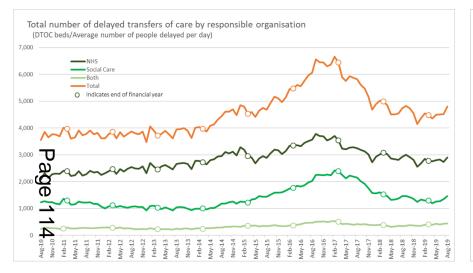
We estimate about half of residential care and over a third of personal care is self-funded. This data only includes that paid for by local authorities. Again, costs are lower in the north than the south of England.

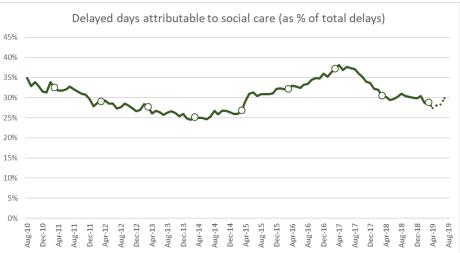
For personal care rurality is also a factor due to travel time and costs being more significant in areas such as the South-West.

As we consider with greater urgency how we move the health and care sector more rapidly towards being carbon neutral this will be a crucial factor.

Delayed transfers of care







Despite all the pressures we are under, since delayed transfers of care peaked in the summer of 2016 significant reductions have been made in the numbers of people delayed in their transfer from hospital.

This has in part been facilitated by the additional funding and focus provided by the Better Care Fund.

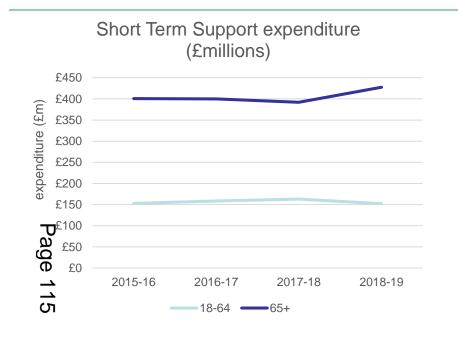
We cannot be complacent: progress made over the last two years have plateaued and other NHS performance indicators are comparatively bad and in decline. We can only maintain progress if we can gain access to sufficient care at home where possible, in a residential or nursing setting where necessary.

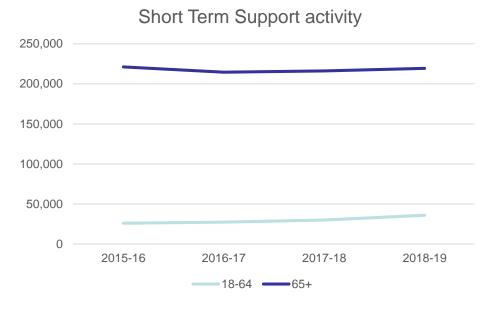
That depends on paying a fair price for care and a fair wage to care workers as well as making further progress towards a health and care system operating 24/7 including weekend discharges.

Self-funders are recorded as attributable to the NHS, as is residential/nursing care and personal care funded by the Clinical Commissioning Groups.

Short-term services







Many authorities have chosen to protect or increase investment in short term interventions that promote independence.

This analysis focusses on those that are targeted on individuals, some such as social care reablement provided at no cost.

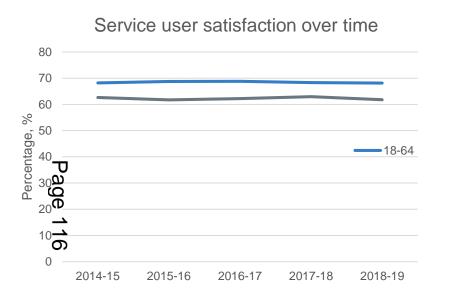
However, spend on non-statutory services including prevention and short-term intervention are under pressure during each round of budget setting. Current measures in the Adult Social Care Outcomes Framework to assess the efficiency and effectiveness of short-term services are inadequate.

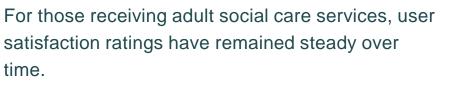
They focus on a narrow group of older people being discharged from hospital in such a way that those who reach fewer people may appear to have more impact.

This will be one of the areas of focus of a review of ASCOF intended to ensure it measures what matters.

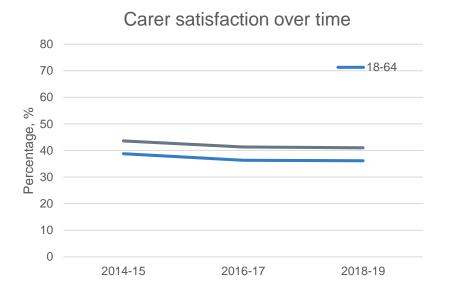
Satisfaction with ASC services







- Working age adults, especially those with learning disabilities, have consistently been more satisfied than older people.
- Regionally, those in the North-East are significantly more satisfied than Londoners.



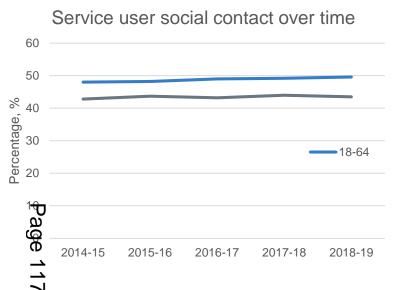
For carers, the question asked is differently worded and could be interpreted as relating to the services either they or their cared-for person receive.

Nevertheless, their satisfaction has reduced over time, with carers of working age adults consistently less satisfied.

There is a similar pattern of regional variation.

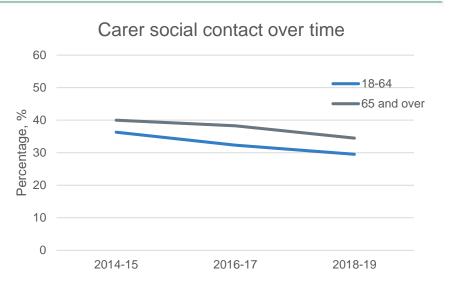
Social contact





Despite reductions in expenditure on day services, service users reporting sufficient social contact has improved marginally for all ages.

There is a growing body of research-based evidence that lack of social contact has a negative impact on people's health and wellbeing and we have observed a correlation between those not having sufficient social contact and those feeling unsafe.



For carers, the story is different, with reductions of 5% or more in those reporting sufficient social contact between the 2014-15 and 2018-19 surveys.

Again, we see marked regional variations between the North-East and London. But while service users in the Eastern and South-West regions are comparatively positive, that is not the case for carers where rurality seems to be an influence.

Promoting Independence in Devon 2019





Key facts Headline figures Headline trends Infographics: 18-64 Infographics: 65+ Workforce Providers



Headline figures: number of clients

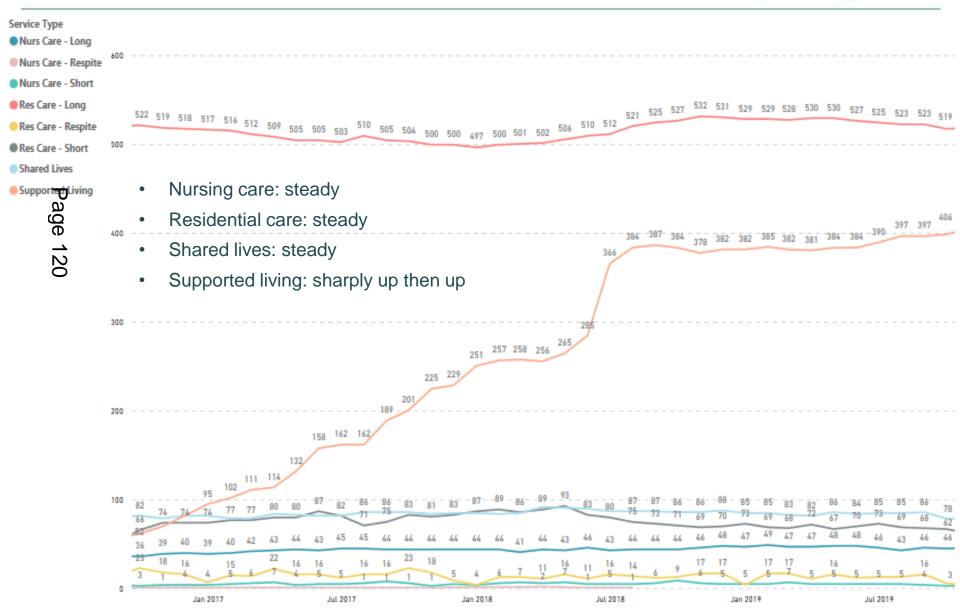


No. of Clients	No. of Female Clients	No. of Male Clients	Clients aged 18 to	o 64 Clients	aged 65 and over
11242	6510	4732	4606		5636
Clients by Service Type grouping Clients by Pri				nary Support Rea	ison grouping
Direct Payments	Other Community Based Services 4112	Shared Lives/Supported Living 560	Physical Support	Sensory Support 195	Support with Memory & Cognition 976
Lon g S erm Nursing Care	Personal Care 3348	Short Term Nursing/Residential Care 285	Learning Disability Support 2345	Mental Health Support 1405	Social Support
	Residential Care Respite S			Not Known 98	(December 2019 figures)

- Data is a snapshot of current recipients of local authority funded services.
- The 'Primary Support Reason' is a national categorisation of people's needs.
- People can be in receipt of more than one category of service.
- There are more male clients at age 18-24 and 25-64 indicating greater prevalence of disability in males.
- At 65+ females make-up almost two-thirds of those served indicating greater life expectancy.
- This is apparent in both the elderly frail and those supported due to their dementia.

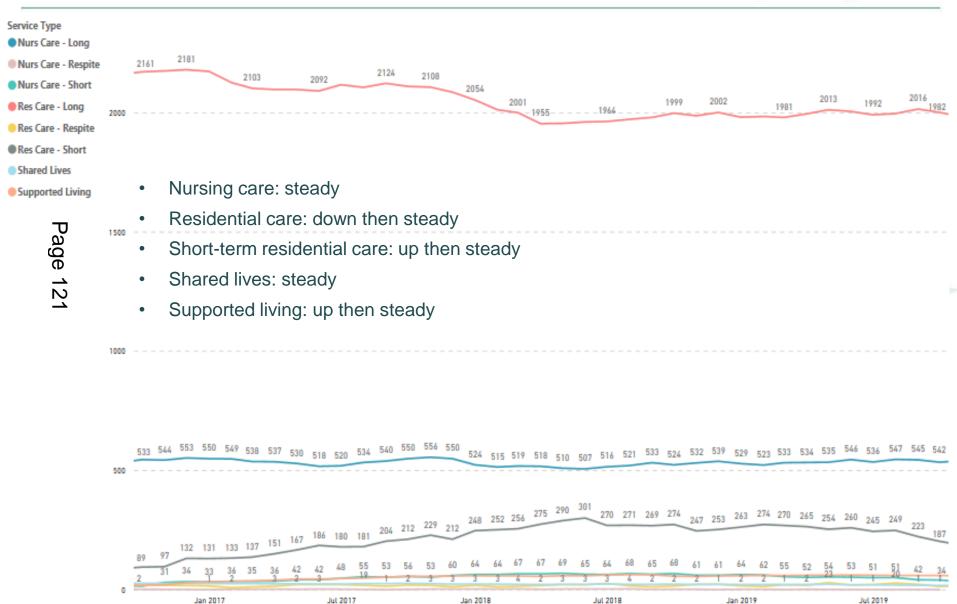
Headline trends: people in receipt of residential and nursing care services 18-64





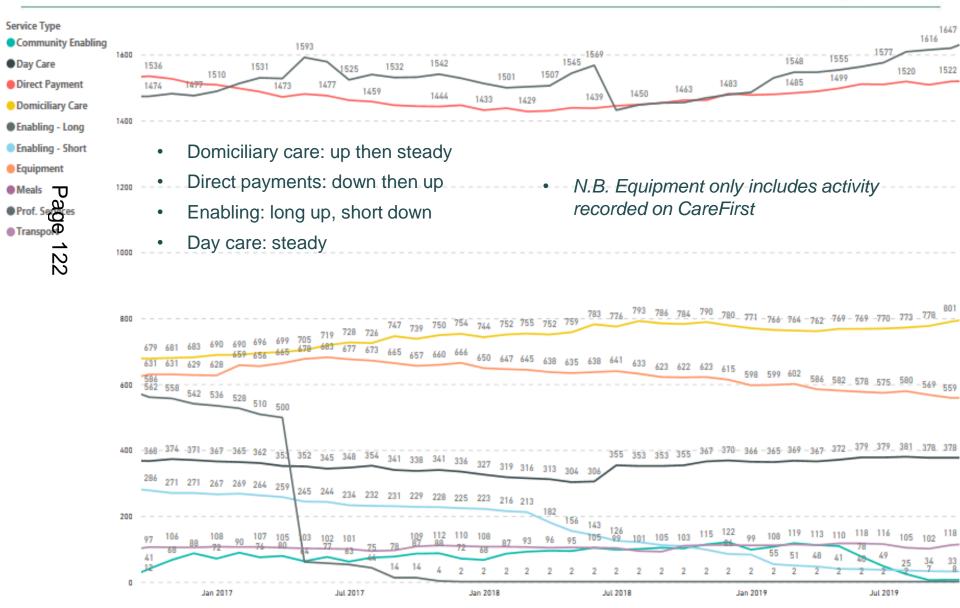
Headline trends: people in receipt of residential and nursing care services 65+





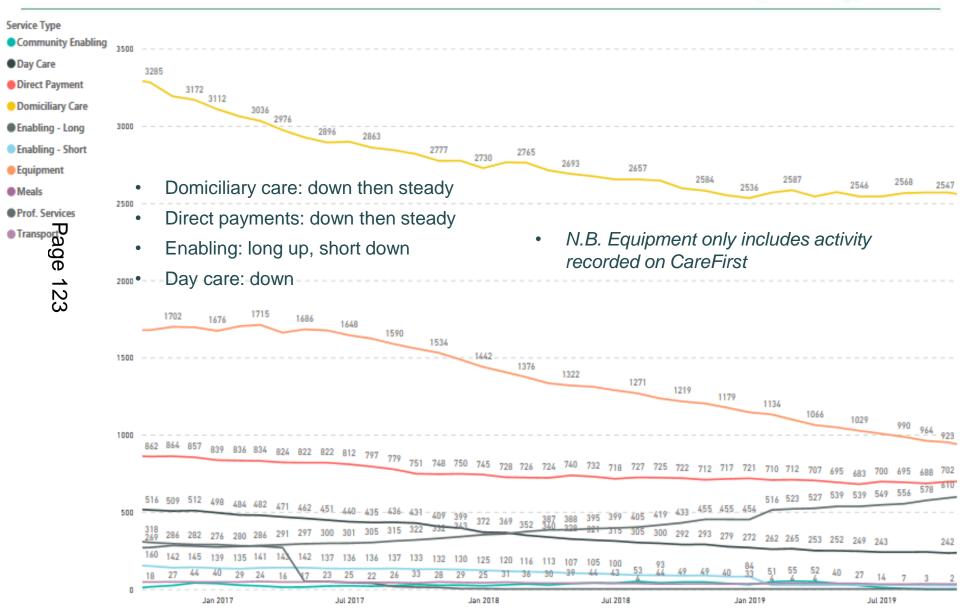
Headline trends: people in receipt of community-based services 18-64





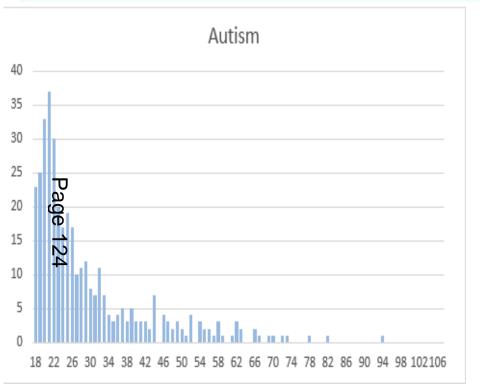
Headline trends: people in receipt of community-based services 65+



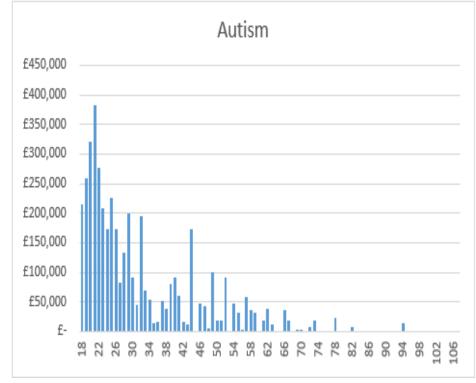


Autism





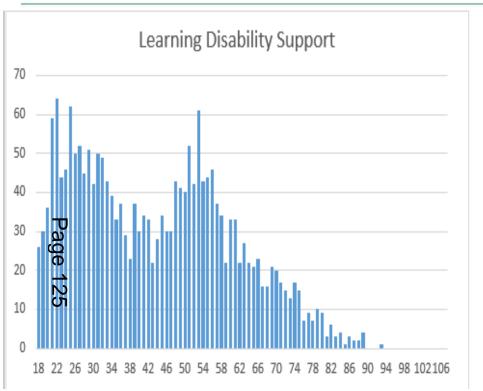
Our national and local recording systems were not designed to allow the aggregation of people with autistic spectrum disorder who were historically recorded as either having learning disabilities or a mental health condition. With diagnosis improving and services becoming more focussed on meeting their needs, we have had to devise ways of isolating, aggregating and analysing their data.



What is evident is that with the improvements in diagnosis, the number of people with a main health reason for our involvement relating to autism has significantly increased over the last decade. Whether there was previously significant unmet need or whether the needs of people on the autistic spectrum were differently described is hard to judge. The result is an annual additional pressure of £300k.

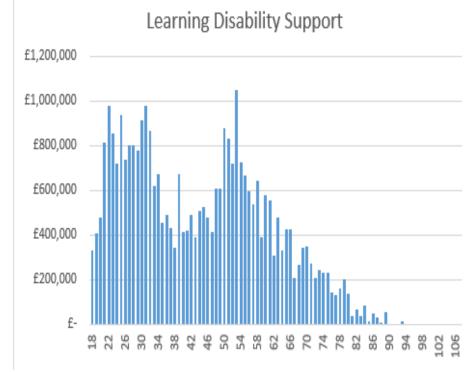
Learning Disabilities





By separating out those previously categorised as having a learning disability who have an autistic spectrum disorder, we have a clearer view of the learning disability cohort.

With the extending life expectancy of people with learning disabilities, often with physical long-term conditions, spend on those over 65 is growing.

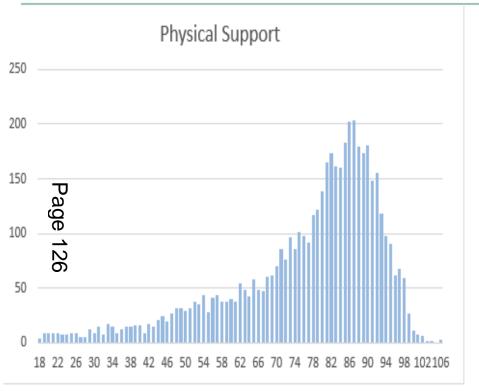


However, the twin peaks of activity and spend regarding learning disabilities is in early adulthood and middle age.

The former leads to a transition pressure of around £600k per year. The latter is associated with people who may have lived with their parents outliving them and becoming dependent on state support given their lack of preparedness for independent living.

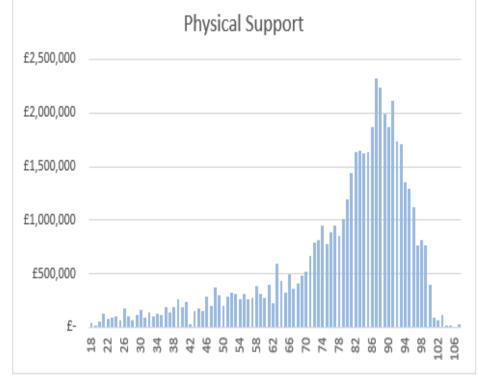
Physical disabilities (including elderly frail)





About half of the people we support have a Primary Support Reason relating to their physical needs rather than mental health or cognitive disability.

Earlier in life many of those with physical disabilities and long-term conditions are able to live independently without state funded adult social care support.

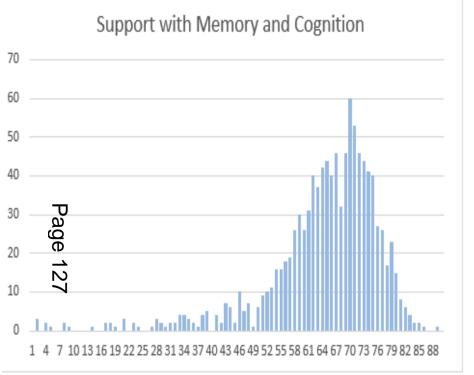


Activity and spend begins to grow in middle age and peaks with people in their mid-eighties, the average age when older people develop social care needs relating to physical frailty.

Generally, the older the client, the more is spent on their support, a pattern replicated regarding health activity and spend.

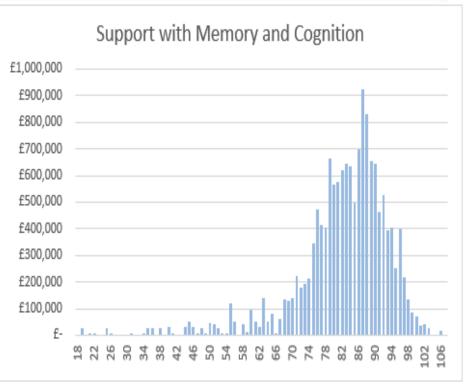
Dementia (and other cognitive/memory impairment)





Given the majority of people who fall into this category have needs relating to dementia, it is not surprising that activity is concentrated in older people, and spend in the very elderly.

The pattern is similar to that for physical support, but even more pronounced, given those with early onset dementia do not necessarily develop adult social care needs until their condition progresses later in life.

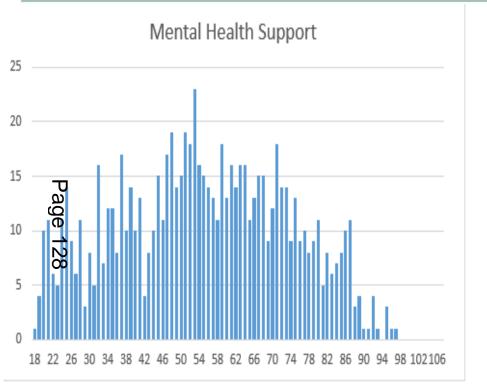


Spend is also likely to be greater with the older cohort of people with dementia because they are more likely to have their needs met in residential or nursing care homes.

Our analysis indicates that their length of stay is longer on average and there may have been missed opportunities to promote their independence in their own homes.

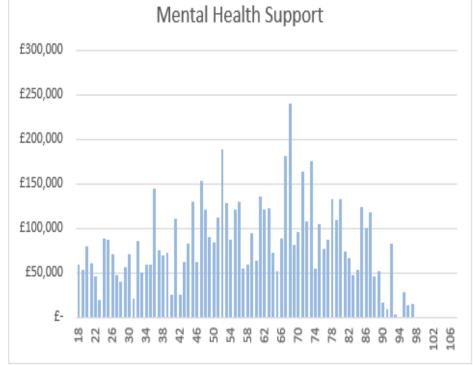
Mental Health





In looking at people with mental health needs, we have ensured we have separated out those with dementia by also looking at their main health reason for support. This enables us to see that the spread of people with mental health needs is across the age spectrum but peaks in middle age.

It is no surprise that activity and spend reduces later in life given life expectancy.

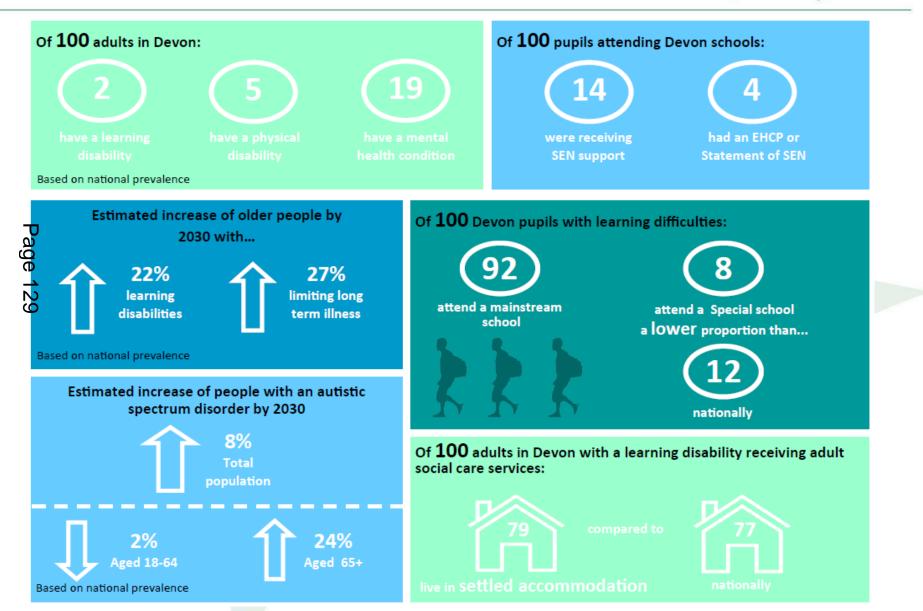


What is perhaps more surprising is the comparatively low levels of activity and spend of people early in adulthood.

This may indicate some unmet need, given pressures on child and adolescent health services may mean some young people haven't accessed the support they need in childhood given 25% of mental health problems are evident by age 14 and 75% by 21.

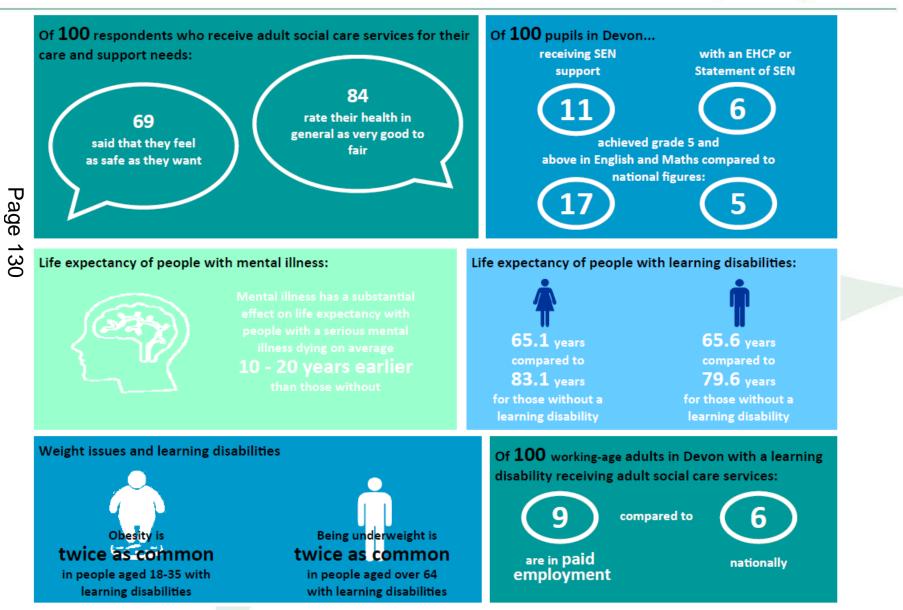
Key facts: Disabilities (1)





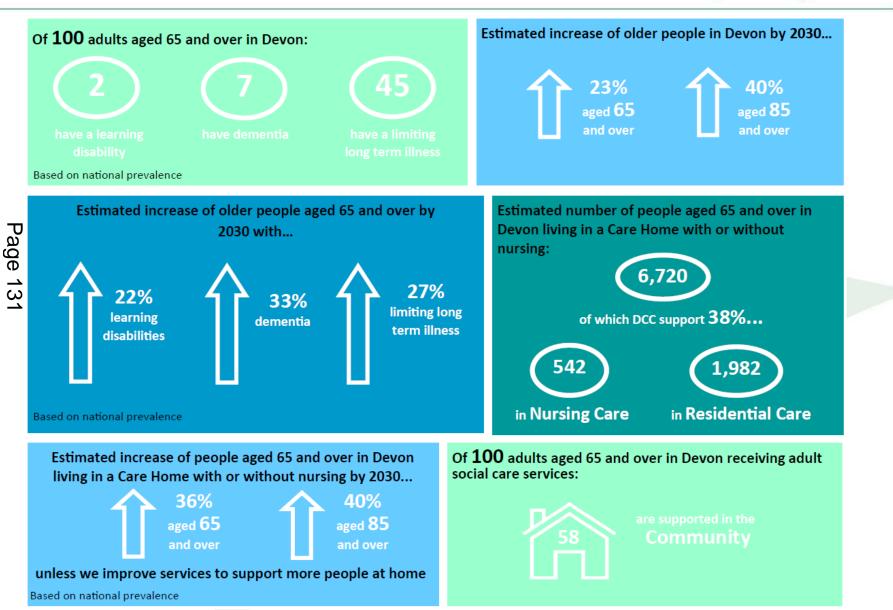
Key facts: Disabilities (2)





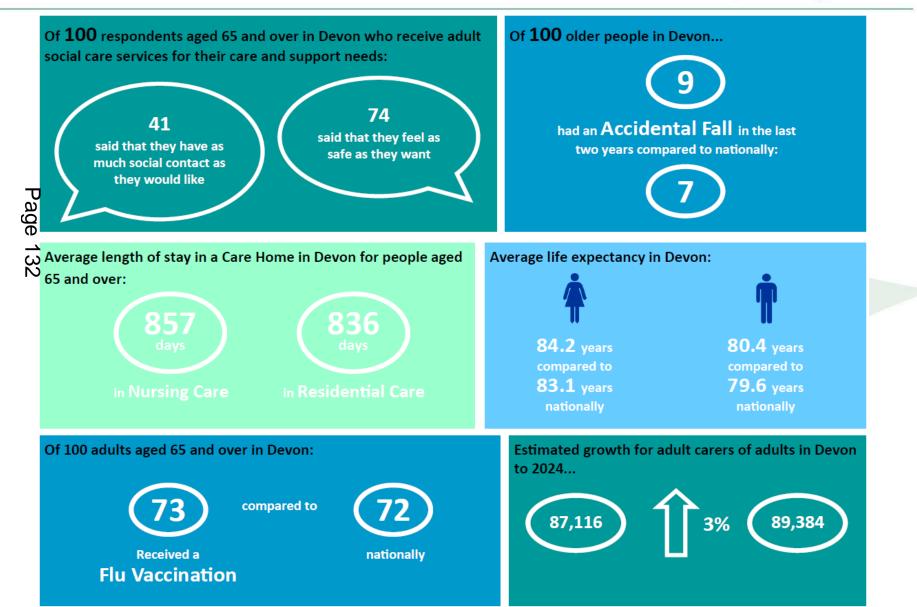
Key facts: Older People (1)





Key facts: Older People (2)





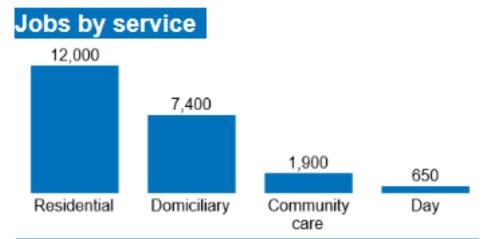
Key facts: Adult Social Care Workforce (1)







CQC regulated establishments in Devon operated by adult social care providers



In Devon there were ...

900



16,000 Direct care jobs

Regulated professionals

2,300

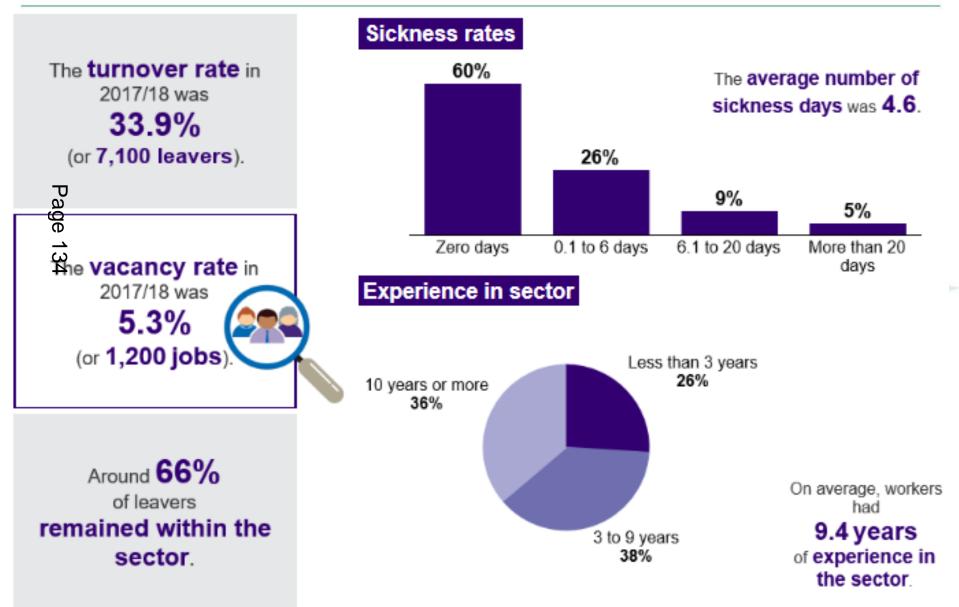
Managerial jobs



2,100 Jobs for direct payment recipients

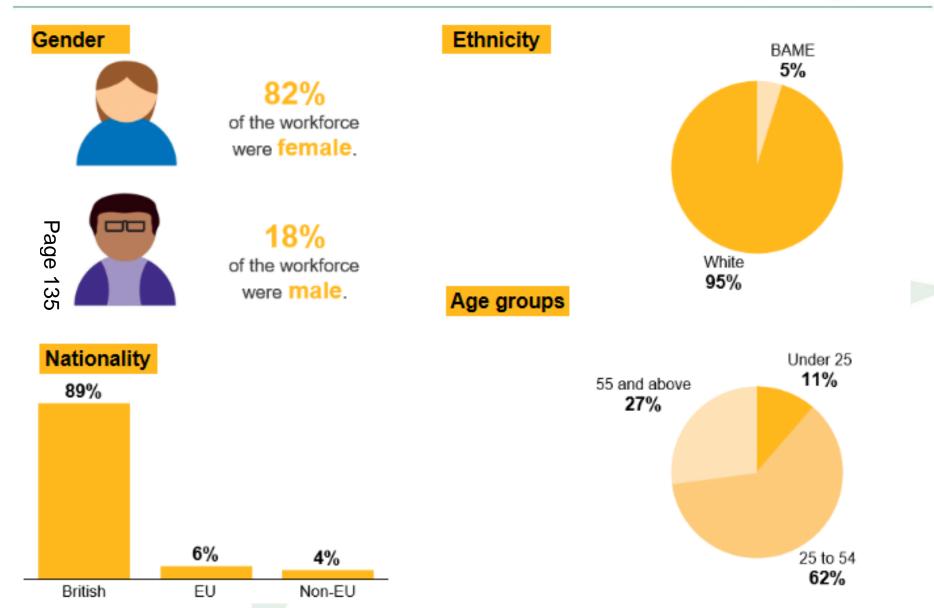
Key facts: Adult Social Care Workforce (2)





Key facts: Adult Social Care Workforce (3)







Nursing Homes Devon has 66 registered	Of these 66 Nursing Homes 13 are rated as Outstanding, and 43 as Good (84.57%)
nursing homes, with 2,822 registered beds between them	80.92% of nursing bed days purchased by Devon were in Good or Outstanding homes
Residential HomesSevon has 267 registeredresidential homes, with	Of these 267 Residential Homes 22 are rated as Outstanding and 200 as Good (83.15%)
5,322 beds between them	81.57% of residential bed days purchased by Devon were in Good or Outstanding homes
Personal Care Devon has 130 registered	Of these 130 Personal Care providers 16 are rated as Outstanding and 95 as Good (85.4%)
Personal Care providers	92.14% of personal care hours purchased by Devon were from Good or Outstanding providers

Promoting Independence in Devon 2019





Performance

Performance: Prevention, Independence Performance: Self-management, Integration Performance: Early Intervention, Specialist Services Performance: Choice and Control, Accessibility Performance: Care at Home, Safeguarding Performance: Workforce, Activity Performance: Cost, Spend

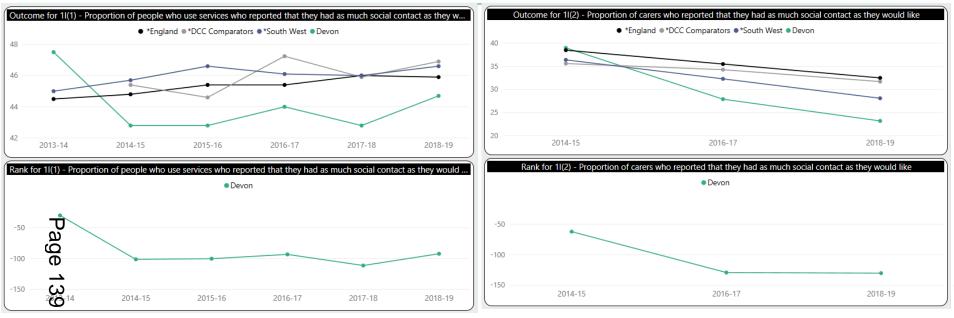
Key insights from performance (1)



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Prevention: are more people choosing and enabled to live healthy lifestyles and fewer people beconding unwe??	Our JSNA highlights a number of strengths including comparatively high rates of volunteering. People in Devon are less likely to be unemployed, smoke or use drugs and more likely to take regular exercise than is typical nationally and are less likely to be admitted into hospital because of alcohol.	We remain concerned that service users and especially carers in Devon are less likely than in similar areas to say they have enough social contact. There is a strong evidence base that people who are lonely have worse health and wellbeing and are in contact with health and care services more.	We have agreed a common approach to prevention across our health and care partnership. This is being delivered through our multi-agency prevention programme. It will include the use of a One Devon Data Set to target those who might benefit most from preventive interventions such as social prescribing.
Independence: are more people living independently in resilient communities?	People with Learning Disabilities in Devon are more likely to be employed and to live independently than is typical elsewhere. A greater proportion of people who use services and their carers access support through direct payments than the national average giving them more choice & control.	We need to continue to promote the employability of all people with disabilities but in particular people with mental health needs and people with autism. We still have more to do to ensure that people with complex mental health needs or learning disabilities live well in communities.	Our <u>'Ready When You Are'</u> campaign to promote the employment of people with disabilities and mental health needs is now well embedded and evidence shows employment is the best way of maximising independence. We will continue to transfer people from outside Devon into more local settings.

Performance: Prevention





ASCOF 1I(1): The proportion of service users who reported they had as much social contact as they would like.

Devon performs below the national, regional and comparator averages and has done so consistently over the last five years. Devon also performs worse than neighbouring rural counties.

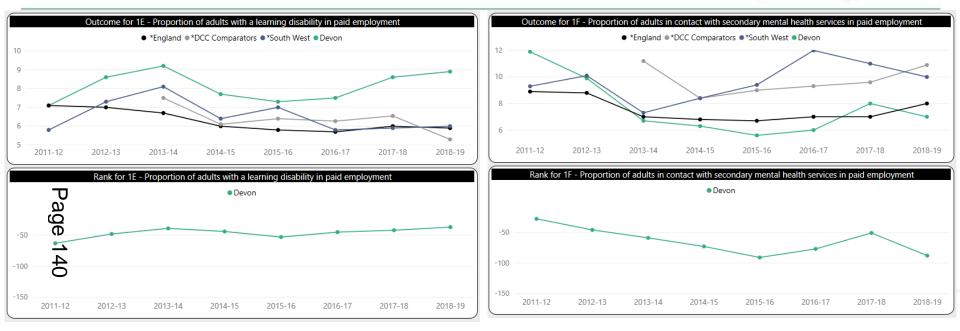
Social contact is dependent on factors beyond social care including transport links and community development so this should be of concern to the whole council as there is a strong research base that indicates tackling loneliness is key to improving health and wellbeing.

ASCOF 1I(2): The proportion of carers who reported they had as much social contact as they would like.

Devon performs below the national, regional and comparator averages although there has been a marked decline nationally and regionally since the implementation of the Care Act (2014).

In the survey of carers, respondents often use comment boxes to report on the impact of their caring responsibilities on their social life, employment prospects and own health and wellbeing.





ASCOF 1E: the proportion of adults with learning disabilities who are in paid employment

Devon performs above the regional, comparator and national averages and improved further in 2018-19 when we ranked in the top quartile.

In autumn 2018 we launched our <u>'Ready When You</u> <u>Are'</u> campaign to promote the value of people with disabilities to employers and to encourage employers to develop approaches to recruitment and retention that are positive towards people with disabilities, what they offer, and how they are best supported.

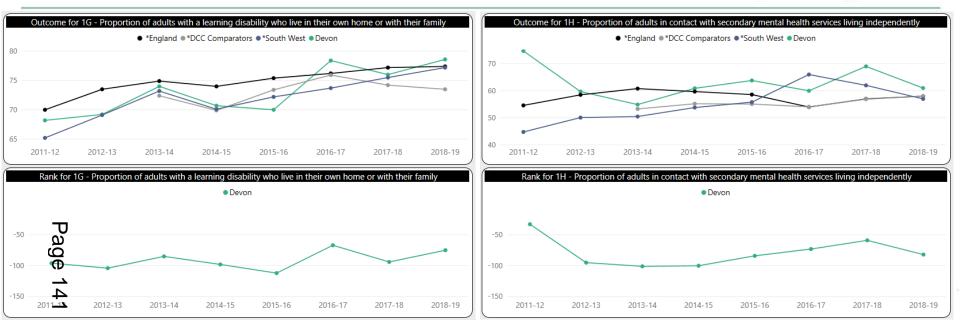
ASCOF 1F: the proportion of adults in contact with secondary mental health services in paid employment

Devon worsened in its performance 2018-19 and is now below the national, regional and comparator averages.

Our <u>'Ready When You Are'</u> campaign also applies to people with mental health conditions and autism.

(Integrated services to people with mental health needs are provided by the <u>Devon Partnership Trust</u> through a Section 75 agreement with Devon County Council.)





ASCOF 1G: the proportion of adults with a learning disability who live in their own home or with family.

Devon now performs marginally above the regional, comparator and national averages.

The improving long-term trend nationally and locally is due to fewer people with learning disabilities living in residential care with more living in supported living settings with individualised and shared support.

We recognise that for some living at home with their family may not be the arrangement that best promotes their long-term independence.

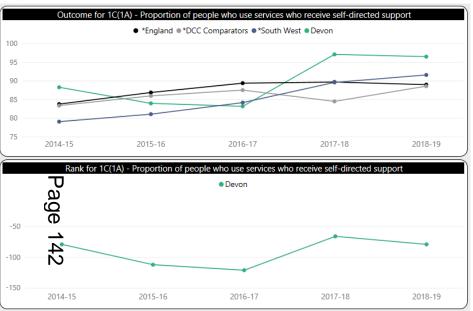
ASCOF 1H: the proportion of adults in contact with secondary mental health services living independently with or without support.

Devon performs above the national, regional and comparator averages although its performance worsened somewhat in 2018-19.

Independent living includes those in conventional housing and other settings such as supported living.

(Integrated services to people with mental health needs are provided by the <u>Devon Partnership Trust</u> through a Section 75 agreement with Devon County Council.)





Outcome for 1C(1B) - Proportion of carers who receive self-directed support • *England •*DCC Comparators •*South West •Devon 90 90 80 70 60 50 2014-15 2015-16 2016-17 2017-18 2018-19

ASCOF 1C (1A): the proportion of people who use services who receive self-directed support.

Devon performs above the national, regional and comparator averages.

Self-directed support means that someone should be aware of the resources available to meet their needs and have choice and control over how they are used.

In Devon we do this by using a Resource Allocation System in strength-based assessment and support planning. About a third use direct payments through a payment card.

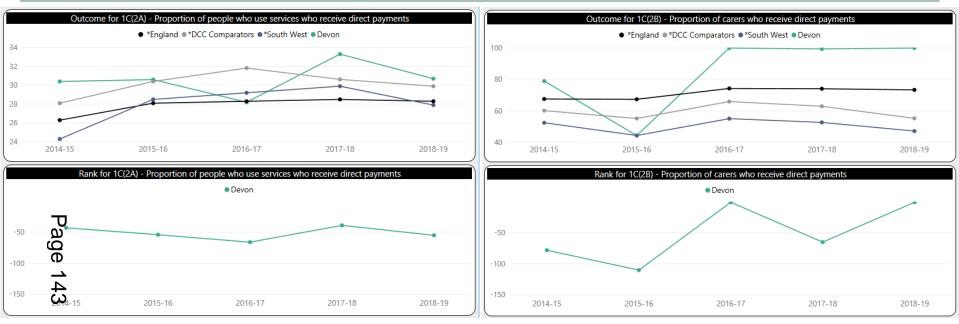
ASCOF 1C (1B): the proportion of carers who receive self-directed support.

Devon performs above the national, regional and comparator averages.

Our current offer to carers involves eligible individual needs being met through a direct payment.

In common with other councils, we are aware that carer satisfaction levels have declined since changes made by the Care Act (2014) and are working with carers to improve the flexibility and utility of our support offer to them.





ASCOF 1C (2A): the proportion of people who use services who receive direct payments.

Devon continues to perform above the national, regional and comparator averages.

A direct payment is a payment made to the individual to arrange solutions to their own needs.

In Devon we have been reviewing our direct payments policy to ensure that where used they are the best means of promoting independence through choice and control and that we also sustain an affordable, sufficient, high quality provider market.

ASCOF 1C (2B): the proportion of carers who receive direct payments.

Devon performs above the national, regional and comparator averages.

Our current offer to carers involves eligible individual needs being met through a direct payment, a policy introduced in response to the Care Act (2014) that we have in common with many other local authorities.

Like us, the majority of local authorities fulfil their individualised support offer to carers through direct payments.

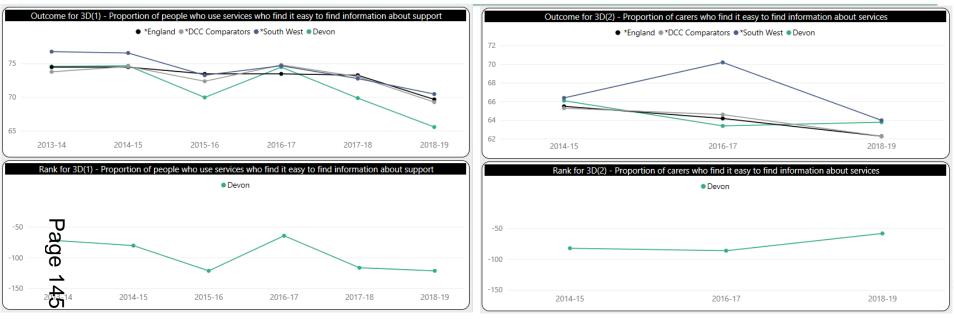
Key insights from performance (2)



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Self- management: are people being supported to have the knowledge, skills and confidence to better manage their health conditions?	The HOPE Programme (Help Overcoming Problems Effectively), based on a course developed by the University of Coventry to help people cope better with long- term medical conditions, has been embedded in the south of the county and is now being rolled out across Devon.	The most recent survey of service users again found they are less likely to say they find it easy to access information and advice than in recent years or when compared with elsewhere, although there has been some improvement reported by carers.	We will continue to work with our corporate communications team to improve our communications strategy recognising that people we serve say they like to access support face-to- face and over the phone, not just online, and they especially value what the voluntary sector and GP surgeries offer.
Integration: are people receiving joined-up care and support between services and organisations?	The Care Quality Commission rates us positively on several indicators used to assess the integration of health and care, in particular avoiding older people (including those resident in care homes) attending accident and emergency departments and undergoing emergency admissions. Our Integrated Care Model is building on these strengths.	We acknowledge we still do less well on getting people out of hospital promptly to receive the right support wherever possible in the community and know we must achieve further shifts in investment from bed-based to home-based care and to ensure sufficiency of services in the adult social care market to improve this.	Historically we have done well in minimising length of stay of older people admitted into hospital from care homes, but more recent trends mean we are now no better than average; we need to understand why and address the underlying causes including health support to care homes.

Performance: Self-management





ASCOF 3D(1): The proportion of people who use services who find it easy to find information about support.

Devon continues to perform below the national, regional and comparator averages.

People can seek information and advice from various sources (the council, GP surgeries, the voluntary sector) and channels (online, face-to-face, by phone).

Good information and advice doesn't just facilitate access to health and care services, it also enables people to help themselves and support each other.

ASCOF 3D(2): The carers who find it easy to find information about support.

Devon now performs below the regional but above national and comparator averages.

People can seek information and advice from various sources including <u>Westbank</u> who the council commissions its <u>carers' support service</u> from.

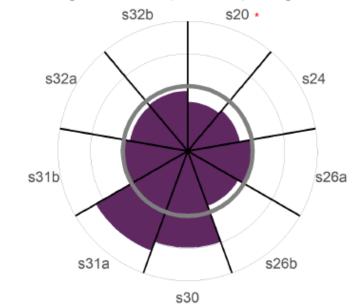
Improvements have been made to contact and support arrangements under the new contract and our ranking has improved from the third to second quartile.

Performance: Integration

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The shaded purple area in the dartboards represents the LA's performance relative to the average performance across England, which is denoted by the bold grey line. If the LA performance extends beyond the bold grey line then the performance of the LA is worse than the England average. Moving clockwise around the dartboards represents elements of an acute hospital pathway, through A&E attendance, to admission, discharge and readmission.



Slide	Indicator
s20	A&E attendances
s24	Emergency admissions
s26a	Length of stay over 7 days
s26b	Length of stay over 21 days
s30	Delayed transfers of care (NHS)
s31a	People receiving reablement/rehab
s31b	People at home after receiving reablement/rehab
s32a	Emergency readmissions within 7 days
s32b	Emergency readmissions within 30 days

* This local authority was affected by poor quality submissions to A&E Hospital Episode Statistics over this period.

Time periods differ between indicators. Full details can be found in the technical annex

In its <u>Local Area Report</u> for Devon the <u>Care Quality</u> <u>Commission</u> provide an assessment of the performance of the Devon health and care system for the acute pathway as it impacts on older people.

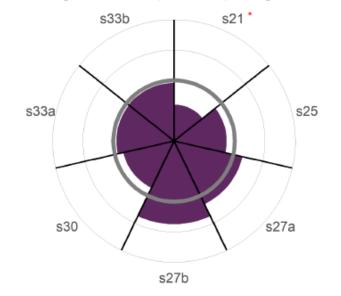
Devon performs comparatively well in avoiding unnecessary A&E attendance and hospital admissions, minimising length of stay and avoiding readmission. We perform less well at facilitating prompt hospital discharges but are making progress in improvement and a lower than average proportion are due to social care.

As explored elsewhere, the reach of our reablement services is limited, in part because we redirect some capacity to meet longer term needs for personal care.

Performance: Integration



The shaded purple area in the dartboards represents the LA's performance relative to the average performance across England, which is denoted by the bold grey line. If the LA performance extends beyond the bold grey line then the performance of the LA is worse than the England average. Moving clockwise around the dartboards represents elements of an acute hospital pathway, through A&E attendance, to admission, discharge and readmission.



Slide	Indicator
s21	A&E attendances from care homes
s25	Emergency admissions from care homes
s27a	Length of stay over 7 days - admissions from care homes
s27b	Length of stay over 21 days - admissions from care homes
s30	Delayed transfers of care (ASC)
s33a	Emergency readmissions within 7 days - care home patients
s33b	Emergency readmissions within 30 days - care home patients

The analysis uses postcode of residence to identify activity from care homes. As such, it may include data pertaining to other addresses within the same postcode and overestimate activity from care homes.

* This local authority was affected by poor quality submissions to A&E Hospital Episode Statistics over this period.

Time periods differ between indicators. Full details can be found in the technical annex.

In its Local Area Report for Devon the Care Quality Commission provide an assessment of the performance of the Devon health and care system in the pathway between care homes and hospital as it impacts on older people.

Historically this has been an area of strength for Devon but in recent years our performance has been closer to average. Devon performs comparatively well in avoiding unnecessary A&E attendance and hospital admissions from care homes as well as facilitating timely discharge and preventing readmission. But length of stay has become a cause for some concern.

We will be looking to build on strengths and address areas for improvement in our system-wide response to the NHS long-term plan.

Key insights from performance (3)



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Early intervention: is the health and care system ready and able to intervene early and avert determination and escalation of problems?	Our first points of contact across community health and care are increasingly joined up to ensure a more coherent response to people's needs. Our response services are setup to prioritise according to urgency and acuity of need and have information systems designed to assist in this.	We are still not meeting our ambitious targets to assess people promptly, review people frequently and get services delivered in a timely way. Historically we have been reactive rather than preventive in our approach, but are increasingly using intelligence to target services	Our 'promoting independence' approach only delivers improving outcomes for individuals through their regular contact with care managers, especially those working with younger adults, and we are working on creating this capacity, capability and culture in our new practice model.
Specialist services: are people going into hospital only when necessary and being discharged efficiently and safely with the right support?	When deployed, our short- term service offer is generally effective at keeping people from being readmitted to hospital and promoting their recovery to minimise dependence on long-term services. A far lower proportion of delayed transfers of care are attributable to social care than is typical nationally.	While we continue to make progress we still have more to do to facilitate prompt discharge from hospital including in ensuring the access to and sufficiency of personal care and residential/nursing care services. We still need to minimise occasions on which our short-term service capacity is used to backfill where we can't source care.	Our service sufficiency challenge is primarily one of workforce recruitment and retention in the independent and voluntary sector, exacerbated by high levels of employment in Devon, with the continuing risk that Brexit will worsen the situation. Approaches include 'Proud to Care', guaranteed hours contracts, and provider development.

Performance: Early Intervention



NI132Assessments completed within 28 days (new client).

The national ASCOF outcomes framework no longer measures timeliness of assessment, frequency of review, or waiting times for services, so no comparative information is available.

We maintain targets for these measures and monitor against them because we believe that the timeliness of an intervention matters to people and delay can cause escalation of need or other adverse outcome.

We are currently performing below our target of 75% prioritise according to urgency and so assessments not completed within 28 days are usually either those less time critical or of a degree of complexity that requires wider input when interim services may be delivered, including those by our reablement service.

L37 Annual Review - reviewable services only



NI 133: Waiting time for services

More than 85% of people typically receive all services they are assessed as eligible for within 28 days and where they do not these are usually the less urgent services or those meeting more complex needs that can be met by interim arrangements.

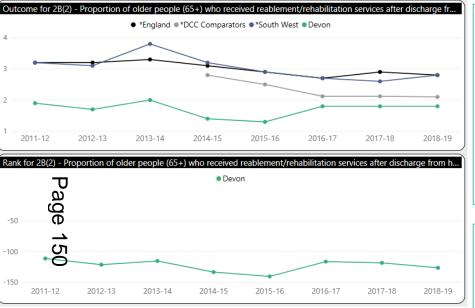
L37: Frequency of review

We prioritise reviews of people whose needs change, who request a service change or whose provider needs to change and these instances are typically dealt with promptly.

With limited care management resources, we are less effective at ensuring that people who we have not been notified of a change in circumstances are reviewed at least annually and are only meeting this standard for just around 50% of clients, below our target of 75%.



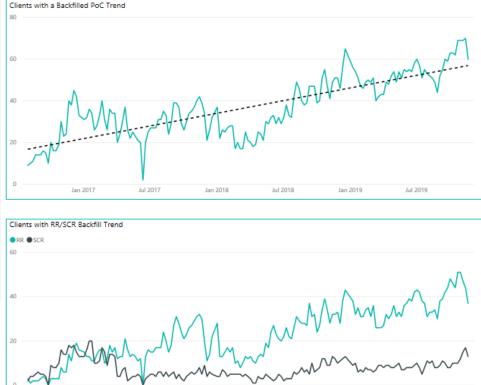




ASCOF 2B(2): The proportion of people 65+ who received reablement services after discharge from hospital.

Devon performs below the national, regional and comparator averages.

This indicator is limited in that it only looks at a small cohort of older people discharged from hospital during the autumn period. The impact of Devon's investment in short-term services across health and care is not fully recognised by this indicator. Some of he capacity of these services has also been diverted to mitigate against insufficiencies in the personal care market.



These charts illustrate the rising trend in the use of social care reablement and rapid response capacity to ensure that people's ongoing personal care needs are met rather than to avoid unplanned admissions or facilitate hospital discharge.

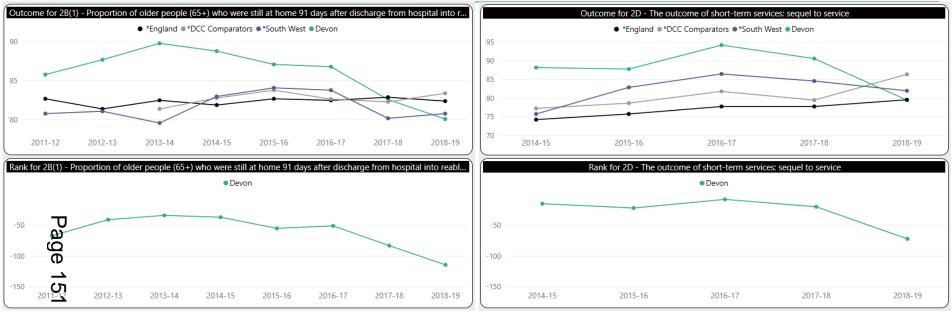
lul 2018

Jan 2018

lul 2017

The key challenge in sustaining personal care service sufficiency is workforce recruitment and retention.





ASCOF 2B(1): The proportion of people 65+ who are still at home 91 days after discharge from hospital into reablement services.

Devon now performs below the national, regional and comparator averages and we need to understand better the recent decline.

This indicator looks at the impact of reablement services on keeping people out of hospital.

As reablement services are extended in reach their impact is likely to decline in preventing hospital readmission because those with more complex needs are being served.

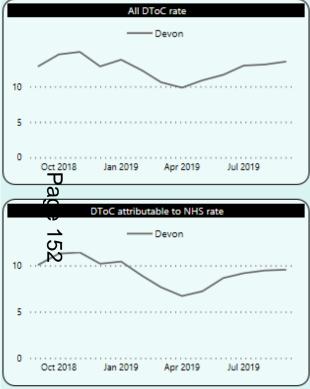
ASCOF 2D: The outcome of short-term services: sequel to service.

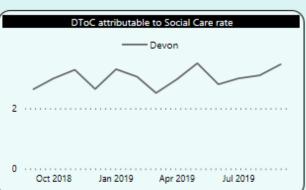
Devon now performs below the national, regional and comparator averages and we need to understand better the recent decline.

This indicator looks at the impact of reablement services in returning people to independence without the need for ongoing support.

Again, as reablement services are extended in reach their impact is likely to decline in preventing the need for ongoing services because more of those being served are unlikely to fully recover their independence.







Delayed Transfers of Care: All Delays

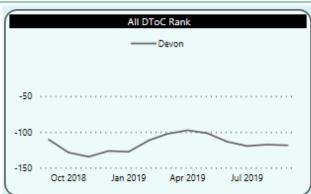
Devon's performance over the last year has been more-or-less static in absolute and relative terms. Prompt access to sufficient nursing, residential and personal care are the main challenges.

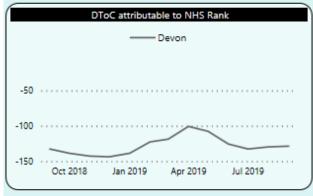
Delayed Transfers of Care: NHS Delays

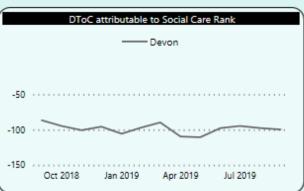
Delays attributed to the NHS includer people responsible for funding their own care and support. Discharging patients at weekends remains an ongoing issue for the local health and care system.

Delayed Transfers of Care: Social Care Delays

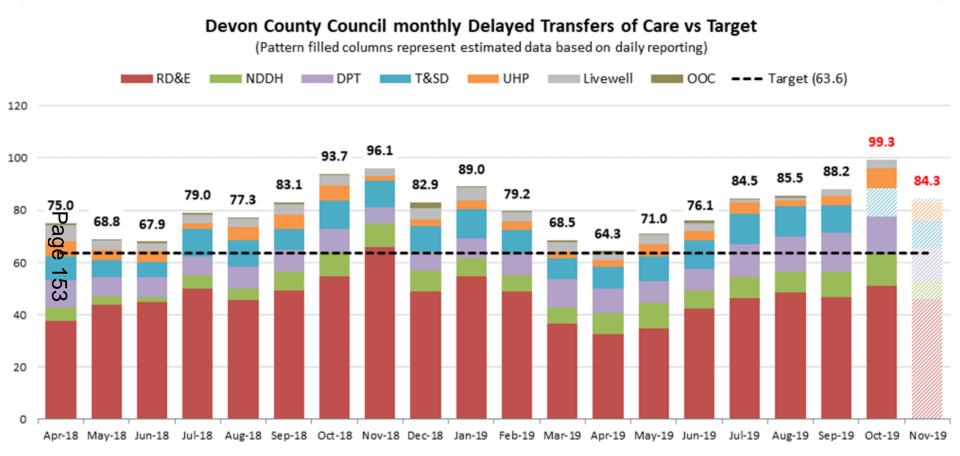
While the proportion of delays attributed to social care is lower than the national average we should be mindful that overall delays due to market access and sufficiency are predominant.











Over recent months fluctuations in delayed transfers of care have followed typical seasonal patterns: at their highest in the autumn and lower in the summer months.

Although winter pressures have an impact, reduced levels of elective admissions make the autumn the most pressurised period. In line with its population, half or more of DTOC affecting Devon residents are at the Royal Devon and Exeter Hospital.

While most DTOC in Devon are attributable to the NHS, access to and sufficiency of residential, nursing and personal care provision is an ongoing challenge.

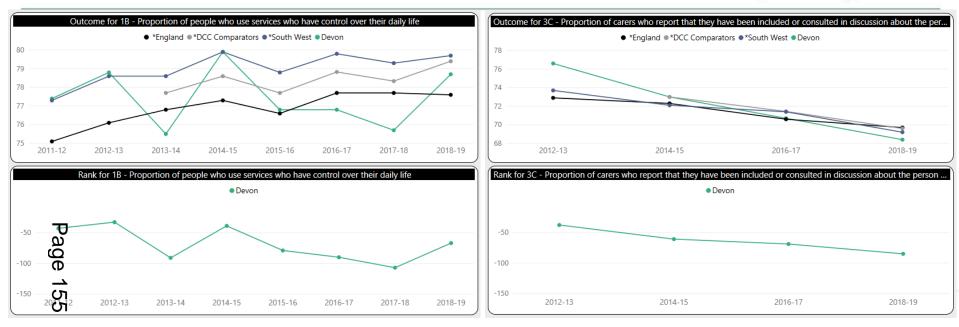
Key insights from performance (4)



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Choice and control: are people having greater control over the services they use and being equal partness in decisions about their eare?	The results of the national surveys of service users and carers in Devon are mixed but the choice and control and quality of life of service users are both improving.	Given our emphasis on 'promoting independence' we remain concerned at the declining trend in Devon of carers of people who use adult social care services who feel they have control in their everyday lives and in their quality of life.	We recognise that mechanisms intended to enhance choice and control such as direct payments don't always have that effect if not well targeted and supported and are reviewing our approach accordingly with a focus on working age adults with disabilities.
Accessibility: are people who need treatment or care receiving this promptly and effectively in the most appropriate setting?	We have consistently achieved better overall satisfaction ratings for our services than all the national, regional and comparator averages and are now 11 th of 150 local authorities in the country. Similarly, the <u>Care Quality</u> <u>Commission</u> rates regulated services in Devon more highly than all comparators.	We have good quality services but they are not always available to the right people in the right place at the right time. Our health and care system needs to continue to work together making the shifts in investment required by our Integrated Care Model to support a changing population at home wherever possible.	Ensuring people are supported to be independent in their own home when resources are limited is a challenge that can only be met by working together as a more integrated health and care system with political and public support. The <u>NHS Long-Term Plan</u> sets the policy context we must respond to. We await clarity on social care reform.

Performance: Choice and Control





ASCOF 1B: The proportion of people who use services who have control over their daily life.

Devon has improved its performance and is now better than the England average although we remain below the regional and comparator averages.

This indicator is based on a question asked in the annual ASCS survey of service users.

Those in Eastern and Southern Devon score better than elsewhere. People with learning disabilities are most positive.

ASCOF 3C: The proportion of carers who report that they have been included or consulted in discussion about the person they care for.

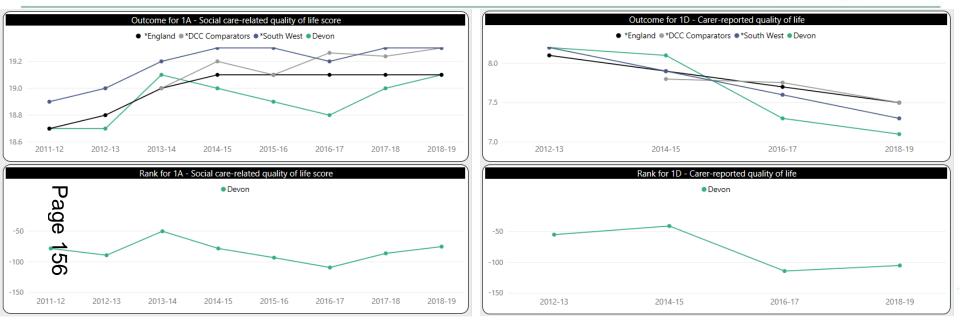
Devon's performance has declined in line with the national, regional and comparator averages.

Those in Eastern and Western Devon score better than elsewhere. Carers of older people are most positive.

We support carers through <u>Devon Carers</u>. This focussed service has benefits but an implication may be less join-up in assessment and review.

Performance: Choice and Control





ASCOF 1A: Social care-related quality of life.

Devon performance has improved and is now at the national although below the regional and comparator averages and is in the second quartile.

This is a composite measure based on responses to eight questions in the annual ASCS survey of service users regarding issues of every day life such as being in control, maintaining hygiene, having adequate food and nutrition, being in comfortable accommodation, feeling safe, having sufficient social participation, spending time meaningfully and maintaining dignity and respect.

ASCOF 1D: Carer-reported quality of life.

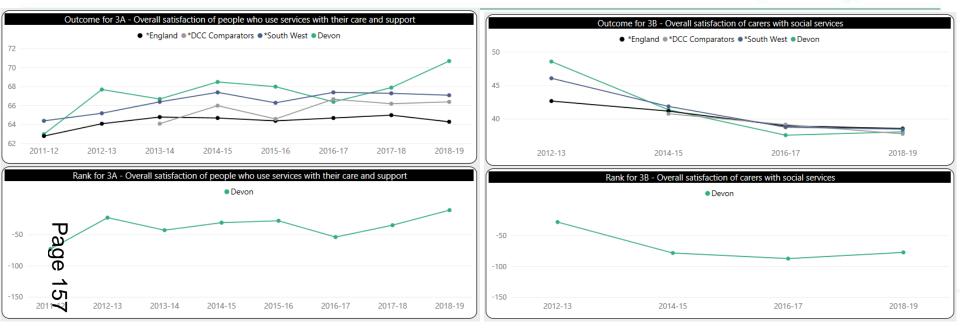
Devon continues to perform below the national, regional and comparator averages.

This is a composite measure based on responses to six questions in the biennial SACE survey of carers regarding issues of every day life such as spending time meaningfully, being in control, looking after oneself, feeling safe, having sufficient social contact and feeling encouraged and supported as a carer.

Services to carers in Devon are currently subject to a spotlight review by Health and Adult Care Scrutiny.

Performance: Accessibility





ASCOF 3A: overall satisfaction of service users with adult social care services.

Devon performs well above the national, regional and comparator averages, and has consistently done so.

Ratings are consistent by age, gender and locality. However, ratings are notably better for people with learning disabilities and worse for people with mental health needs and people with dementia.

(Integrated services to people with mental health needs are provided by the <u>Devon Partnership Trust</u> through a Section 75 agreement with Devon County Council.)

ASCOF 3B: overall satisfaction of carers with adult social care services.

Devon's performance is in line with the national, regional and comparator averages making it mid-ranking.

This national, regional and local decline has coincided with the implementation of the Care Act (2014) nationally.

N.B. This survey is biennial and was last undertaken in 2018-19.

Key insights from performance (5)

and in comparator areas.



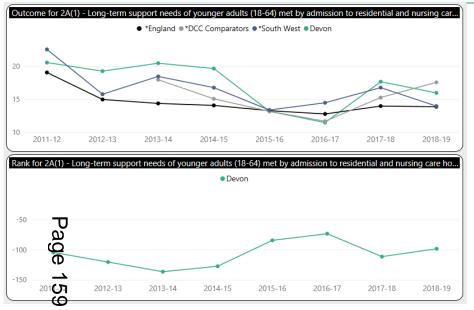
further additional capacity to

Outcome	Areas of Strength	Areas for Improvement	Priority Action
Care at home: is care and support available in the community and in people's homes? Page 158	For several years Devon has placed a lower proportion of its older people into care homes than comparators, supporting them at home in the community instead. It is this combination of lower residential numbers and lower than average costs that enables us to spend less than the regional average on adult social care.	We still meet the needs of too many working age adults through residential care when they would be better supported in the community. Comparative data also indicates we are supporting younger adults who would be living independently elsewhere and we are focussing on this population in the coming year.	Continuing this shift from care in hospitals and care homes to supporting people to live as independently as possible at home depends on making the investment in community based services in health as well as care and securing the provision and workforce that will sustain that shift including for people with dementia and mental health needs.
Safeguarding: are people being kept safe and treated with dignity and respect?	Deep dives and case audits into our safeguarding practice indicate that concerns about people are appropriately responded to and activity levels have risen and are now close to comparator rates. The <u>Care Quality Commission</u> rate our services better than is typical nationally, regionally	Too many people in Devon perceive that they are unsafe despite evidence indicating the contrary. This is especially so for those who feel they are socially isolated. Our waiting list for <u>Mental</u> <u>Capacity Act</u> DoLS assessments is still too long,	We have a safeguarding improvement programme informed by our intelligence that continues to impact on frontline practice and have agreed a Peer Review facilitated by the Local Government Association for March 2020. We are plan to invest in

although now reducing.

Performance: Care at Home





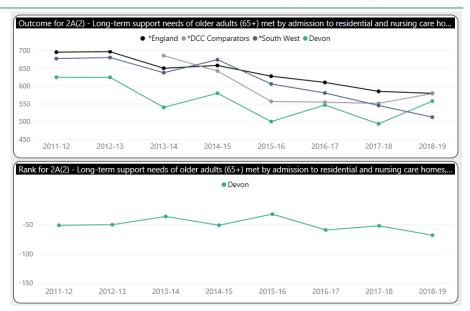
ASCOF 2A(1): Long-term support needs of adults 18-64 met by admission to residential/nursing care.

Devon performs at around the national, regional and comparator averages, better than historically and a slight improvement on last year.

Small numbers make a big difference to this indicator and we continue to see increasing numbers of people with mental health needs admitted into residential care.

This indicator is focussed on long-term care and does not capture short-term placements in care or health settings.

N.B. A low rate of admissions is better performance.



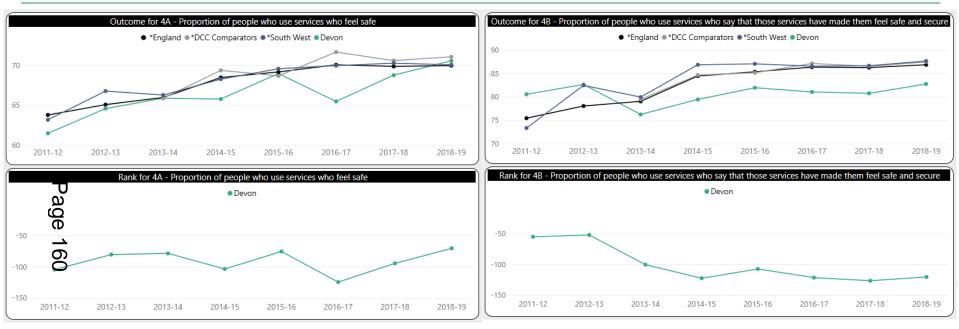
ASCOF 2A(2): Long-term support needs of adults 65+ met by admission to residential/nursing care.

Devon performs better than the national and comparator averages as it has done for several years but marginally less well than the regional average.

Historically we devoted too high a proportion of our resources to funding residential care when most people prefer to be supported in their own homes. The increase in volume combined with greater than inflation rise in fees is of concern regarding budget sustainability.

N.B. A low rate of admissions is better performance.





ASCOF 4A: The proportion of people who use services who feel safe.

Devon now performs in line with the national, regional and comparator averages and has risen from fourth to second quartile in the rankings.

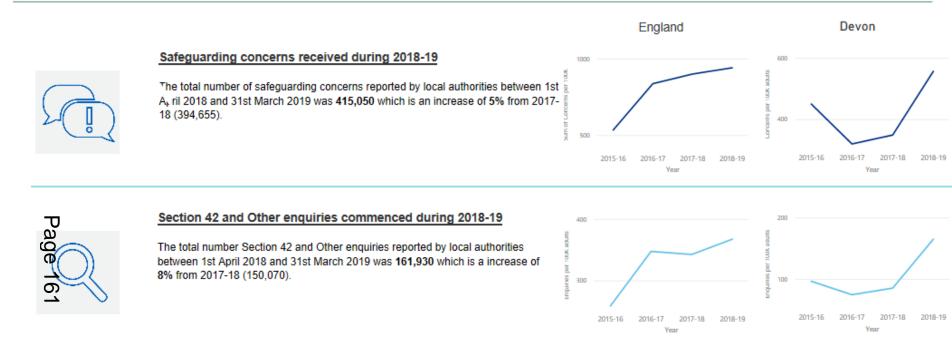
People's perception of their own safety isn't just about social care services. In focus groups and comments people refer to rural isolation, street lights, fear of crime, and perceived issues in their neighbourhood or wider community that can only be addressed by a whole council and partnership response.

ASCOF 4B: The proportion of people who use services who say those services make them feel safe.

Devon still performs below the national, regional and comparator averages but its performance and ranking show signs of improvement ahead of a peer review of safeguarding arrangements in Devon in 2020.

The <u>Care Quality Commission</u> rates a greater proportion of personal care and residential/nursing care services in Devon as Good or Outstanding than the national, regional or comparator average.





Safeguarding Concerns: Rate per 100,000 population

Safeguarding activity significantly increased in Devon during 2018-19 as a result of concerted action to address the low rate of reported concerns by raising awareness and improving practice.

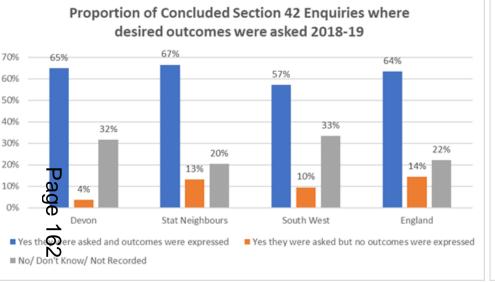
It is a national challenge in monitoring and improving performance that safeguarding practice differs widely around the country with no consensus regarding what is good.

Section 42 and other Enquiries: Rate per 100,000 population

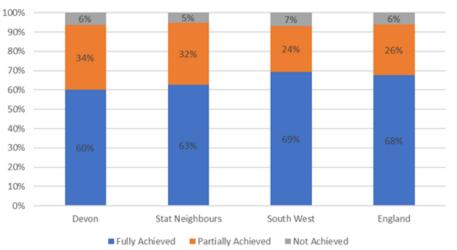
This increase in concerns has led to a proportionate increase in Enquiries. The profile of people these Enquiries are about and the reasons for them are in line with national and regional profiles.

An improvement programme has been agreed that will culminate in a <u>Peer Review</u> facilitated by the <u>Local</u> <u>Government Association</u> scheduled for May 2019.





Proportion of desired outcomes achieved 2018-19



Making Safeguarding Personal: Proportion of Concluded Section 42 Enquiries where desired outcomes were asked.

The introduction of 'Making Safeguarding Personal' encouraged practitioners to ask the person they were working with what outcomes they hoped to achieve from the process and then whether the outcome had been achieved at the end of that process.

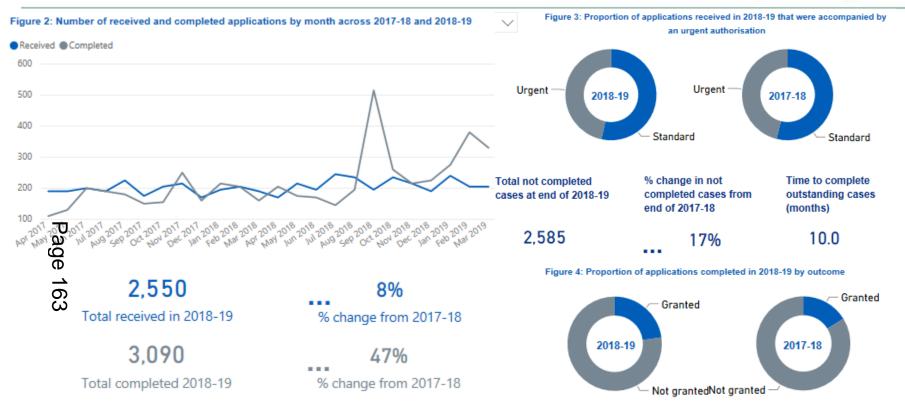
Practitioners in Devon are in line with comparators regarding asking for preferred outcomes and proportionately fewer people than elsewhere decline to express a view.

Making Safeguarding Personal: Proportion of desired outcomes achieved

In checking back with the person themselves whether the desired outcome has been achieved, the 'Making Safeguarding Personal' approach encourages a process that is more focussed on the person and their lived experience of the safeguarding process.

Practitioners in Devon are in line with comparators regarding the proportion of people saying that outcomes have been fully or partially achieved, although a greater proportion than elsewhere are recorded in the latter category.





Mental Capacity Act: Deprivation of Liberties Standards applications received and completed

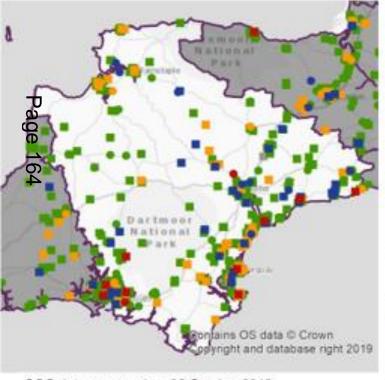
The legislation and guidance concerning <u>MCA/DoLS</u> is under review by the government given the national and local challenge in maintaining sufficient capacity to respond with the new Liberty Protection Safeguards arrangements due to be implemented in October 2020.

The council has continued to devote more resources to and has reduced its backlog to levels in the mid-range of local authorities relative to population.

We are keeping up with current and high priority applications but have a significant number of lower priority applications to address as we await government action and further advice.



This map shows the overall ratings of active adult social care locations in Devon. There may be multiple locations in one position so not all locations may be visible



CQC data accessed on 22 October 2019

Nursing	homes - see	circles on n	nap		
Area	Inadequate	R.I.	Good	Outstanding	Unrated
This LA	2% (1)	11% (7)	67% (44)	18% (12)	3% (2)
England	2%	20%	69%	4%	4%
Comparators	2%	20%	69%	6%	3%
Residen	tial homes - s	ee squares	on map		
Area	Inadequate	R.I.	Good	Outstanding	Unrated
This LA	1% (3)	13% (35)	76% (202)	8% (22)	2% (5)
England	1%	13%	79%	3%	3%
Comparators	1%	13%	80%	3%	3%
Domicili	ary care agen	cies - not s	hown on ma	P	
Area	Inadequate	R.I.	Good	Outstanding	Unrated
This LA	0% (0)	6% (8)	74% (99)	11% (15)	8% (11)
England	1%	11%	66%	4%	19%
Comparators	1%	10%	69%	5%	16%
Commu	nity care servi	ces - not si	hown on ma	p	
Area	Inadequate	R.I.	Good	Outstanding	Unrated
This LA	0% (0)	11% (3)	75% (21)	7% (2)	7% (2)
England	0%	8%	72%	4%	16%
Comparators	0%	7%	76%	2%	14%

*R.I. = requires improvement

Proportion of adult social care services regulated by the <u>Care Quality Commission</u> rated Good or Outstanding. Devon, with its preponderance of small and medium sized providers, consistently performs better than the regional and national average. The <u>Care Quality Commission</u> have highlighted the strength and continuity of leadership in Devon providers as being an important factor in sustaining these ratings.

Key insights from performance (6)

last decade, especially for

older people.



Areas of Strength Areas for Improvement Priority Action Outcome Workforce: do we Our 'Proud to Care' campaign We need to extend our 'Proud We still struggle to recruit have a sufficient and retain sufficient staff, to Care' campaign and work has been adopted locally, and well trained regionally and nationally to especially in frontline care across the health and care promote health and care as a workforce? giving roles in the system to recruit and develop a workforce to meet changing independent sector. career. needs and services. The quality and commitment This is impacting on our of our workforce has been ability to deliver the right Ultimately, in the context of care to the right people at recognised over successive Brexit, we may have to pay Page the right time in the right years in the Social Worker of more to secure sufficient. place, especially personal the Year Awards. quality care, delivered by well trained and committed staff. 16 care. Activity: how **Our Disabilities** We now support no more The comparative number of does the number older people than people with physical and **Transformation Programme** learning disabilities we serve needs to impact on both the of people we comparators but still provide is higher than elsewhere. number of people we serve services to a significantly serve compare with elsewhere? greater than benchmark and the levels of support they Intelligence also indicates proportion of younger adults. receive by promoting their we should be supporting independence including more people with dementia Our 'Home First' policy has through employment. enabled us to progress from at home for longer rather being a comparatively high to than resorting to residential Our commissioners must a comparatively low user of work in partnership with the options too soon. residential services over the independent and voluntary

sector to ensure sustainable and sufficient services.

Performance: workforce



England

6.6%

6.5% 7.2%

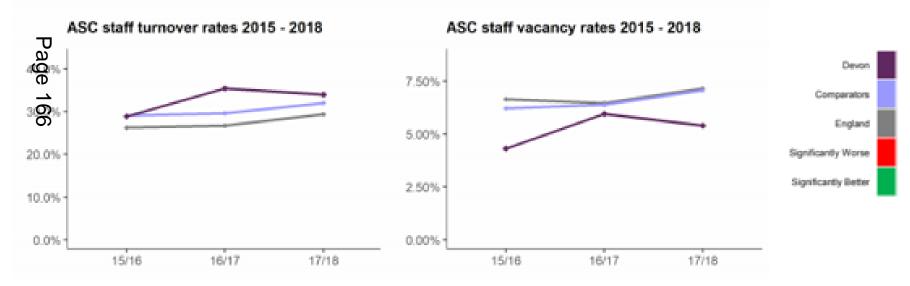
omparators

6.2%

6.4%

7.1%

Period	LA	Comparators	England		Period
15/16	28.9%	29.1%	26.2%		15/16
16/17	35.4%	29.6%	26.7%		16/17
17/18	34%	32.0%	29.4%		17/18



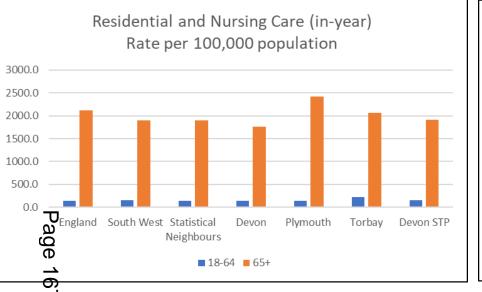
In its <u>Local Area Report</u> the <u>Care Quality</u> <u>Commission</u> uses data from the <u>ASC-WDS</u> return by providers to <u>Skills for Care</u> coordinated by councils to assess comparative performance in workforce recruitment and retention.

This performance depends on many factors outside of our control, especially local labour market conditions. Turnover rates in Devon have consistently been at or above those in comparator authorities and the national average. This may be because of significant competition in lower paid work including seasonal work.

The declared vacancy rate in Devon is lower than comparators. Given sufficiency challenges, there is a risk providers in Devon are seeking to sustain not expand.

Performance: activity





Community Based Services (in-year)) Rate per 100,000 population

Residential activity levels

For residential/nursing activity levels:

- Devon incidence is less than all comparator averages for people aged 18-64. Devon is supporting 47 fewer people than the SN average.
- Devon incidence is below national, regional and SN comparator averages for people aged 65+.
 Devon is supporting 154 fewer people than the SN average.
- Our 'Home First' policy has enabled us to progress from being a comparatively high to a comparatively low user of residential services over the last decade.

Community activity levels

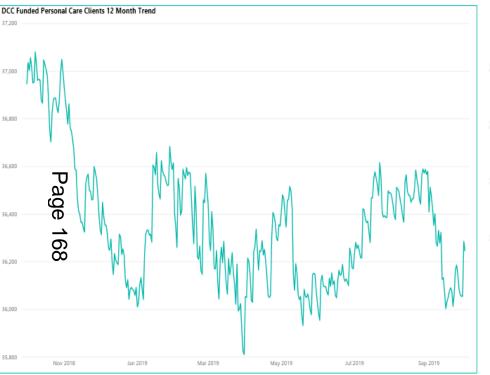
For community based service activity levels:

- Devon incidence is in excess of the main comparator averages for people aged 18-64. At SN incidence rates, Devon would be serving 710 (431 in 2017-18) fewer younger adults.
- For older adults, Devon incidence is in excess of SN and SW comparator averages. At SN incidence rates, Devon would be serving 244 (760 in 2017-18) fewer older adults.

Activity levels for 65+ depend on wealth as well as need and practice.

Performance: personal care



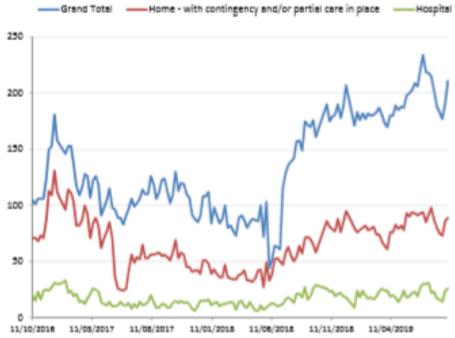


Personal care delivery

From summer 2016 we have promoted the independence of older people through strength-based practice to find alternative solutions to some or all of people's needs, reducing volume during that period by over 8,000 hours, around 25% of the total.

Over the last year volumes have stabilised at between 36,000 and 37,000 per week.

Monthly snapshot of total unallocated care packages since 11/10/2016



Personal care sufficiency

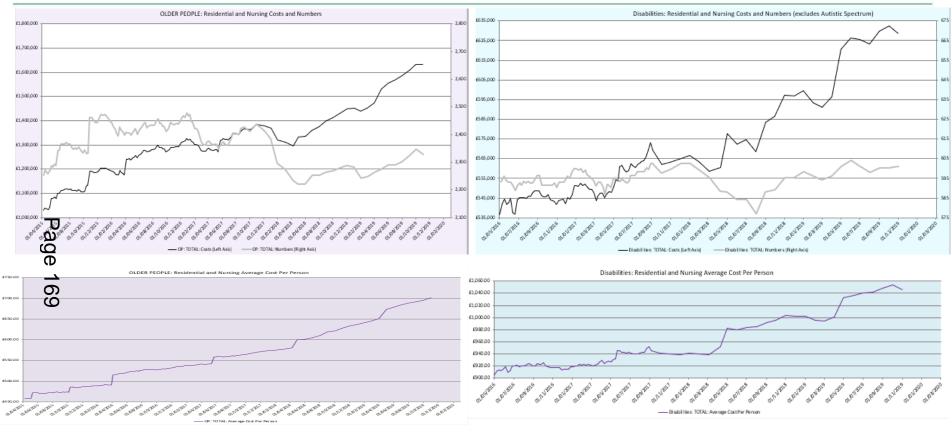
Personal care sufficiency is the most significant social care market challenge locally and nationally.

This is largely driven by workforce recruitment and retention challenges and exacerbated by real or apparent financial frailties among providers.

The impact of insufficiency is mainly on other services provided as short-term contingency.

Performance: residential care





Residential and nursing care for people 65+

The average cost we pay per bed in Devon has risen significantly over the last four years to secure sufficient quality care to meet growing acuity of need.

We have manged to operate within budget by managing the number of placements, despite the demographic pressure of an ageing population.

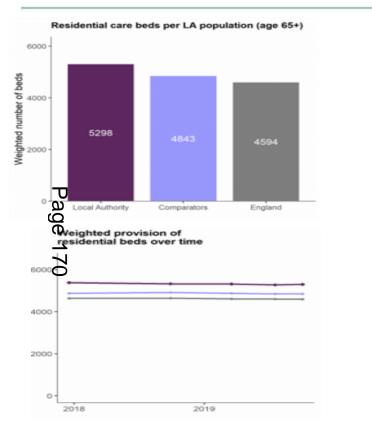
Residential and nursing care for people 18-64

Real market inflation for working age adults has also risen over the last four years, but less so earlier in that period and more latterly.

In all adult social care services market inflation is significantly impacted by the national living wage.

Performance: residential care



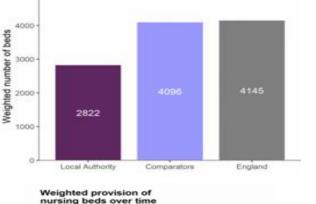


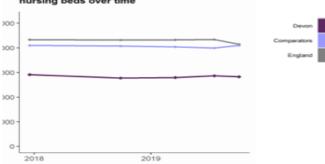
Sufficiency of Residential Care

Devon has more residential care beds than comparators, and capacity is stable.

However, nursing and residential capacity is best considered together as some areas use registered nursing capacity for residential placements.

Nursing care beds per LA population (age 65+)





Sufficiency of Nursing Care

Devon has fewer nursing care beds than comparators, and capacity is reducing.

Nursing homes are particularly vulnerable to Brexit with 20% of registered nurses being EU nationals.

Overall, Devon has about 10% fewer beds relative to its 65+ population than comparators.

Key insights from performance (7)

budget settlement.



Outcome	Areas of Strength	Areas for Improvement	Priority Action
Cost: how does the cost of services compare with	When compared with the south-west region, our unit costs are generally at or below the average.	Unit costs in Devon are now rising more rapidly than elsewhere in the region from a lower base.	We are about to embark on a regional framework for residential care to people with learning disabilities.
elsewhere? Page 171	Our new contractual framework paying a 'fair price for care' is requiring additional investment to sustain sufficiency and quality.	At current levels of funding we are balancing sufficiency, quality and affordability; funding increases are barely covering national living wage driven pressures on costs.	We are now reviewing our Living Well at Home framework for commissioning personal care regarding our use of primary providers and ready for a new tendering exercise.
Spend: how does what we spend compare with elsewhere?	Overall, we are an average spender on adult social care services nationally, and one of the lower spenders on long-term support in the south-west region. Where overspends have emerged we have a track record of making tough choices to sustain services although 2019-20 is proving challenging following a tough	We spend little more now on services to older people than we did ten years ago. All of the additional investment made by the council has gone into services to working age adults on whom we now spend a greater proportion of our resources. This is a national trend but we spend more than is typical on people with	We are waiting on the outcome of the general election to see whether the reform of adult social care and its funding is on the agenda. The national debate has focussed on older people, and catastrophic care costs, while working age adults with disabilities are the priority in our change programme.

learning disabilities.

Performance: residential unit cost



	Residential/Nursing Care (65+)				Residential/Nursing Care (18-64)		
	2017-18	2018-19	% Change		2017-18	2018-19	% Change
England	£614.98	£649.62	5.6%	England	£1,224.99	£1,270.69	3.7%
South West	£719.19	£752.41	4.6%	South West	£1,357.54	£1,459.35	7.5%
Devon Pa	£679.43	£722.82	6.4%	Devon	£1,108.18	£1,210.45	9.2%
Plymouth	£554.26	£563.21	1.6%	Plymouth	£1,004.50	£1,084.92	8.0%
Torbay 72	£578.61	£625.32	8.1%	Torbay	£883.39	£931.07	5.4%

Residential and nursing care costs for adults 65+

Unit costs of residential/nursing care for older adults continue to increase nationally, regionally and locally. The impact of maintaining in-house specialist services and the use of market premia impact adversely on Devon's rates as is the impact of the new fee model is.

Devon unit cost £722.82 (£ 679.43 in 2017-18) remains less than the SW average £752.41 (£719.19 in 2017-18), but above the England average £649.62 (£614.98 in 2017-18) for all LA arranged residential/nursing care. Compared to the SW average Devon is paying £29.59 less per week. This gap has decreased by £10 since 2017-18.

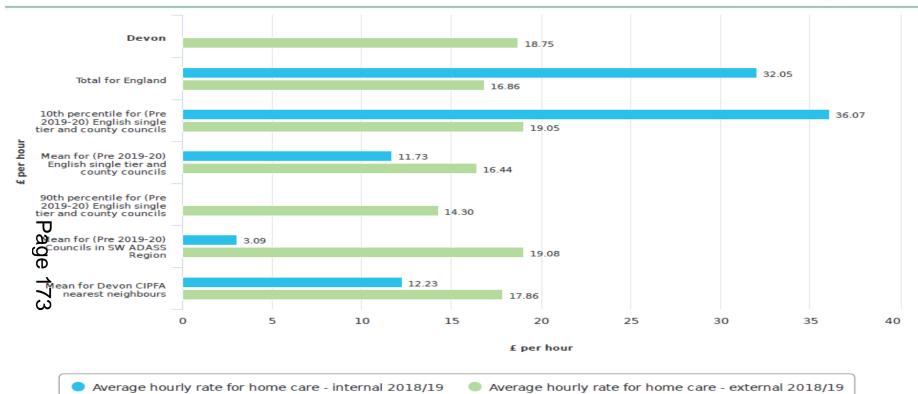
Residential and nursing care costs for adults 18-64

Unit costs are computed by reference to full year spend divided by in-year activity reconciled to the SALT return. There is an upward trend in the unit cost of residential and nursing care for younger adults both nationally and regionally. Devon has seen a more marked increase +9.2% between periods

Devon unit cost (£1,210.45) is less than the SW average (£1,459.35), and less than the England average (£1,270.69) for all LA arranged residential/nursing care. This represents an average saving of £248.90 per week compared to the SW average. This differential has decreased slightly from £249.44 in 2017-18.

Performance: personal care unit cost





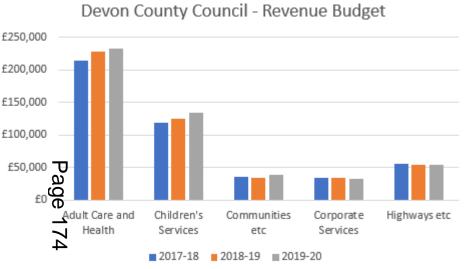
Devon unit cost (£18.75) is less than the SW average (£19.12), but above the England average (£16.86) for commissioned personal care.

Upward cost pressure in the unit rates of commissioned domiciliary care is evident nationally, regionally and locally, in part driven by increases in the national living wage and challenges in recruiting and retaining staff to maintain sufficient and high quality services.

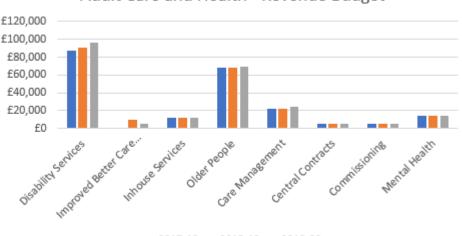
Devon rates are typical of the region. The challenges we face in Devon to secure sufficient supply of personal care in some parts of the county are also evident around the region and nationally and are due to difficulties in recruiting and retaining good staff to deliver quality care at an affordable price.

Performance: spend





Budget Adult Care and Health - Revenue Budget





Devon County Council: Revenue Budget

Details of the Devon County Council revenue budget, capital programme and medium term financial strategy can be found in <u>our budget books</u> along with our annual outturn reports and details of how our services are funded through Council Tax.

In 2019-20 the proportion of the revenue budget allocated to adult care and health is 47.0% of the Devon County Council budget, a proportion that reduced last year but grew over the decade.

This is challenging and we await promised government action on long-term funding.

Adult Care and Health: Revenue Budget

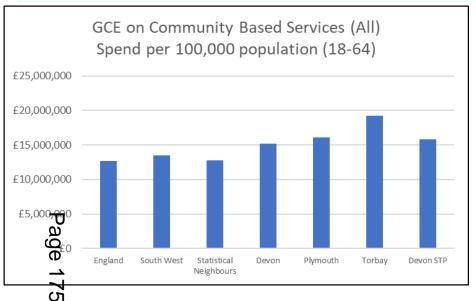
Our budget books also contain details of the breakdown of the Adult Care and Health budgets including allowances we make for inflation (incorporating increases in the National Living Wage) and demographic growth.

In 2019-20 we planned £3.9mn further savings (the difference between our 2018-19 budget adjusted for pressures and our allocation of council budget.

Additionally, the <u>Improved Better Care Fund</u> is a temporary government grant intended for specific purposes to sustain the health and care system.

Performance: spend on community services



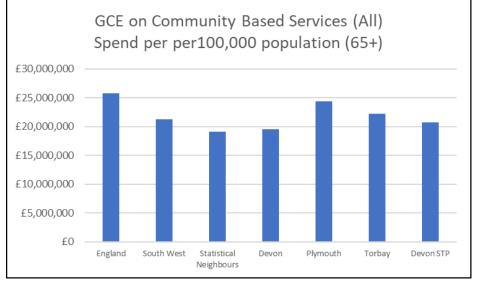


Gross Current Expenditure (GCE) on community based services for adults aged 18-64

Devon spends more on community based services per 100,000 population (18-64) than all comparators, but is much more typical to the STP average.

Devon spends £23.85 per head (18-64) more than our SN; reducing spend to SN levels would save £2.384m per 100,000 population (18-64).

This is driven mainly by greater incidence of people served and greater intensity of service than is typical. Our Disabilities Transformation Programme is seeking to address this.



Gross Current Expenditure (GCE) on community based services for adults aged 65+

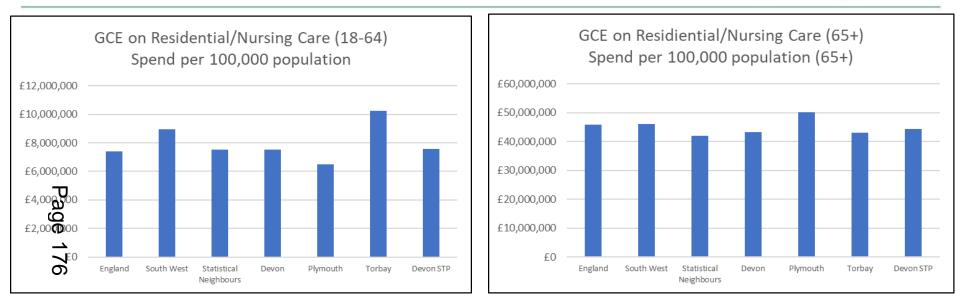
Our spend per 100,000 population on the 65+ cohort is now typical to our Statistical Neighbours, but significantly below England and the South West averages.

Devon spends £4.61 per head (65+) more than our SN; this represents ± 0.461 m more spend per 100,000 population (65+).

For adults 18-64 we benchmark at the bottom of the first quartile, for adults aged 65+ we are around the bottom of the third quartile.

Performance: spend on residential services





Gross Current Expenditure (GCE) on residential/ nursing services for adults

Devon has seen a further increase in the spend per 100,000 population (18+) on residential and nursing care between years (£18.54m from £17.75m). This trend is mirrored across all comparators. Regional spend has increased significantly (£19.11m from £16.32m).

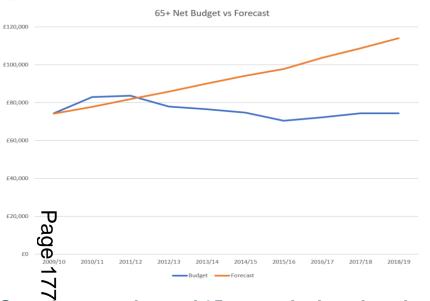
This increase in spend is driven more by unit cost than activity. The cost increases involved cannot be a product of complexity alone given year-on-year changes but are more associated with market factors including the impact of the national living wage. <u>Recent analysis</u> has shown that the profitability of the sector is variable, with the largest providers making the greatest margin.

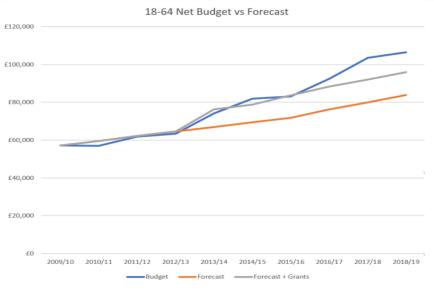
Devon spends £185.42 (£177.53 in 2017-18) per head on residential and nursing care which is more than the SN average of £174.38 (£164.14 in 2017-18) and England £162.96. Overall this represents £1.103m more expenditure per 100,000 over 18 population compared to SN. The cost pressure relates to older adults: £1.268m per 100,000 (65+).

Performance: spend over time

In last year's report we included this analysis of spend against forecast over the last decade; we incorporate it again because of the useful context it gives.







Spend on people aged 65+ over the last decade

We are spending no more on older people now than we were in 2009-10 despite demographic and inflationary pressure.

This represents a £40mn saving achieved, comparing how spend would have increased had it done so allowing for pressures on demand and cost.

We have achieved this by reducing residential costs and volumes 2010-16 taking a 'home first' approach to meeting people's needs and by using strength-based practice, promoting independence to reduce personal care volumes 2016-18.

Spend on people aged 18-64 over the last decade

Using the same methodology for adults aged 18-64, we are spending £10mn more now than we forecast applying demographic and inflationary pressure and allowing for the government funded take-on of new responsibilities.

There have been marked increases in our spend on people with learning disabilities and autism, in part due to improving survival in childhood extending life expectancy.

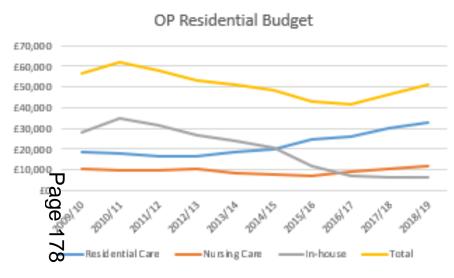
In particular we have experienced cost pressures from young people transitioning from children's services.

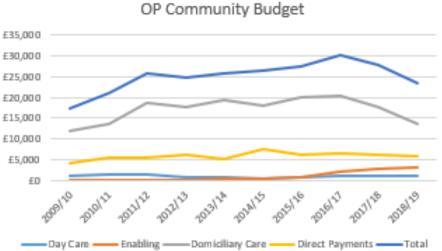
Since 2014-15 locally and nationally we have been spending more on working age adults than older people.

Performance: spend over time 65+

In last year's report we included this analysis of spend against forecast over the last decade; we incorporate it again because of the useful context it gives.







Spend on people aged 65+ over the last decade

The two phases of savings strategies for OP have been:

- Closure of more costly in-house services 2011-16
- Promoting independence for those living at home with a 25% reduction in commissioned personal care hours in that period.

Our spend in cash terms on OP is the same as in 2009-10 within £100k:

- To provide the same level of service relative to population, we'd need an average annual budget increase of up to 7% per year.
- We have in fact averaged 0% per year.

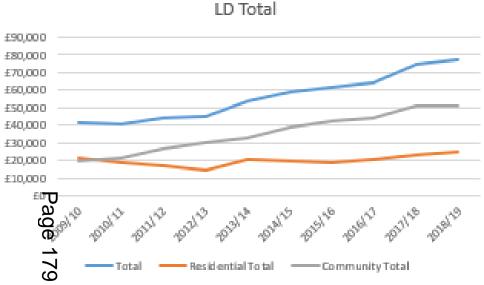
In the last three years, spend on residential care has been rising due to cost pressures and with pressures from the national living wage and our 'fair price for care' framework. Our priorities are to:

- Ensure market sufficiency, especially in the personal care market
- Targeted short-term services to prevent, delay, reduce ongoing services.
- Better community services to prevent and delay admissions into care homes for people with dementia and develop an improved range of accommodation with care options.

Performance: spend over time 18-64

In last year's report we included this analysis of spend against forecast over the last decade; we incorporate it again because of the useful context it gives.





There are many positives to how services to people with Learning Disabilities in Devon over the last decade have developed:

- · A shift from more to less institutional care
- A shift from residential settings to supported living
- A shift from day care to individualised support
- Very positive survey results
- The impact of reductions in benefits being buffered
- More people with autistic spectrum disorder being supported

But the challenges are:

- Working with young people and their families to prepare them for living as independently as possible as adults
- Seeking to enable people with Learning Disabilities to live more independently
- The timescale to make changes working with people who we support over decades when our budgets are under pressure now
- Capacity, capability and culture to transform
- The need to secure buy-in to our promoting independence approach from clients, carers, providers and our own staff

During the period we have also taken on new responsibilities and experienced the impact of national policy changes:

- Take-on of responsibility for accommodation of long-term residents from NHS from 2013-14
- The Independent Living Fund was discontinued with funding transferred to local authorities in 2015
- Various other national benefit changes have impacted on people with disabilities during the period e.g. Disability Living Allowance, Personal Independence Payments, Housing Benefit

Promoting Independence in Devon 2019





Change programme



Change Programme: Prevention



Theme	Initiative	Progress
Prevention: enabling more people to be and stay healthy.	Social Prescribing: developing a system-wide approach to linking people to voluntary sector support as a means improving health and wellbeing and changing patterns of health and social care service demand.	We have made progress in taking a whole system approach to the spread and adoption of social prescribing and community referral across Devon alongside Primary Care Network partners as part of the Prevention STP programme. We are exploring the use of social prescribing at all three levels of the care pyramid: Universal, Targeted and High Intensity
Page 181	Stimulating the voluntary sector: through targeted seed-funding and community development.	Our communities function is attracting external resources into Devon's voluntary sector e.g. through crowdfunding as we week to support the voluntary sector across the county
181	Making every contact count: a training initiative for professionals across the health and care system.	The 'Healthy Conversation Skills: Making Every Contact Count' training opportunity is more widely available to health and care staff working to directly support people in making positive changes to their physical and mental health and wellbeing.
	Falls prevention: working across the health and care system to reduce the incidence of falls.	We are working on significant whole system investment in falls prevention and specialist fracture liaison services funded via the STP Prevention Programme.
	<u>Re-procurement of</u> Public Health- lifestyle services.	The 'One Small Step' service provides a tiered approach with the promotion of healthier choices, open access advisory services, the free availability of motivational tools, and specialist support available to those who would benefit from it most.

Change Programme: Empowerment



Theme	Initiative	Progress
Empowerment: enhancing self- care and community resilience. Page 182	Personalisation: using direct payments and Individual Service Funds to give choice and control.	We continue to offer and encourage direct payments where they support people in promoting their own independence and give people real choice and control
	Employment: working with employers to support people into and in employment.	Our ' <u>Ready When You Are</u> ' campaign and virtual employer hub developed with the DWP and Learn Devon promotes the employment and employability of people with disabilities and mental health needs.
	Strength-based care management: improving our care management practice and process.	Our programme of continuing professional development for frontline staff focusses on developing strength-based practice; we will be working hard on equipping staff for our new practice model over the next 12–18 months.
	Technology Enabled Care Services (TECS): equipping homes with aids that maximise independence.	We have promoted our offer including through a TECS house and bus and innovation sessions to identify and promote best practice and encourage take-up in this fast developing area.
	Caring Well in Devon: implementing our contract with <u>Westbank</u> to support carers in their caring role.	Our new contract with <u>Westbank</u> has been implemented and we are working hard together to improve the way carers are supported in Devon.
	Preparing for Adulthood (PFA): ensuring young people experience a smooth transition to independence.	Our PFA Team is working with young people and families at an earlier age providing accessible information so families know what to expect when transition occurs.

Change Programme: Support at home



Theme	Initiative	Progress
Support at home: integrating and improving community services and care in peoplats home 183	Living Well at Home: developing our personal care framework to maintain capacity and improve outcomes.	Our Living Well at Home contractual framework is well embedded and we are now considering how best to meet our personal care market needs in the coming years as we continue to focus on securing sufficient care when and where it is needed with the market challenges that exist.
	Supporting Independence: individualised support to assist independent living.	Our supporting independence contractual framework has been implemented, including the greater use of assistive technology, and we continue to look for ways to improve our offer,
	Short-term services: developing an integrated reablement, rehabilitation and recovery offer.	Our reablement and rapid response services are better integrated but capacity is being diverted to fill gaps in the personal care market limiting their impact on promoting independence and this is something we continue to seek to address.
	Enabling: targeted short-term support to people with disabilities to develop their independent living skills.	We have now remodelled our Reaching for Independence service which focusses on enabling people to progress to become less dependent on support over time.
	Day opportunities: purposeful and interactive group-based activities.	Our approach to day opportunities for working age adults continues to focus on employment and meaningful, mainstream activities.
	Supported living: ensuring the right balance of group and individual support in supported living settings.	We encourage supported living over residential care and review people's needs to ensure the best balance of individual and group support to promote their independence.

Change Programme: Specialist care



Theme	Initiative	Progress
Specialist care: delivering modern, safe, sustainable services. 00 18 4	Housing and accommodation: improving the range of housing and accommodation options in Devon.	We are developing a strategy to give people a true choice in where they live. This includes mainstream housing, housing with care and support, and residential/nursing care and we will work with the whole system to make this a reality.
	In-house services review: ensuring our in-house residential and respite services are fit for purpose.	We keep our remaining in-house services under review to ensure value for money and to achieve best outcomes for the residents of Devon.
	Residential and nursing care framework: implementing a new contract for older people.	We have implemented a new contractual framework with care homes that is more responsive to the individual needs of the people we whole or part fund and are considering plans to extend from older people to all adults.
	Regional commissioning: taking a more regional approach to commissioning specialist bed-based care.	We are currently working with commissioning colleagues in the south-west <u>ADASS</u> region to explore the potential of regional approaches to improve commissioning and quality assurance particularly for those with learning disabilities and/or autism.
	Quality assurance: maintaining the comparatively high-quality care in Devon by investing in quality assurance and contract management.	We continue to improve our intelligence-led approach to identifying providers who can benefit from support and the proportion of regulated care provision rated Good or Outstanding in Devon continues to exceed all comparators.

Change Programme: Supporting strategies



Theme	Initiative	Progress
Supporting strategies: developing our workforce, markets and information technology. Page 185	Internal workforce strategy: developing our care management capacity and capability.	We have a dedicated team of HR and Service Professionals, focussed on developing and delivering our Workforce Strategy and <u>'Working for Devon</u> ' campaign. This aligns to STP Workforce and 'Proud to Care' strategies regarding attraction, career pathways, grow your own, learning/development and health/wellbeing.
	External workforce: using our <u>Proud to Care</u> campaign to promote health and care careers.	We now have 280+ <u>Proud to Care Ambassadors</u> promoting health and care careers around the county and will continue to take on more. The brand has been adopted regionally and nationally and we will be piloting Student Nursing Associates from March 2020.
	Information Technology: working across our health and care partnership on integrated IT solutions.	Our <u>Microsoft partnership</u> has been recognised nationally and we share a <u>digital roadmap</u> with STP partners. We have successfully deployed Office 365 collaboration tools to DCC and CCG staff and this year will begin the process of reviewing and upgrading our core Care Management system and investing in our Market intelligence.
	Market Development: working with social care providers to improve quality and sufficiency.	Our market development work is recognised by <u>ADASS</u> as leading the south-west region, in particular our use of intelligence to manage sufficiency and improve quality.
	Safeguarding: working with our partners through the Safeguarding Adults Board to improve the safeguarding of vulnerable people.	We have undertaken deep dive and case audit work to inform an improvement programme and are planning a Peer Review facilitated by the Local Government Association in March 2020 to assess our progress.

Promoting Independence in Devon 2019





Links to other information (Click to access)







NHS	Adult Social	Care Analy	tical Hub
Digital		-	

The Adult Social Care Analytical Hub links to home pages for each of the social care publications. Each homepage has links to that publication's Power BI interactive report, web publications and guidance.





Home > People, population and community > Health and social care > Health care system >

Demand for adult social care across counties and unitary authorities in England

Agricle: Deemand for adult social care across counties and unitary authorities in England

Explore how demand for adult social care varies across England using our interactive maps.

National resources: Care Quality Commission





Devon local authority area profile - Older people's pathway

Date produced: 23 October 2019

Contact: arealevelanalytics@cqc.org.uk

National resources: LG Inform



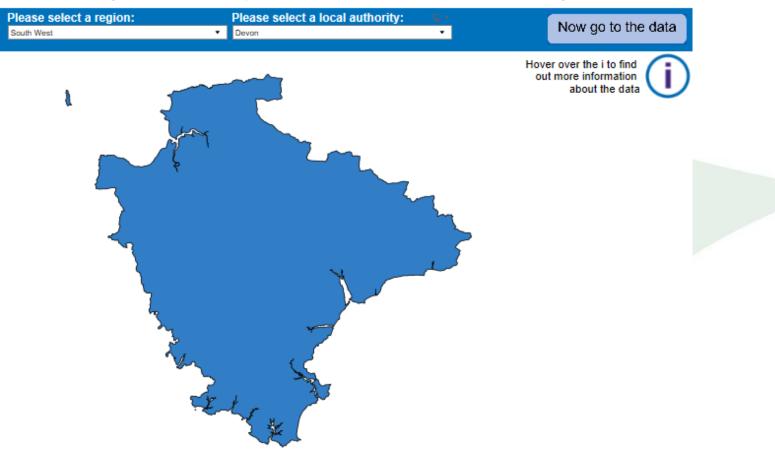
Local Government Association | LG Inform 💿 | LG Inform Plus 💿 | Data 💿 Help | About | Sign in | Register Q Data and reports 👻 Benchmarking clubs 👻 Online training Home LG Inform Local Government Association Improving services through information Hide Welcome to LG Inform LG Inform presents you with up-to-date published data about your local area and the performance of your council or fire and rescue authority. Whether you're interested in scrutiny, a particular service area, or simply need an overview, it can help you review and compare performance with other authorities. See how your area compares Search by area or postcode Search ค Devon compared to All English county local authorities Quantiles dashboard Percentage achieving 9-5 in English & Residual household waste per household (annual) Children looked after rate, per 10,000 children mathematics 2017/18 (academic) 2017/18 aged under 18 2017/18 550



Local authority summary

Please use the menu or map below to select a local authority area.

Once you have chosen an area, select one of the buttons at the bottom to learn more about your area.



Press here to go to local authority comparison dashboard

Healthwatch Devon annual report



Changes you want to see

Last year we heard from 2,605 people who told us about their experience of a number of different areas of health and social care. Here are some examples of the changes that you want to see.



+ Make it easier to see a doctor or nurse quickly



 Healthcare professionals should have a positive attitude and be empathetic



 Staff should take the time to speak to people about what to expect next



 Services should provide information so that people can make informed decisions about their care

Public Health England Dashboard



Devon

Compare:

Similar local authorities

Deprivation group

All local authorities

D Show data for:

© Summary rank

Child obesity

ω NHS Health Checks

Tobacco control

Alcohol treatment

Drug treatment

Best start in life

Sexual and reproductive health

Air Quality

Devon is in Socioeconomic decile 8

Socioeconomic deprivation

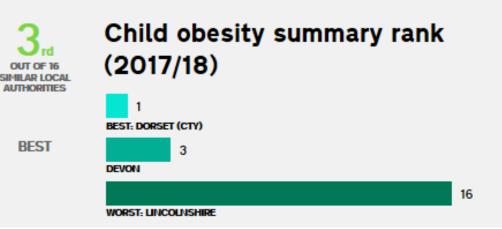
Similar local authorities

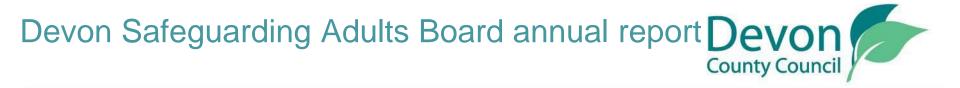
Similar view: Devon's rank within its CIPFA nearest neighbours (most similar local authorities)

Key for summary rank indicators

Group	Definition	Label
📕 1st quartile	Lowest 25% of LAs (low rank is good)	Best
2nd quartile	LAs with values that lie between 25% and 50% in the rankings	Better than average rank
3rd quartile	LAs with values that lie between 50% and 75% in the rankings	Worse than average rank
4th quartile	Highest 25% of LAs	Worst

Rank Indicator data





Devon Safeguarding Adults Board Annual Report 2018/19



Devon STP long-term plan





Better for You, Better for Devon

Working together to develop our Long Term Plan for health and care





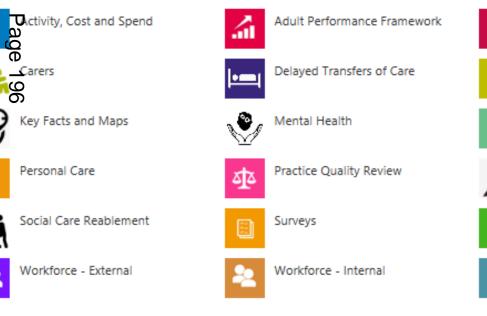
Devon County Council staff resources



ASC MANAGEMENT INFORMATION

Adult Social Care Management Information

Please email if you experience any problems accessing what you need or if something is missing or incorrect





5

Adult Social Care Outcomes Framework



National Analytical Hub

Reaching for Independence

Disabilities



Incident Reporting



(III)



National Links

Care Homes



Safeguarding



Training Matrix



Team Contacts



Joint Strategic Needs Assessment





Committed to promoting health equality

You are here: Home > Joint Strategic Needs Assessment

Home

HealthOnd Wellbeing Board
Joint dealth and Wellbeing Strategy
Joint Strategic Needs Assessment
Annual Public Health Reports
Health and Wellbeing Library

Sitemap

Contact us

Joint Strategic Needs Assessment

A Joint Strategic Needs Assessment (JSNA) looks at the current and future health and care needs of local populations to inform and guide the planning and commissioning (buying) of health, well-being and social care services within a local authority area.

Visit this page for further information about what the JSNA is and what it is used for in Devon: What is the JSNA?

The sections on the right contain further information from the Joint Strategic Needs Assessment including community health and wellbeing profiles, topic-based information, and information about the performance of health and social care services locally.

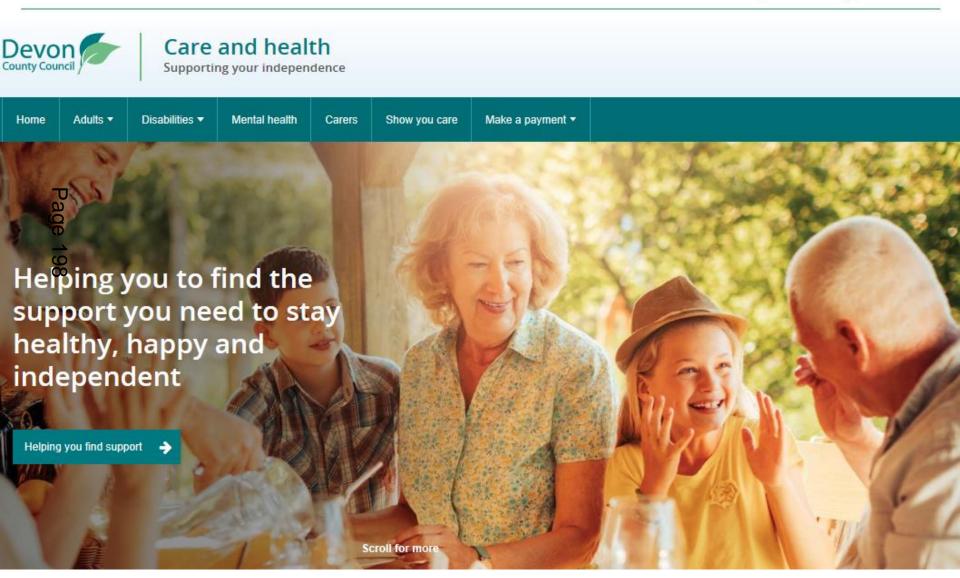
We've also put together a short video explaining how to use the Community Health and Wellbeing Profiles tool.





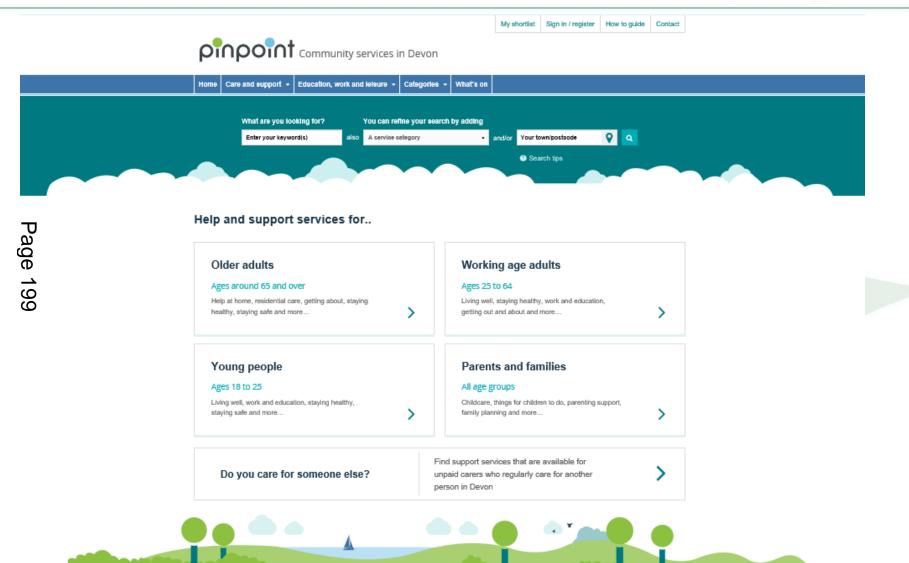
Devon County Council online information





Devon County Council community directory





Devon County Council scrutiny





Scrutiny at Devon County Council

Tscrutiny is a part of the Council's democratic structure led by Non-Executive Councillors. It works to the common aim of improving services for the local accommunity and is involved in the following:

Policy review and development: Helping to shape the way public services are delivered. Scrutinising decisions: Is the right action being taken? Are services working effectively?

- O. External scrutiny: Examining services that impact upon the local community.

Scrutiny does not make decisions; it uses evidence to make recommendations to the Cabinet to request change.

Scrutiny committees

We have three scrutiny committees that independently monitor how the Council goes about its business and the decisions it makes.

- Corporate Infrastructure and Regulatory Services Scrutiny
- Health and Adult Care Scrutiny Committee
- Children's Scrutiny Committee

As well as scrutinising the Council's own services, scrutiny committees have the power to look into the provision of health services and issues which affect the economic, social or environmental wellbeing of the county.

Devon County Council also hosts the Heart of the South West (HotSW) Local Enterprise Partnership Joint Scrutiny Committee for the HotSW area.

Heart of the South West Local Enterprise Partnership Joint Scrutiny Committee

How does scrutiny work?

Read our Guide to scrutiny >>

Devon County Council audit



Democracy in Devon				
Home Councillors • Elections •	How the council works 🔻	How to get involved 🔻	Minutes and agendas	Officer decisions
Calendar	document library / docu	ment / meetings / cor	nmittee details	
Committees	Committee	details		
Gonsultations	Audit Comm	ittee		
Ponstitution	 Browse meetings and agendas for this committee View contact details for the members of this committee View attendance statistics 			
Contraction results				
ePetitions	View declarations of interest			
Forthcoming Decisions	 Subscribe to RSS feed 			
Forward plans	Purpose of committee			
		ces; monitor internal and e	external audit performanc	l information systems; oversee e and risk management systems; 's financial administration.
Meetings	Membership			
Outside bodies	Councillor John Mathews	(Chair)		
Parish Councils	Councillor Ian Hall (Vice-	Chair)		
Search documents	Councillor John Berry Councillor Julian Brazil			

Devon County Council engagement



Have your say



You are here: Home » Adult Social Care and Health engagement

Adult Social Care and Health engagement

won County Council is committed to enabling people who receive our support to have their say in the planning, commissioning and provision of services, whenever possible.

We have a number of different ways of engaging with service users and carers and the wider public, to ensure we learn from experiences of those people we support.

This page outlines our approach to engagement and contains links to pages giving more details of the ways in which we involve people in adult care and health issues.

Types of engagement activity

The ways in which we listen to service users and carers vary depending on the type of service and the changes we are making to it. We work out which aspects of service development can realistically be influenced by the people receiving those services and the best way to enable them to have their say.

Methods of engagement include:

- · discussion forums
- issue-based focus groups
- task-and-finish and other working groups

Devon County Council feedback





Feedback and complaints

• You are right at the heart of everything we do and we welcome your feedback. This helps us to improve our services and to make sure we treat everyone fairly. Sometimes things do go wrong. If this happens we need you to tell us so that we can try and put it right and stop it happening to others.

We also want to know when our staff have done a good job or exceeded expectations when delivering a service. Compliments will be passed to the relevant manager who will ensure that the team or staff member receives acknowledgement and recognition.

To provide feedback or make a complaint, please contact:

Customer Relations Team Room 120, County Hall Topsham Road Exeter EX2 4QD

Email: customer.relations@devon.gov.uk Tel: <u>0800 212 783</u> Fax: 01392 382025 Download a copy of our leaflet which includes a feedback form for you to print out.

Devon County Council budgets



You are here: Home Council finance Budgets

Budgets

Financial targets are set for all the areas of activity that are undertaken by the County Council. Day-to-day expenditure and income are referred to as revenue and investment in assets is referred to as capital.

Elected members approve all budgets of the Authority and throughout the year monitoring of expenditure and income is undertaken to ensure that spending remains under control.

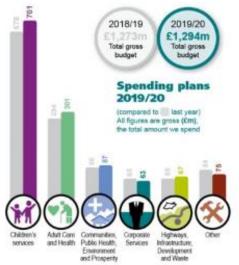
The funding for the budget currently comes from several sources Including council tax, business rates and government grants, fees and charges.

2019/20 is the final year of the government's four-year local government financial settlement and core funding for the County Council is expected to reduce from £115 million in 2018/19 to £101.5 million in 2019/20. This is a reduction of £13.5 million or 11.7%.

This reduction has been offset to some extent by additional grants for winter pressures of £2.6 million and social care support of £6.1 million, but it is still a significant reduction to our funding at a time when there are huge pressures on social care services.

Over the nine-year period 2011/12 to 2019/20 the Council has had to make savings of just under £265 million.

There is currently great uncertainty about the level of future funding from government after 2019/20.



In addition to the Impact of the government's new

comprehensive spending review (CSR 2019), expected later in 2019, and the planned business rate funding reset, there are two significant reforms to local government funding the government is consulting on - Business Rates Retention Reform and the Fair Funding Review.

There is currently no information available on the impact these changes will have on the level of funding local government can expect after 2019/20.

The prospect of the UK's departure from the EU (Brexit) also creates further uncertainty of the impact on funding of local government.

Budget

- Budget Book 2019/20
- Budget book 2018/19
- Budget book 2017/18
- Budget book 2016/17

Page 204

Outcomes



Return	Adult Social Care Outcomes Framework (ASCOF)
National analysis	National ASCOF 2018-19
Page 20	Interactive ASCOF benchmarking tool 2018-19 (staff only)
Questions answered	 Outcomes in four domains drawing on the range of Adult Social Care Returns: Enhancing quality of life for people with care and support needs Delaying and reducing the need for care and support Ensuring that people have a positive experience of care and support Safeguarding adults whose circumstances make them vulnerable and protecting from avoidable harm

Activity



Return	Short and Long Term Support (SALT)
_	Social care activity and finance 2018-19
Page 206	DCC activity and spend benchmarking analysis
Questions answered	 How many people did we serve over the year and on the last day of the year by: Primary Support Reason Age Band Service duration Service type How does this compare to other local authorities relative to population?





Return	Adult Social Care Finance Return (ASC-FR)
National analysis	Social care activity and finance 2018-19
Page 2	DCC activity and spend benchmarking analysis How much did we spend on services over the year and what was their unit cost by:
Questions answered	 How much did we spend on services over the year and what was their unit cost by: Primary Support Reason Age Band Service duration Service type How does this compare to other local authorities, relative to population for spend?

Workforce



Return	Adult Social Care Workforce Data Set (ASC-WDS)
National analysis	ASC-WDS Adult Social Care Workforce Data Set
P	The state of the adult social care sector and workforce in England 2019
Page 208	The size and structure of the adult social care sector and workforce in England 2019
	The adult social care workforce in the South West 2018
	<u>The adult social care workforce in Devon – dashboard</u>
	The adult social care workforce in Devon - report
Questions answered	 How many social care employers in Devon are there? What is the level of recruitment and retention? Who do they employ in what roles? What is their demographic: gender, age, nationality? What is their level of qualification, skills and training?

Survey of Carers



Return	Personal Social Services Survey of Carers in England (SACE)
	Survey of Adult Carers in England 2018-19 Report Survey of Adult Carers in England 2018-19 Tool
Page 209	Interactive report on survey of Adult Carers 2018-19
Questions answered	 A range of questions, including those used in Adult Social Care Outcomes Framework regarding: Satisfaction with Support and Services Carer reported quality of life Social Contact Involved and Consulted in support of cared-for person Access to Information and Advice



Return	Personal Social Services Adult Social Care Survey (ASCS)
Page 210 Local analysis	Personal Social Services Adult Social Care Survey 2018-18 Report Personal Social Services Adult Social Care Survey 2018 40 Teel
	<u>2018-19 Tool</u>
Local analysis	Interactive report on survey of Adult Service Users 2018-19
Questions answered	 A range of questions, including those used in Adult Social Care Outcomes Framework regarding: Satisfaction with Support and Services Reported quality of life Social Contact Control over daily life Access to Information and Advice Perceptions of safety





Return	Safeguarding Adults Collection (SAR)
	Safeguarding Adults Collection Report 2018-19 Safeguarding Adults Collection Tool 2018-19
Page 211 Page 211	Devon Safeguarding Adults Board Presentation 2018- 19
Questions answered	 Safeguarding: Concerns, Enquiries and Outcomes Sources, settings, subjects and referrals





Return	Deprivation of Liberties Standards (DoLS)
National analysis	Mental Capacity Act (2005) Deprivation of Liberty Safeguards, (England) 2018-19 Report
Page 212	Mental Capacity Act (2005) Deprivation of Liberty Safeguards, (England) 2018-19 Tool
Local analysis	Devon Deprivation of Liberties Standards Report 2018- 19
Questions answered	MCA/DOLS:ApplicationsNumber completed, backlog



Return	Healthwatch
National analysis	<u>Healthwatch Annual Report Quarterly Report July –</u> September 2019
Page	Healthwatch Devon Annual Report 2018-19
Buestions answered	 What do local people think about their health and care services? What thematic and service reviews have local people been involved in, what do they say about local services, and what has changed as a consequence?



Return	Care Quality Commission
	State of Care Report 2018-19
Page 214	CQC local authority area profile October 2019 Information on the quality of local adult social care services is held on a Quality and Sufficiency Tool used to target quality and improvement activity and make decisions on suspensions and other sanctions.
Questions answered	 What is the quality of regulated adult social care services (personal care, residential and nursing care) as assessed by the Care Quality Commission? What are the reasons why some services are good and outstanding and others requiring improvement or inadequate? What happens as a consequence?

Compliments and complaints



Return	There is no national return of complaints data but the Local Government Ombudsman publishes an annual report on complaints escalated to their office.
	Review of Adult Social Care Complaints 2018-19
Page Local analysis	 Quarterly and annual reports on compliments and complaints, featuring: Complaints, compliments and representations Timeliness of response Outcomes and learning Annual and quarterly reports
Questions answered	 Analysing data on complaints, compliments and representations enables us to: Assess the quality of our service Highlight the impact of changes Learn from individual cases Identify and act on underlying themes